



## Chronic Glaucoma: How to Reduce Intra-Ocular Pressure (I.O.P.)

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### Abstract

How it is possible to reduce intra-ocular pressure with Natural Systems.

**Keywords:** Loop =A circuit where the toxins are expelled and immediately reintroduced into the vicariant-Drainage circuit without a possible end - unless my proposals; Corneal washing tool: An irrigation method with a plastic tool and a small rubber pump; I Care Tonometer: An electronic portable at home Eye-Pressure Tonometer; I.O.P. = Intra-Ocular Pressure

### Introduction

There are two 2 local Systems to reduce: "I.O.P."

- Chemical-Synthetic Eye-Drops, there are many and will not be explained in this Work.
- Physicist Natural Systems that will be explained in this Work.

Following my Discover about Real Origin of Chronic Glaucoma that it has been well explained in my previous published Scientific Article that you can find on my web site at - lombardieyeclinic.com - that I strongly suggest you to read to understand the whole matter and the following Article.

### Thesis of this Article

Once it is become clear to the reader' mind that the " Excess of Body-Intoxication " it is the Real Cause of Chronic Glaucoma through the ☉ Loop - absorption of Toxins' Excess from the body through (via) toxic tears > re-entering into the > nose tear-channels > Stomach > Intestine > re-entering back through the Meibomio and Zeiss'glands (from the lids' border) > into the "Tear-Lake" (over the Cornea and Conjunctiva) - and back again in the ☉ Loop - through the Tear' channels into the Nose. And so on into a ☉ Loop - without an end -.

### Description

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### Main problems are

- How to stop further Intoxication - that it is too long and complicated matter not explained in this Article, but well explained in my main Article about: Real Origin and Only Effective Cure of Chronic Glaucoma, Already published and present in my web-site.
- How to reduce as much as possible the effects of the present Intoxication (that will be explained in this Article) that is the capability to "Wash-Out" the toxins from the with a "Cytokine-Cascade" "Loop", explained above, avoiding the "Toxins" to continue to affect the Eyes creating a continuous "Inflammation" and the consequent Rise of the Temperature of the Eye' Ball provoking a shrinkage of the Collagen' Eye-Ball drainage system deputed to drain the "I.O.P." carrying in the long run to a - Clinically Manifest Chronic Glaucoma.

### Materials and Methods

So how to wash with "maximum efficiency" the Toxins from the surface of the Cornea before they could re-enter into the tears ☉ Loop-without-end-Circuit.



Figure 1

With this simple Chinese tool that is inexpensive and easy to find on the Web we can efficiently wash repeatedly many times (30 or more) in the day-time and possibly also several times in the night with simply cold running water from the tab. -This tool shown in the picture above.

Of fundamental importance it is to learn how to check several times a day and night the: "I.O.P." with the specific electronic tool shown below "at home".

### I care home tonometer



Figure 2

Only measuring with this tool you can know the Reality about your Clinical Intra-Ocular pressure - day and "night" status - and you will be surprised by the "Clinical measured Evidence" and only then you will fully understand how far you were from thinking correctly about the real your status of Sickness and only then you will be ready to take all the possible attentions to improve and better control and regularize your Eye Pressure mostly during the night

were the Pressure can easily double your "normal" day values so if you had in day time also during your: Ophthalmological Random tests: 14-18 mmhg you can easily find 24-38 mmhg during the night measures that are a - Clinical Glaucomatous Status Evidence.

### Our it is a multiple purpose

- Washing out repeatedly the open Eyes you can reduce the "total Toxic Charge Amount" that will enter, through the Cornea membrane, into the Anterior Chamber of the Eye-Ball were is the I.O.P. Drainage Collagen system through the collagen-net of the "Schlemm-Channel".
- Washing out you will also reduce the "Eye-Temperature" increased by the "Toxin Collagen Inflammation" that has the consequent effect to reduce the Collagen draining net spaces increasing the out-flow-drainage-resistance and reducing the fluid normal volume of passage of the "Humor Aqueous" out-flow and consequently increasing the I.O.P.

### Personal experience

It is a demonstrated Clinical Fact that through my personal experience: I have been affected for 40 years by Chronic Glaucoma and now with my Discover of Real Origins of Chronic Glaucoma and my Discover of the Regenerative Informational Treatment, I have recovered the most of the damages of my Optic Nerves (about the 90%) fully my visual fields, my full sight and Colors perception.

### Conclusion

This simple but very efficient "washing system" is a medical presidia.

It has no side effects as with the use of Chemical-Synthetic Eye-Drops and no risk of Pharmacological Tachyphylaxis with the too long use of those and having experimented it with full success on myself and on many of my patients and I am here to propose this simple but highly effective solution to all you [1-9].

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