



## Origin of the Universe from the Perspective of Spiritual Physics

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The life of the Universe has three stages - (1) Stage of Creation, (2) Stage of Maintenance and (3) Stage of Destruction.

### Stage of Creation

Before the creation of the universe, the space was all dark and full of vibrant energy. A portion of the energy spontaneously converted into mass, the God - this was the first physical appearance of God. When God saw the darkness of space with no life, God wanted to go live and to be many. So God shouted out three times, each shout out with an order. And each shout out was followed by a Bing Bang - hence there were three Bing Bangs [1,2] in the creation of the universe.

First Shout Out - "Let There Be Light" - which created the stars and the Sun.

Second Shout Out - "Let there be a Place to Live" - which created the Planets and Water on each planet. But water got frozen into ice in colder distant planets or evaporated as steam in hotter planets near sun and remained as liquid water on the planet in Goldilocks Zone such as the Earth - not too hot, not too cold but "just right" for liquid water and therefore for life.

Third Shout Out - "Let There be Life" - which created the Primordial Soup, DNA and eventually life.

After the creation of the universe, the physical form of God, the Mass, was converted back into Energy.

### Stage of maintenance

The current state of the universe is in the Stage of Maintenance. In this stage, the God exists in the form of energy particle (Soul).

That's why we don't see God in the physical form but God exists in the form of energy which cannot be seen. Just like in the materialistic world, all kinds of energy exist (electrical, magnetic, nuclear energy etc.) but we don't see those energies per se. We only see the manifestation of those energies. Similarly in spiritual world, the God currently exists in the form of energy which we can not see but we see the manifestations of God's energy like sun, planets and life.

### Stage of destruction

God will reappear in physical form again during the Stage of Destruction of the universe when the whole universe will be converted back to the original stage of dark space with vibrant energy but with no light, no planets and no life.

### Bibliography

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2. Matt Daniel C. "God and The Big Bang". Book publisher - Jewish lights (2016).