



What can Indicate the Presence of an Additional Lobe of the Breast

Aleksandr L Urakov^{1*}, Natalya A Urakova² and Anastasia P Stolyarenko³

¹Professor, Head of Department of General and Clinical Pharmacology, Izhevsk State Medical Academy, Izhevsk, Russia and Leader Researcher, Institute of Applied Mechanics, Udmurt Federal Research Center, Ural Branch of the Russian Academy of Sciences, Izhevsk, Russia

²Associate Professor of Department of Obstetrics and Gynecology, Izhevsk State Medical Academy, Izhevsk, Russia

³Student Izhevsk State Medical Academy, Izhevsk, Russia

***Corresponding Author:** Aleksandr L Urakov, Professor, Head of Department of General and Clinical Pharmacology, Izhevsk State Medical Academy, Izhevsk, Russia and Leader Researcher, Institute of Applied Mechanics, Udmurt Federal Research Center, Ural Branch of the Russian Academy of Sciences, Izhevsk, Russia.

The presence of an undiagnosed additional breast lobe in a woman can significantly worsen her health on the day of the birth of her first child and postpone the start of breastfeeding for several days. Unfortunately, today, the additional lobes of the mammary glands are detected only after the beginning of lactation, when they swell and become painful. At the same time, in nulliparous women, such lobes can also worsen their health, as they can become the site of the development of mastitis, cancer and some other pathological processes.

In critical situations, surgical treatment of the additional lobe of the breast is used to preserve the health of women. Unfortunately, this surgical treatment is performed under general anesthesia, and after the operation, the wound is sutured with surgical sutures. In this regard, the mother cannot breastfeed her baby for several days. The fact is that the additional lobes of the mammary glands do not have nipples and their excretory milk ducts do not provide milk output to the outside. However, at the beginning of the lactation period, the additional lobes may begin to produce milk, which is not released outside, but accumulates in them. All this worsens the health of the mother and overshadows the joy of the birth of the first child.

Received: May 28, 2021

Published: July 01, 2021

© All rights are reserved by **Aleksandr L Urakov.**

Today we inform the readers of the magazine that every woman can suspect in advance the presence of an additional lobe of the breast in the event that she regularly has a focus of increased density, soreness and hyperthermia 3 days before menstruation, which persists for 2 days and is located outside the mammary glands. The fact is that the localization, shape and size of the focus of increased density, soreness and hyperthermia with a high degree of probability indicates the localization, shape and size of the additional lobe of the breast (RU Patent 2561302).

Volume 3 Issue 8 August 2021

© All rights are reserved by **Aleksandr L Urakov., et al.**