

Chakras' Energy Deficiencies as the Main Cause of Kidney Stone

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Received: February 25, 2021**Published:** March 29, 2021© All rights are reserved by **Huang WL**.**Abstract**

Introduction: The mineral deposits in the renal calyces and pelvis are considered Kidney stones. They can be found free or attached to the renal calyces. They contain crystalline and organic components and are formed when the urine becomes supersaturated with respect to a mineral. The main constituent of most stones are calcium oxalate. The risks factors for stone formation are obesity, metabolic syndrome, hypertension and the formation of these stones can lead to chronic kidney disease, hypertension and end stage renal disease. In traditional Chinese medicine (TCM), Kidney stones is related to Heat congealing turbid Dampness and in diabetes patients it is related to *Yin*-deficiency and Heat retention.

Purpose: To demonstrate that patients with kidney stones have energy alterations leading to chakras' energy centers deficient in energy and to show the replenishment of these chakras' is important to restoring the internal energy balance. It will also be shown how to reduce recurrence and prevent future formations of new stones.

Methods: Through the review of two case reports with recurrent formations of kidney stones since adolescences. Chakras' energy measurement was performed with all rated one out of eight. The treatment consisted in Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenishment of chakras' energy centers with highly diluted medications according to the theory *Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine*.

Results: The treatment of these energy deficiencies led to less formation of Kidney stones and a reduced need for hospital visits due to kidney stone related concerns.

Conclusion: Patients with kidney stones have chakras' energy centers deficient in energy. According to the two cases reports and the documented treatment of the lack of energy, it is of major importance to correct the energy imbalances that was leading to the formation of the Kidney stones. The treatment also addressed the prevention of more Kidney stones in the future.

Keywords: Kidney Stones; Energy; Diet; Traditional Chinese Medicine; Acupuncture; Chakras; Homeopathy; Hippocrates

Introduction

Kidney stones are mineral deposits in the renal calyces and pelvis that are found free or attached to the renal papillae. They block crystalline components and are formed when urine becomes

supersaturated in relation to a mineral [1]. Calcium oxalate is the main constituent of most stones. The prevalence of kidney stones affects about 12% of the world population, but occurs more frequently in men than in women aged 20 - 49 years [2].

Most patients arrive at the emergency room in agony, as the kidney stones present excruciating pain [3].

Obesity, diabetes, hypertension and metabolic syndrome are considered risk factors for stone formation, which, in turn, can lead to hypertension, chronic kidney disease and end-stage kidney disease [1].

The treatment in Western medicine requires intravenous hydration, analgesia and antiemetic drugs, and there are several cases in which urgent intervention is required [3].

In this article, the author will bring to you a different point of view, once she followed what Hippocrates said that "it is important to consider other ancient medicines prior the knowledge we have nowadays". The author will show you the causes of kidney stones from a traditional Chinese medicine point of view [4].

From the context of kidney diseases, traditional Chinese medicine explains that the Kidneys are responsible for the initial energy of the cycle and that it controls the Heart [5].

Therefore, with the development of kidney disease, there is less energy flow available for all other elements, causing important physiological changes [5].

Purpose of the Study

The purpose of this study is to demonstrate that patients with Kidney stones have energy deficiencies in the chakras' energy centers propitiating the development of energy imbalances that leads to the formation of Kidney stones, from a traditional Chinese medicine's point of view.

Methods

To write this article, the author did an extensive review of publications regarding kidney stones indexed in PubMed from the view point of both traditional Chinese medicine and Western medicine. She searched for the causes of energy imbalances that would lead to the kidney stone formation according to traditional Chinese medicine's reasoning and after, she correlated the energy disturbances with the alterations found in the chakras' energy centers of the two patients with kidney stones using the radiesthesia procedure (measuring their energies). To illustrate how the author did the diagnosis and treatment of patients with kidney's stones, we will review two cases reports.

Case Report

Case report one

The first case report is a 34-years-old-woman who suffered from kidney stones bilateral since 2006. The patient reported that she began to experience generalized malaise, discouragement, pallor, hypotension, low urine volume and renal colic. There were several hospitalizations for passage of uroflexible catheter and several lithotripsies. At that time, it was recommended that she take potassium citrate medication and hydrochlorothiazide, with the intention to dilate the urethral canal.

Due to continuation of the conditions and no improvement, she sought the treatment with traditional Chinese medicine in 2019.

The traditional Chinese medicine's diagnosis was Kidney *Yang* deficiency, Blood deficiency and Heat retention.

Her treatment consisted of the Chinese dietary counseling of avoiding dairy products, raw foods, cold water, and sweets.

The second group of foods that she was asked to avoid was coffee, soda and matte tea.

The third group of foods that she was asked to avoid was fried foods, melted cheese, chocolate, honey, coconut, alcoholic beverages.

She was also submitted to auricular acupuncture with apex ear bloodletting and systemic acupuncture twice a week using the following auricular and systemic points.

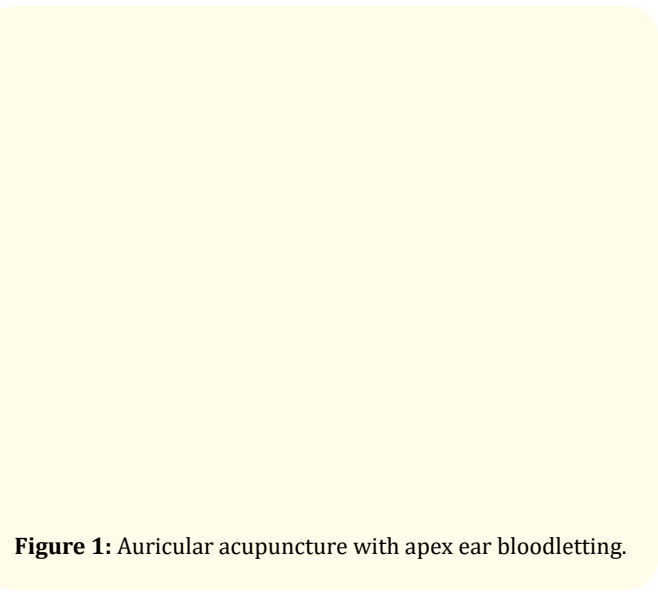


Figure 1: Auricular acupuncture with apex ear bloodletting.

The points used in systemic acupuncture were: St 36 bilateral, GB 34 bilateral, LR 3 bilateral, VC 4, VC 6.

The patient was submitted to the radiesthesia procedure to determine the energy of all her seven chakras and the results of this measurement was that all her chakras' were in the lowest level of energy (rated one out of eight), with the exception of the seventh chakra, that was in the normal level (rated at eight).

It was recommended the use of highly diluted medication for a period of one year or more. The medications used were homeopathies according to the theory entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* and crystal-based medications. The homeopathy medications used were: Sulphur 30CHXX-20 (single dose), Calcarea carbonica 30CHXX-20 (single dose), Silicea 30CHXX-20 (single dose), Natrum muriaticum 30CHXX-20 (single dose), Phosphorus 30CHXX-20 (single dose). The homeopathies were prescribed to be taken in a single dose with a hiatus of one to three days between the medications, necessarily on the sequence described. Two months later, a new sequence of treatment was started, with the same medications taken on the same order, but now with 200CHXX-20 instead of 30 CHXX-20. Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 1000CHXX-20 instead of 200CHXX-20. Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 10000CHXX-20 instead of 1000CHXX-20. Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 50000CHXX-20 instead of 10000CHXX-20.

The crystal-based medications given to the patient will be described in the discussion section.

Results of case report one

The patient did not have any more kidney stone attacks and did not have to go to the hospital due to pain caused by the stones after the treatment based on Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenishing the chakras' energy centers with homeopathies medications according to *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. But when she did not go to the acupuncture sessions or forgot to take the medications for some period, she feared

that the kidney stone attacks would return and that the need to go to the hospital to take medications to control the pain of kidney stones would reoccur.

Case report 2

The second case report is a 40-years-old-woman who has suffered from kidney stones since 2018. It started with pain on her left side in the lower back so she went to the hospital where she was medicated for pain. She also had an ultrasound and she was diagnosed that her left kidney had three kidney stones.

The patient managed to expel one of the stones, and then had several episodes of urinary tract infection.

In 2019, she started treatment with the TCM tools. This consisted with changes in her dietary habits, and she was also subjected to the same procedures/treatments described in the case report one. She received auricular acupuncture with apex ear bloodletting and systemic acupuncture to balance her *Yin, Yang, Qi* and Blood energies and take out Heat retention. She was also subjected to the radiesthesia procedure to evaluate the energy of her seven chakras' energy centers and what the doctor revealed was that the seven chakras were in the lowest level of energy (rated one out of eight), with the exception of the seventh chakra that was in normal level (rated at eight). She began to take the homeopathies medications, in accordance to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, the same described in the first case report, in the same sequence and duration as associated with crystal-based medications.

Results of case report two

After this treatment, she stopped having urinary tract infections or renal colic. But in March 2020 she had to stop the treatments and acupuncture sessions, due to the COVID-19 pandemic. The result was the return of a ruinous infection in September 2020 and in October 2020 she was diagnosed to have renal colic. After she resumed the auricular acupuncture with apex ear bloodletting, the systemic acupuncture and the continuation of the homeopathic medications described in the case report one, she began to feel better and no longer has kidney stone attacks.

Discussion

This article was written according to Hippocrates thoughts that said "it is important to consider other scientific gains and tradi-

tions prior to the knowledge we have nowadays". So, using this thought, the author will associate to Western medicine, some concepts in traditional Chinese medicine, to explain the formation of kidney stones in the energy level [4].

The treatment done in Western medicine today is based on Galen thoughts, an exclusively localized treatment, treating the stone itself that is in the kidney, but not the cause and energy deficiencies that are usually not seen with the naked eye [6-18].

Before the author explains the reasoning behind the treatment she did in these two cases reports in this article, she would like to show the reasoning she used to treat in all her patients. This history started during the treatment of one specific patient in 2006 [6-18].

This patient was a 70-year-old male patient, who reported pain in the legs and had no improvement with the use of any anti-inflammatory medication during a period of 6 months. He was diagnosed with Kidney-*Yang* deficiency, according to traditional Chinese medicine (TCM). He received treatment with Chinese dietary counseling, acupuncture and auricular acupuncture associated with apex ear bloodletting [6-18].

With the treatment done, the pain in the legs diminished and the patient was submitted to an interview after the treatment. In this interview, 30 days after the treatment, the patient revealed his eye pressure had also lowered from 40 mmHg to 17 mmHg, as his ophthalmologist confirmed. During the treatment, he had not reported to be treating glaucoma in the last 40 years with no improvement in his condition. This improvement in his intra-ocular pressure never occurred in his life. This unusual case became the cornerstone of all studies of the author, trying to comprehend how the treatment focused on the root of the problem could treat different diseases and symptoms simultaneously and using the same method [6-18].

The TCM reasoning sees the individual as a whole and, to better understand the different perspectives between Western and traditional Chinese medicine, the author likes to use the tree as a metaphor, shown in the figure 2 [6-18].

As you can see in the figure 2. the tree has a trunk with several branches. Each branch represents one medical specialty and each leaf that comes out of each branch represents the symptoms and

Figure 2: Metaphor of the tree comparing Western and traditional Chinese medicine's different points of view.

diseases that each specialty treats. Leaves and branches are the visible part and object of study and practice in the Western medical profession. The focus is on treating each leaf in each specialty. The treatment proposed by the author aims to treat the entire tree, going through the root until it reaches the leaf and observing the influences of the external pathogenic factors that could predispose the development of diseases in the patient [6-18].

In the root of the tree there are some theories that guides the TCM. The first is the *Yin* and *Yang* theory. *Yin* and *Yang* are the two opposite forces that are believed to be present in all phenomena in the world. For traditional Chinese medicine, the *Yin* and *Yang* are the first and major cornerstone to understand health, diagnosis and treatments. The main principle represented by the *Yin* and *Yang* symbol is the idea of complementary and cyclical opposites. This idea came from the observation of different nature phenomena such as day and night, female and male, darkness and light, right and left, etc. According to traditional Chinese medicine, *Yin* and *Yang* are composed by four aspects: they are opposites, they are interdependent, they are mutually transformative, one always transforming into the other in a cyclical way, as you can see in the figure 3 [6-18].

The aim of all treatments is to establish the harmony state between *Yin* and *Yang*, as you can see in the figure 4, in the left column, where you can see *Yin* and *Yang* in the same height. The imbalances



Figure 3: Yin and Yang symbol.

between *Yin* and *Yang*, showed in the other situations in the figure 4, is considered the cause of many diseases manifestations such as hot flashes in women in menopause when there is *Yin* deficiency or urinary incontinence in the case of *Yang* deficiency, among many other diseases that each energy disharmony can induce [6-18].

To *Yin* and *Yang* flow inside the meridians, there is the necessity of two other forces to work together that are *Qi* and Blood. In the figure 5, you can see the relationship between *Yin*, *Yang*, *Qi* and Blood and the importance of aiming this balance between these four energies was presented in the first time on Acupuncture Research Conference in 2015 by the author, where she demonstrates that if the physician treats the imbalances of these four energies, all the patients symptoms and diseases will be treated at the same time, even the doctor does not know that the patient has such symptom, and also demonstrated in the case showed in the beginning of the discussion section about the treatment of the patient with pain in the legs, that improved his condition of glaucoma, even the doctor does not know that the patient had such symptom, in that case, glaucoma [6-18].

In TCM terms, Blood functions are to nourish and vitalize the whole body. However, to maintain Blood's free flowing state another energy force must work in harmony with it and this energy is *Qi*. *Qi* is the vital energy that invigorates Blood to keep it circulating throughout the body. Blood and *Qi* have a very important relation-

Figure 4: Balance stated between *Yin* and *Yang* on the left and other imbalances states that can cause the manifestation of many diseases.

Figure 5: Relationship between *Yin*, *Yang*, *Qi* and Blood.

ship and are mutually dependent, *Qi* prevents Blood stagnation, and Blood nourishes *Qi* [6-18].

One of the energy imbalances that can lead to the formation of kidney stone is the formation of internal Heat. This Heat is an energy imbalance, generated by deficiency of one of these four energies of *Yin*, *Yang*, *Qi* and Blood or a combination of imbalances of these energies, as you can see in the figure 6 [6-18].

The formation of Heat retention can also be caused by incorrect diet, such as the constant consumption of fried foods, melted cheese, eggs, chocolate, coconut, honey and alcoholic beverages [6-18].

And the third way to form internal Heat is thought energy imbalances caused by emotional issues such as excessive angry. This

Figure 6: Formation of internal Heat when there are some energy deficiencies between *Yin* or *Yang* or *Qi* or Blood or a combination of these energy deficiencies.

emotion can cause an increase in the Liver *Yang* energy, leading to Liver Fire, causing increase in the internal Heat, leading in this case, formation of kidney stones [6-18].

The second main theory basing traditional Chinese medicine is the Five Elements theory. The Five Elements theory states that there are five elements present in everything in the world, including our bodies. These elements are Water, Wood, Fire, Earth and Metal. Inside our bodies, these elements will be represented by one specific organ. These organs are considered the five massive organs, and they have extreme important parts in the well-functioning of the body because one organ is responsible for the formation of one specific energy for the health of the whole body. The Wood element corresponds to the Liver, the Fire element corresponds to the Heart, the Earth element corresponds to the Spleen, the Metal element corresponds to the Lungs, and the Water element corresponds to the Kidney, as represented in the figure 7 [19].

These main organs will support and control each other in the Five Elements theory. There are two important cycles in the relation of the Five Elements: they are Generation cycle and Control cycle. In the Generating cycle, the generating interaction of the elements is exposed, Wood fuels Fire, Fire forms Earth, Earth contains Metal, Metal carries Water, Water feeds Wood. In the Control Cycle, the part of this cycle is to prevent any element from becoming overwhelming or too powerful in relation to the system as a whole. Earth can stop the Water, Water can stop a Fire, Fire can

Figure 7: Five elements theory and the five massive organs they correspond in TCM.

melt Metal, Metal can cut Wood and Wood can consume Earth, as demonstrated in the figure 8 [19,20].

Figure 8: Generation cycle (in the left) and Control Cycle (in the right).

The study of the chakras is also used the daily practice of the author. According to Christopher Chase, that wrote the article *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, published by Medical Acupuncture in 2018, there are correspondence between

chakras' energy centers and the five massive organs in traditional Chinese medicine [20].

Chakras are main points of energy concentration. There are seven main chakras present in the body and their relationship among themselves is extremely important for the body's health. As there are seven chakras and five elements, the seventh chakra is ruled by the first (Wood or Liver), and the sixth chakra is ruled by the second (Water or Kidney). The fifth chakra is ruled by Earth (Spleen-Pancreas), the fourth is ruled by Metal and represented by the Lung, the third is ruled by Fire and represented by the Heart. The second is ruled by Water and represented by the Kidney and the first chakra is ruled by Wood and represents the Liver, as shown in the figure 9 [20].

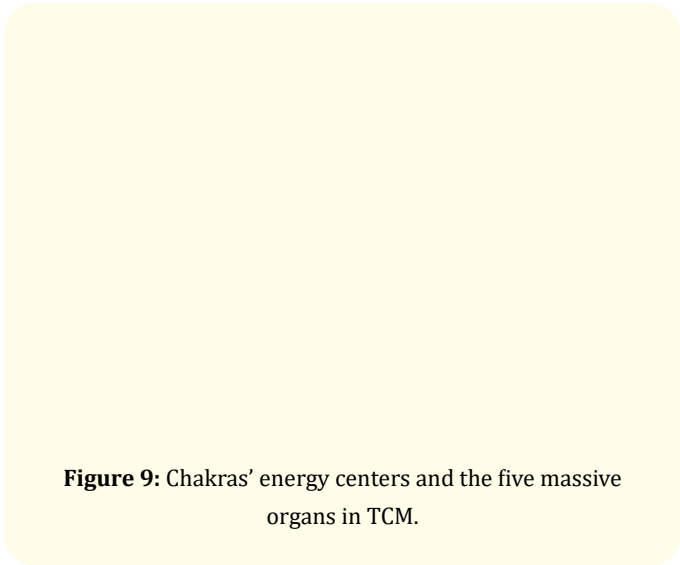


Figure 9: Chakras' energy centers and the five massive organs in TCM.

Radiesthesia is the science of using the vibrational fields of the human body to access information about other objects of animate or inanimate nature by establishing resonance with their energy fields, using specially calibrated instruments and a scale of qualitative measurement to decode information. The radiesthesia method was used with a crystal pendulum in front of each chakra. Depending on the movement of the crystal, clockwise, or counter-clockwise or the crystal's rotation amplitude, it is possible to evaluate the amount of energy that each chakra presents [6-18].

Now the physician can understand that the body is formed by a range of different energies, and it is easier to comprehend, the philosophy used by traditional Chinese medicine to explain acu-

puncture. Acupuncture has been used by the Oriental traditions for more than 2.500 years. The main idea is that the points used, would be external points where the energy of the body concentrates, and putting pressure on these specific points with the use of needles, it is possible to reestablish the balance of the energy flow, therefore curing a range of diseases, symptoms and varied pains [21].

In traditional Chinese medicine, the kidney stone is related to Heat congealing turbid Dampness, *Yin*-deficiency and Heat retention [22].

With increased consumption of acrid, hot, fatty, and sweet foods or excessive fondness of liquor, these can brew and form Damp-Heat, which accumulates in the Kidneys, streams downward into the Bladder, and boils the urine. If this continues for days and months, impurities within the urine can gradually accumulate and form stones [22].

When the stone obstructs the kidney, *Qi* and Blood are stopped. As a result, we may observe gripping pain within the kidney, or aching lower back as if it were breaking. An enduring accumulation of stones damages the network vessels in the kidney viscus, which manifests in bloody urine. When the stones collect internally and obstruct the urinary tract, this manifest in urinary frequency, urgency, or blockage [22].

Damp-Heat boiling in the Kidney manifest in a dark red tongue, slimy yellow tongue fur, and a rough sunken or slippery rapid pulse [22].

The treatment performed in the two cases reported in this article was the recommendation of Chinese dietary nutrition, counseling to the patients to avoid dairy products, raw foods, sweets and cold drinks to do not imbalance the Spleen-pancreas meridian. This meridian is responsible for the absorption of nutrients and the imbalance of this meridian could contribute to a lack of energy in all the chakras' energy centers as the Spleen-pancreas responsible for absorption and production of Blood. The Spleen -pancreas deficiency can induce the formation of Dampness inside the body and that is one of the causes of the formation of kidney stones according to TCM [6-18,22].

Also, the author instructs both patients to avoid coffee, soda, and matte tea so as to not imbalance the Kidney energy meridian or

the second chakra. The Kidney or second chakra is responsible for the production of *Yin* and *Yang* energy and the impairment of this organ could induce a reduction in the production of *Yin* and *Yang* energy, which is very important to maintaining health and youth. Also deficiency of *Yin* is one of the energy causes that is leading to the formation of kidney stone in TCM [6-18].

The patients were directed to take out of her diet the fried foods, eggs, chocolate, honey, coconut and alcoholic beverages because these group of foods can induce more formation of internal Heat and that is one of the reasons for the formation of kidney stones according to traditional Chinese medicine [6-18].

This first step of making the dietary changes is of major importance to the treatment because if the patient only does the auricular acupuncture or systemic acupuncture to restore the *Yin*, *Yang*, *Qi*, Blood and take out the Heat retention through apex ear bloodletting, then the internal energy would not be balanced because of the continued wrong eating habits. The poor diet would imbalance the system and maintain the disequilibrium between *Yin*, *Yang*, *Qi* and Blood and the formation of Heat, because each food has their own energy property (Cold, Neutral, Warm, Hot) [6-18].

In the cases reported in this article, the change in the Kidney is related to energy deficiencies of the second chakra, which depends on the energy of the Lung, that corresponds to the fourth chakra, that was in the lowest level of energy. The Lung depends on the Spleen, that depends on the energy of the Heart, that depends on the energy of the Liver and this last organ depends on the energy of the kidney. As you can see in the figure 8 of the generation cycle, all internal massive organs are interconnected by the energy flow and one organ depends on the energy of that organ that generates it to maintain health. As shown in both case reports, the patients were in the lowest level of energy in all of their the chakras and to produce *Yin*, *Yang*, *Qi* and Blood at an adequate level the organs need to have energy enough to work properly [6-18,20].

The deficiency in *Yin*, formation of Dampness and retention of internal Heat is caused by the lack of energy in the second chakra (leading to *Yin* deficiency). The formation of Dampness is caused by the deficiency in the fifth chakra or Spleen-pancreas and the internal Heat is caused by the energy deficiencies in all chakras energy centers. Consuming foods that could harm the production of energy or the ingestion of foods that could induce the formation of

internal Heat directly, mention in the paragraphs about the consumption of foods leading to energy imbalances [6-20].

The medications used to treat the lack of energy in the chakras' energy centers were highly diluted medications such as homeopathies as shown in the table 1. The author used to treat this kind of patients with crystal-based medications, also shown in the table 1. The description of each crystal function is well described in the article written by the author entitled *Why Are Diabetic Patients Still Having Hyperglycemia despite Diet Regulation, Antiglycemic Medication and Insulin?* published by the *International Journal of Diabetes and Metabolic Disorders* on March 2019 [6-18,23].

Chakras	Five elements	Homeopathy medications	Crystal-based medications
1 ^o Chakra	Wood/Liver	Phosphorus	Garnet
2 ^o Chakra	Water/Kidney	Natrium muriaticum	Orange calcite
3 ^o Chakra	Fire/Heart	Sulphur	Rhodochrosite
4 ^o Chakra	Metal/Lung	Silicea	Emerald
5 ^o Chakra	Earth/Spleen	Calcarea carbonica	Blue Quartz
6 ^o Chakra	Water/Kidney	Tone 2 ^o Chakra	Sodalite
7 ^o Chakra	Weed/Liver	Tone 1 ^o Chakra	Tiber eye

Table 1: Homeopathies and crystal based medications used to replenish the chakras' energy centers.

It is very important to treat the lack of energy in the chakras' energy centers in order to treat the cause of poor immunity that led the patients to be sick. This is because the lack of energy means lack of immune system in TCM. In the article *Acupuncture and Immunity* written by Fengxia Liang, the author said that acupuncture can enhance the immune function and reduce stress. As acupuncture works with the balance of internal energy, there is an indirect relationship between energy and immunity [24].

The process of toning the energy of the chakras must be done following the generation cycle of the Five Elements theory. For example, if the physician starts to treat the patient with the medicine Silicea to tone the fourth chakra (Lung), then he will need to prescribe Natrum muriaticum to tone the second chakra (Kidney), which will send energy to the first chakra (Liver) and then the doc-

tor will need to prescribe Phosphorus. The next medication to be prescribed is to tone the third chakra (Heart) with Sulphur, which sends energy to the fifth chakra that represents the Spleen. The medications used to tone the fifth chakra is Calcarea carbonica and finally the fifth chakra sends energy to the fourth chakra, closing the cycle.

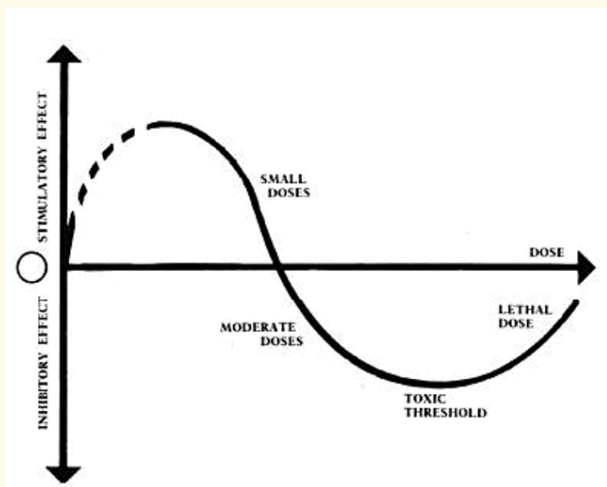


Figure 10: Arndt-Shultz Law.

It is important to understand that not all patients will receive all kinds of medications for all the five Elements but the treatment will vary according to the radiesthesia procedure results [6-18,23].

The reason why the author used only highly diluted medications instead of highly concentrated medications was in accordance to Arndt-Shultz Law. This law was created in 1888 by two German researchers that states that small doses stimulate, moderate doses inhibit and overdoses kill. Therefore, highly diluted medications would improve organic processes, while high concentrations would be harmful for health. For this reason, the author used only homeopathies medications on these patients to improve their vital energy. These medications enable the internal massive organs to work properly and produce the energy that each organ and chakra requires to achieve health again [6-18,23,25].

It is important to say that homeopathy was recognized by the Federal Council of Medicine in Brazil in 1980 and by the Council of Medical Specialties of the Brazilian Medical Association in 1990.

Since that date, the Brazilian Homeopathic Medical Association has been conducting tests for the Title of Specialists in Homeopathy. And acupuncture was also recognized by Brazilian Federal Medical Council since 1995 [26].

Figure 11: Yin and Yang metaphor of Western and TCM.

It is important to emphasize the importance of increasingly integrating Western and traditional Chinese medicines. This is represented by the metaphor of the symbol of *Yin* and *Yang*, shown in the figure 11; one representing the Western medicine (*Yin* energy) that is materialized energy and the other representing traditional Chinese medicine (*Yang* energy) that is non-materialized energy. Both medicines can work together to understand better how disease is formed at the deepest level. In this case, the formation of Kidney stones, in the root level of the tree. They are opposite but complementary [6-18,23].

Conclusion

The conclusion of this study is that patients with kidney stones have chakras' energy deficiencies. According to these two cases reports, there were energy imbalances leading to the formation of kidney stones. The prevention and treatment of the condition was to correct wrong eating habits, balance the internal energy with auricular acupuncture with apex ear bloodletting and replenishing the chakras' energy centers with highly diluted medications, such homeopathies according to the theory *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* is a very

important step to achieve a cure at the deepest level and not just treat the symptoms by using standard Western medicine solutions to resolve kidney stones.

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