

## *Momordica cymbalaria* Fruit Extract Using Bio Production of Selenium Nanoparticles and Assessment of Antibacterial Activity

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### Abstract

Synthesis of nano- selenium was achieved by fruit extract. This aim of the present study is bioproduction of selenium nanoparticles using fruit extract which was from *Momordica cymbalaria* (athakkai in Tamil). The confirmation of selenium nanoparticles was confirmed by Transmission Electron Microscope (TEM), Scanning Electron Microscope (SEM), X-Ray Crystallography (XRD), Fourier Transform Infrared Spectroscopy (FTIR), UV visible spectroscopy (UV - Vis) and Se NPs were examined the antibacterial activity of the biosynthesized Se NPs. The overall result from this study clearly indicates that the biosynthesized of Se NPs may have a great potential for further use.

**Keywords:** *Momordica cymbalaria*; Athakkai; Selenium Nanoparticles; Antibacterial Activity

### Introduction

*Momordica cymbalaria* is an ancient plant along with the cucurbitaceous family and also a medicinal plant. It is a vegetables crop and grows at rainy sessions. The *Momordica cymbalaria* plants found in Tamil Nadu, Karnataka, Madhya Pradesh, Maharashtra and Andra Pradesh [14].

The biosynthesis of nanoparticles offers benefits of cost effective, eco-friendly, useless energy and can provide nanoparticles with better defined size and morphology of nanoparticles [11]. The *Momordica cymbalaria* edible parts of this species are the fruits, its contain rich nutritional value such as calcium, potassium, Vitamin and fibers [18]. These plant parts were traditionally used as a skin diseases, ulcer, diabetic, tonic, stomach ache, diarrhea and abortion by the south Indian treatments [22].

Nanomaterials are new, unique and size of the particles was 1-100 nm, they have physical chemical properties to compare the bulk material [6]. Green synthesis principally concerns eliminating unsafe waste, and utilizing property processes, implementing environmentally friendly chemicals, solvents, and renewable materials [1].

Now a day's plant mediated synthesis become popular to be biosynthesized nanoparticles in which are uniform and stable in nature [12,15]. In green-nanotechnology, varied metal ions nanoparticle synthesis have been reported from biological extracts viz., yeast, fungi, bacteria, algae, plant and animal system, etc. The plant extracts and microbes were found to contain biomolecules that act as capping and reducing agents. Plant extracts based reduction strategies are found significant as simple and cost-effective.

tive for synthesizing metal ion nanoparticles under delicate experimental conditions like comparatively low reaction temperature and ambient pressure [9]. The aim of this present study is synthesis and characterization of Se NPs and also to assess their antibacterial activity against the humab bacterial pathogens.

## Materials and Methods

### Preparation of plant extracts

*M. cymbalaria* plant fruits were collected from local area of Virudhunagar district, Tamil Nadu, India. The collected fruit samples were washed with tap water to removing the impurities of fruits and surface sterilized with sodium hypochloride for 2 mins. The fresh fruits (10g) were crushed with using mortar and pestle. The collected extract was filtered and stored for further using of studies.

### Synthesis of selenium nanoparticles

Sodium selenite ( $\text{Na}_2\text{SeO}_3$ ) solution was prepared by double distilled water and mixed by filtrate of *M. cymbalaria* fruits extract and incubated at 10 hrs in room temperature. The color change due to reaction in the solution was observed and recorded. The synthesized Se NPs was later centrifuged at 10,000 rpm for 20 mins to collect the Se NPs pellets for further studies.

### Characterization of nanoparticles

#### Transmission electron microscope (TEM)

The biosynthesized of Se NPs was analysed TEM performed on a CM 200 model Philips at an accelerating voltage of 20-200kV. A drop of Se NPs reveals that the shape and size of the synthesized nanoparticles.

#### Scanning electron microscope (SEM)

The shape and morphology of Se NPs were analyzed using the Scanning Electron Microscope (SEM) (Vega 5 TESCAN 129ev). In SEM analysis, Se NPs spread uniformly on the SEM plate were placed acetone clean carbon tape and applied sputter coat. The sample plate was followed in a vacuum chamber for 1 hour and loaded in an SEM instrument. The energy Dispersive X-ray Spectrum (EDAX) recorded the areas of the solid surface of manganese oxide nanoparticles to reveal the chemical composition of nanoparticles. The EDAX were done by Bruker, nano D-12480 instrument.

### X-ray diffraction analysis (XRD)

The biosynthesized of Se NPs was coated on the glass slides were measured by using an X-ray diffractometer model (XRD-6000, Shimadzu, Japan) with determining the crystallinity of Se nanoparticles.

### Fourier transform infrared spectroscopy (FTIR)

The biosynthesized of Se NPs were FT-IR spectral measurements in the range of 400 - 4000  $\text{Cm}^{-1}$  to identify the biomolecules responsible for the reduction, capping, and stabilizing of nanoparticles during their synthesis.

### UV visible spectroscopy (UV-Vis)

The biosynthesized of Se NPs solution was collected and analysis was carried out by using UV- Vis Spectrophotometer at 200-800 nm range.

### Antibacterial activity

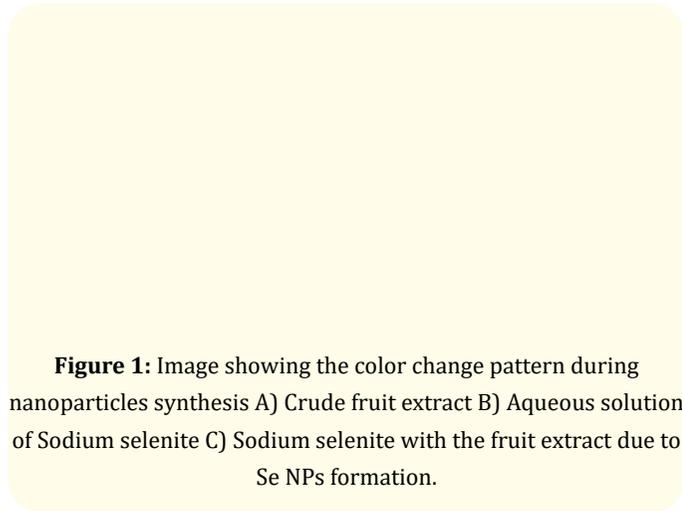
Biosynthesized of Se NPs was treated against various pathogenic bacteria by using the agar diffusion method. The tested microorganisms *Staphylococcus aureus*, *Bacillus cereus*, *Escherichia coli*, *Pseudomonas aeruginosa* and *Klebsiella pneumonia*. An active bacterial culture was obtained by shifting the culture to the Muller Hinton agar medium. The bacterial strains were uniformly spread onto swabbed the petriplates and each agar plates was created a wells of 8.00 mm size using gel puncture. Se NPs solution used for various concentrations (20, 40, 60, 80, 100 mg/ml) was prepared and placed into each well on the petri plates. The petri plates were incubated at 37°C and the zone of inhibition was measures in milimetre with help of a rule.

## Results and Discussion

### Synthesis of nanoparticles

The extract of *M. cymbalaria* using biosynthesized Se NPs and characterization of nanoparticles is done based on their shape, size and also assessed the biological activity of antibacterial activity under *in vitro* condition. We have reported the fruit extract of *M. cymbalaria* changed its color from green to light orange with mixed with sodium selenite at room temperature (Figure 1). The previous researchers are reported that the color change is an indication of the formation of Se NPs [5,19]. The color change of nanoparticles is

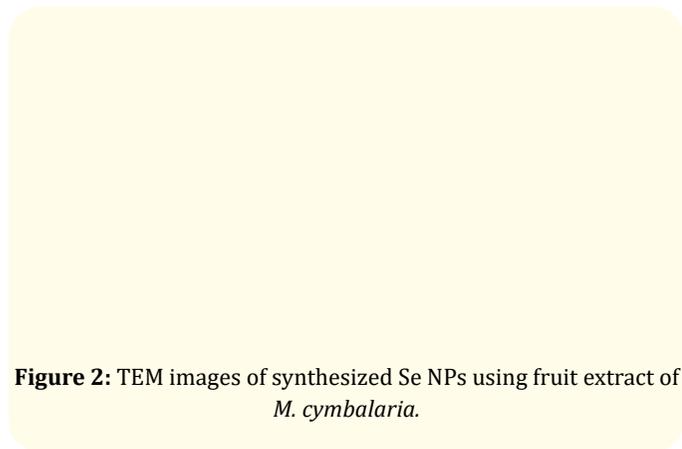
due to surface plasmon resonance of the metal nanoparticles [23] and regarding the main cause is presence of numerous bioactive compounds and secondary metabolites like phenols, terpenoids, polysaccharides, flavonoids etc [14] for the response of accelerating reaction and capping of Se NPs.



**Figure 1:** Image showing the color change pattern during nanoparticles synthesis A) Crude fruit extract B) Aqueous solution of Sodium selenite C) Sodium selenite with the fruit extract due to Se NPs formation.

### Transmission electron microscope (TEM)

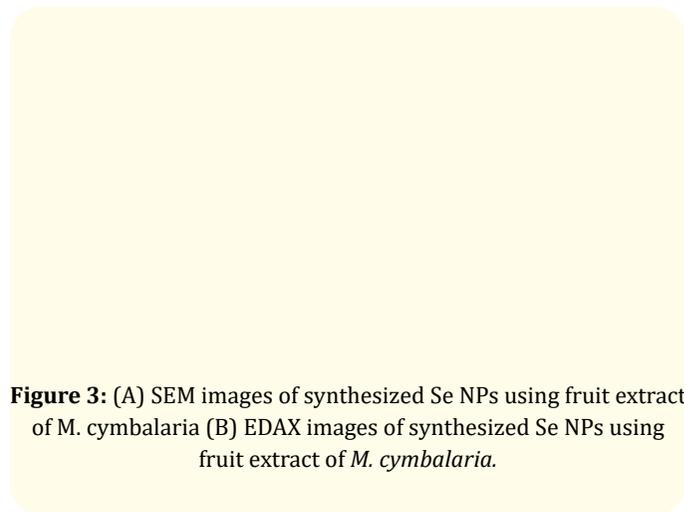
Size and morphology of Se NPs were identified by this technique. Nano-selenium exhibits spherical shape with an average diameter between 15 - 18 nm. TEM image and its histogram of chemically synthesized Se NPs are illustrated in figures 2 (a) and (b). These images depict that the shape of Se NPs is in the spherical manner which agrees with the SEM analysis result [13] have also described a comparable result where they produced nano-selenium 20-80 nm. Spherically shaped and 44-92 nm sized Se NPs was synthesized by Chen, *et al.* 2008.



**Figure 2:** TEM images of synthesized Se NPs using fruit extract of *M. cymbalaria*.

### Scanning electron microscope (SEM)

SEM is used for studying morphological characteristics of nanoparticles. SEM is capable of imaging pictures with high resolution. Energy dispersive X-ray diffractive (EDAX) is commonly found with SEM instrument which is used to find out the chemical level elemental composition of the samples [21]. SEM image of chemically synthesized Selenium nanoparticles revealed that it is spherical in shape and uniformly distributed (Figure 3(A)). [12] used these techniques for analyzing the morphology and structure of Selenium nanoparticle and produced spherical and smaller sized particle range between 30-100nm. EDX analysis proves that obtained nanoparticles are pure in nature (Figure 3 (B)). The chemical constituents of the sample were analyzed by Kargar and Razi, *et al.* 2011 where they could yield about pure selenium.



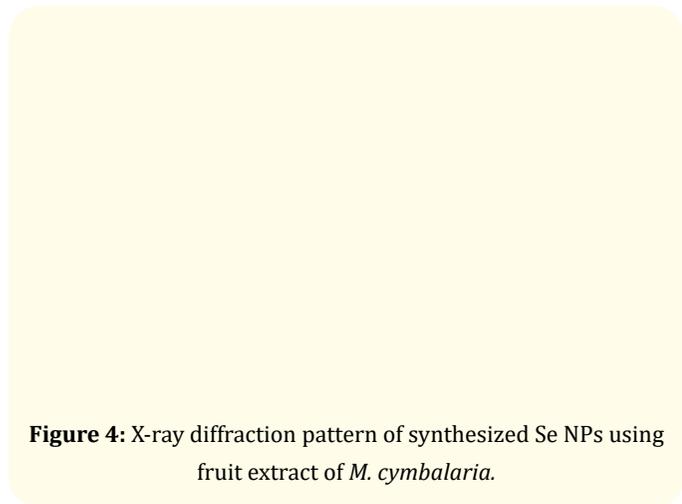
**Figure 3:** (A) SEM images of synthesized Se NPs using fruit extract of *M. cymbalaria* (B) EDAX images of synthesized Se NPs using fruit extract of *M. cymbalaria*.

### X-ray diffraction analysis (XRD)

The crystallite nature of chemically prepared nano-selenium was examined by XRD. This analytical method aids the determination of crystallite materials and it also provides details of unit cell dimensions Dorofeey, *et al.* 2012 reported that shape and breadth of reflection help to find out substructures in the nanosubstances. Obtained nano-selenium was highly crystalline and all diffraction peaks are well indexed as 23.5616°, 29.7572°, 41.4821°, 43.6615°, 45.4223°, 48.1882°, 51.8509°, 55.6733°, 56.2526°, 61.3117°, 65.4128°, 68.6359° and 71.4573° which corresponds to 100, 101, 110, 012, 111, 200, 201, 003, 112,013, 120, 211 and 113 crystal plane respectively which in accords with JCPDS 86-2246 is given in (Figure 4) By adopting Scherrer's equation crystalline nature of nano-selenium was confirmed.

$$D = 0.94\lambda/\beta \cos\theta$$

The calculated crystallite size of nano-selenium was 28nm. A similar study was also carried out by Khiralla, and El-Deeb. (2015) in which they pointed out sharp peaks from the 2θ values.



**Figure 4:** X-ray diffraction pattern of synthesized Se NPs using fruit extract of *M. cymbalaria*.

#### Fourier transform infrared spectroscopy (FTIR)

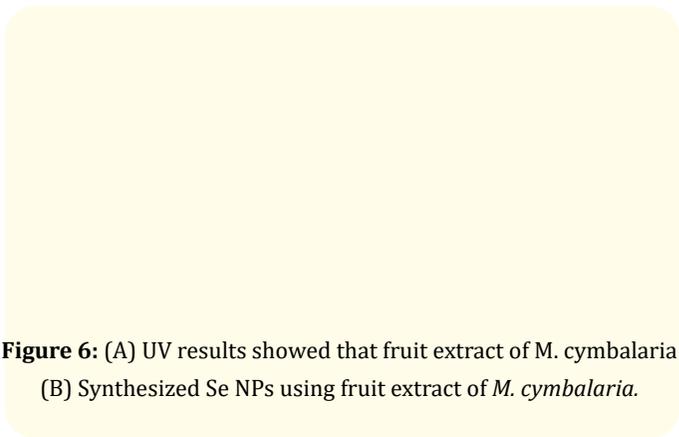
FTIR spectra are captured in the frequency ranges from 400 to 4000cm<sup>-1</sup>. This frequency absorption helps to identify elements involving in the fabrication of nano-selenium. FT-IR spectra of chemically synthesized *M. cymbalaria* fruit extract and nano-selenium are shown in (Figure 5 A and B). The stabilized Se NPs were representing 4000-500 cm<sup>-1</sup> and determined the various functional groups responsible for reducing and stabilizing Se NPs under the effect of fruit extract. The results revealed that Se NPs is strongly associated with -OH stretching, CH<sub>2</sub> stretching, and primary amide groups. These functional groups are strong evidence for native protein served as reducing and stabilizing agent of Se NPs nanoparticles, and the absorption peaks are correlated with earlier reports (Mallikarjuna., *et al.* 2011).

#### UV visible spectroscopy (UV- Vis)

UV-Vis spectroscopy results indicate the sharp and strong peaks represents at 370 nm which is specific for the Se NPs (Figure 6 A and B). The earlier researches have also observed the absorption spectrum between 370 and 390 nm [19]; Fesharaki., *et al.* 2010; Zhang., *et al.* 2011; Hariharan., *et al.* 2012).



**Figure 5:** (A) FTIR images showed that fruit extract of *M. cymbalaria* (B) synthesized Se NPs using fruit extract of *M. cymbalaria*.



**Figure 6:** (A) UV results showed that fruit extract of *M. cymbalaria* (B) Synthesized Se NPs using fruit extract of *M. cymbalaria*.

#### Antibacterial activity

It is evidence for our study biosynthesized Se NPs had antibacterial activity against all the human pathogenic bacterial strains

such as *Staphylococcus aureus*, *Bacillus cereus*, *Escherichia coli*, *Pseudomonas aeruginosa* and *Klebsiella pneumonia*. The maximum zone of inhibition was formed at 26 mm at a concentration of 100 mg/ml and the minimum zone of inhibition at 8 mm (Figure 7). The earlier researchers are reported dose dependent antibacterial activities of biosynthesized Se NPs (Boroumand, *et al.* 2019).

**Figure 7:** Antibacterial activity of fruit extracts and synthesized Se NPs.

### Conclusion

We conclude that the present study was effective use of *M. Cymbalaria* fruit extract and synthesis of Se NPs. Then the fabricated Se NPs was characterized using UV-VIS, XRD, FTIR, TEM, and SEM-EDX. The fabricated Se NPs exhibits a spherical shape with an average diameter between 15 - 18 nm and it is confirmed by TEM analysis. The biosynthesized Se NPs assessed the antibacterial activity against human pathogenic bacterial strains. To understand the better mechanism and effects of biosynthesized Se NPs on their potential benefits.

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