

## ACTA SCIENTIFIC PHARMACEUTICAL SCIENCES (ISSN: 2581-5423)

Volume 3 Issue 10 October 2019

**Short Communication** 

## What Happens During Meditation - Induced Near-Death Experience – A Phenomenon Told Directly by the Meditator

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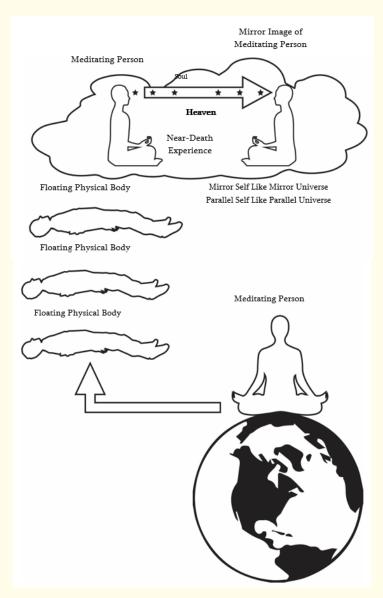
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Received: September 23, 2019; Published: September 25, 2019

DOI: 10.31080/ASPS.2019.03.0405

The purpose of this article is to describe the vision of a meditator during meditation-induced near-death experience.

During the process of worship, prayer and meditation, one of the authors of this article – Shree Taposh K. Chowdhury, the Divine Mentor – experienced the phenomenon of end-stage meditation which initially involves the ascent of the physical body (Figure 1) to the level of heavenly scenery of bright lights, tunnel and spiritual figures seen only by the third eye which is not a physical eye but a virtual spiritual eye located in the lower part of the forehead midline.



**Figure 1:** Pictorial representation of what happens during meditation-induced near-death experience.

This is followed by the smashing of the soul – the atom of God - by the electromagnetic energy particles [1] emanating from the mind of the meditator (Figure 1). This phenomenon is akin to the smashing of the atom in the materialistic world –in the Large Hardon Collider (LHR) of CERN located near Geneva, Switzerland.

The collision of electromagnetic energy particles emanating from the meditator's mind with the soul (the atom of God) transiently ejects the soul from the physical body of the meditator resulting in meditation-induced near-death experience. At this point the meditator sees himself in front of him as mirror image or mirror self or parallel self which is akin to mirror universe or parallel universe. The existence of mirror-self or parallel-self is an indirect evidence of existence of mirror-universe or parallel-universe.

During this end-stage of meditation, the meditator attains the knowledge of spiritual enlightenment (Nirvana), spiritual awakening, self attainment and self realization (I am He or I = He) and hears the voice of God and hears orders from the God to perform His work on the earth fulfilling the purpose of life of the meditator. At this stage the meditator is called Avatar or incarnation of God.

The other four authors also encountered near-death experience not from meditation but from medical illnesses and received knowledge and lessons from the Devine Mentor during life.

## **Bibliography**

1. Chaudhuri TK., *et al.* "Book - Electromagnetic Energy of the Human Mind". Publisher – Createspace, USA (2017).

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