



A Study to Assess the Knowledge Regarding Care of Mentally Retarded Children

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Abstract

"Intellectual disability is a disability characterized by significant limitations in both intellectual functioning and in adaptive behavior which covers many everyday social and practical skills. This disability originates before the age of 18". (American association on intellectual and development disabilities). Aggression, self-injury and mood problems are now and again related to the disability. The severity of the signs and the age at which they first appear depend upon the reason. Children who're mentally retarded attain developmental milestone drastically later than predicted, if retardation is caused by chromosomal or other genetic problems. It is often apparent from infancy.

The research layout followed turned into Non-Experimental studies design. The conceptual framework based on Hochbaum Health notion version 1950. The examine has been performed in selected special school of Rajkot. Non-randomized handy sampling approach has been adopted to pick out the desired pattern. The sample size changed into 30. The instrument used for producing vital information become questionnaires. The records acquired have been analyzed and interpreted statistical in terms of mean and Chisquare. Among the selected demographic variables the following have been having significant association religion, type of parental marriage, source of previous knowledge.

Keywords: Assess; Knowledge; Mentally Retarded Children; Mother and Special School

Introduction

Most common problems of mentally retarded youngsters are; reduced capacity to fulfill academic needs, expressive language troubles, problem in appearing self-care activities, seizure, despair, irritability. "A guardian; person who begets or person who offers delivery to or nurtures and raises a baby; a relative who performs the role of parent". The lord has located on as a determine the primary responsibility to educate children. Though this is a exceptional duty it is also a divine privilege to have heavenly fathers kids entrusted to kids care. Good parents accept responsibility for the total development of the child and guide the child in making sound, healthy life decision through open communication and mutual respect.

The most not unusual kinds of mother and father are moms, fathers and grandparents. A mom is "a ladies in terms of a child or kids to whom she has given start". The extent to which it's miles socially proper for a determine to be concerned of their off springs lifestyles varies from tradition to subculture, however one which reveals to little involvement is once in a while stated to showcase baby neglect, while one this is too concerned is now and again said to be overprotective, cosseting, nose or intrusive.

Need of the study

About 1-3% of the world populace is Mentally Retarded, $\frac{3}{4}$ of such cases are mildly handicapped. About four in line with one thousand of well known population are severally handicapped with an IQ beneath 50. According to India demographic profile

total population of children - 1,236,344,631 million (July, 2014) age 0-14 years (28.5%), male - 187,016,401 million, female - 165,048,695 million. In India five out of a thousand youngsters are Mentally Retarded. Mental retardation is extra commonplace in boys than ladies; ratio is 1.5:1. A latest World Bank examine envisioned that 6 to 10% of kids in India are born disable. For every 1,00,000 human beings in India, there had been 1755 who were either mentally or bodily disabled. In Gujarat 103 males and 75 females are mentally retarded per 100,000 population in rural area. And in urban area 110 males and 85 females are mentally retarded per 100,000 population.

Objectives

The objectives of the study are:

- To assess the knowledge level of mothers regarding care of mental retardation.
- To identify the association between mother's knowledge regarding care of mentally retarded children with their selected demographical variables.

Hypothesis

- **H₁:** There will be significant association between the knowledge among mothers of mentally retarded children with the selected demographic variables.

Materials and Methods

- **Research design:** Non-Experimental research design.
- **Setting of the study:** Setting is the bodily area and situations wherein facts collection takes area. The observe turned into carried out in Special school at Rajkot.
- **Population:** The target population for the existing study is mothers of mental retarded children at unique faculty, special school Rajkot.
- **Sample:** It consists of mothers of intellectual retarded children.
- **Sample size:** The sample for the present study was 30 mothers of mentally retarded children of special school at Rajkot.
- **Sampling technique:** The sample technique will be adapted for the have a look at is nonrandomized convenient sampling technique.
- **Data analysis plan:** The accumulated statistics turned into analyzed using both descriptive and inferential records.

Findings

Major study findings include:

- Regarding the level of knowledge among the mothers of mentally retarded children reported adequate knowledge is comparatively less. Some reported moderate and adequate knowledge.
- With regard to the association between the level of knowledge with their selected demographic variables such as Age, Religion, Locality, Mother's education status, Family income, Nature of family, Type of parental marriage, Previous family history, Mother's occupation, Source of previous knowledge. There were significant association found with locality, type of parental marriage and source of previous knowledge and other were not significant.

Conclusion

The main conclusion from this present study is that most of the mothers of mentally retarded children had moderate and inadequate knowledge regarding care of mentally retarded children in test. This indicates the vital need to enhance the know-how regarding care of mentally retarded children [1-10].

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