

## Osteoporosis Targeting, Possible Breakthroughs

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### Abstract

Osteoporosis is an issue of public health concern worldwide. Currently, it is very difficult in the clinic. To face with this difficulty, the therapeutic breakthrough is a top priority. This editorial aims to discuss this hot topic of orthopedic disease.

**Keywords:** Osteoporosis; Clinical Trial; Personalized Medicine; Orthopedic Disease

### Introduction

Osteoporosis is an issue of public health concern worldwide [1-3]. Osteoporosis-induced complications have high incidence of human mortality in old people. Many clinical interventions are commonly utilized in the clinic [4-8]. However, the outcomes were unsatisfactory. To face with this difficulty, the therapeutic breakthrough is a top priority. This editorial aims to discuss this hot topic of orthopedic disease.

### Available therapeutics

Available therapeutics is classified as [2]:

- Calcium pills
- Hormone therapy
- Calcitonin
- Food fortification
- Different types of drugs [4-8].

### Therapeutic breakthroughs

In the clinic, the osteoporosis rate and evidence were postponed in modern society. However, these ranges of bioinformatics were

not translated into modern medicine (knowledge, technology and therapies). If we can strengthen our knowledge about clinical symptom relieving or reversal [9-22] and drug development [23-26], therapeutic breakthroughs can be foreseeable.

### Future Direction

In the future, widely used therapeutic strategies for other deadly diseases can be available in the scope of osteoporosis treatment in the clinic [28-34]. To facilitate these researches, therapeutic breakthroughs are indispensable.

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