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**Short Communication** 

# Water - Temperature - Glaucoma

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## **Background**

These 3 words are strongly interconnected and interdependent in examining the Structural Action Mechanism of Chronic Glaucoma.

From my Publication: "Biological Reset and Chronic Glaucoma Healing". Acta Scientific Ophthalmology (ISSN: 2582-3191).

That I suggest the reader to carefully read before entering into the specific matter of this new Scientific Article.

In that extensive Article I have clearly explained the Real Cause, the action mechanism of Chronic Glaucoma and the only real Healing-solutions.

I will explain here, in more deep details, the Structural Changes that will modify the normal, natural "Umor-Acqueous" Drainage System, increasing the Ocular-Pressure and generating a Chronic Glaucoma and the : "Appropriate-Remedies" and Solutions to correct the Pathological Situation that has arisen.

Summarising the Anterior-Segment of the Eye-Ball and more precisely the "Cornea and nearby scleral structures", chronically inflamed from the "excess of toxins" produced by the Intestine and by poisons introduced in various ways (into our body) and after their in natural-expulsion (through the "vicariant" Toxins Drainage System) by the Zeiss and Meibomian Glands of the Lids, that increase, with the resulting secondary inflammation of the Collagen Structures, the inside Temperature of the Eye-Ball and more precisely the - draining Collagen structure of Schlem Channel.

The standard reaction of inflamed Collagen it is to increase the water concentration (as percentage content), paradoxically resulting in an increased reduction to the "Umor-Aqueous-Outflow",

caused by "too much water-linked into the Collagen-Net" that provokes a "Major-Resistance" to "Out-Flow" and therefore a Substantial-Reduction of the "physiological out-flow rate" of the Drainage of Schlem' Channel, resulting in an increase of "Intra-Ocular-Pressure".

Inflammation also causes always an increase of the "Temperature" as happens on the Corneal Surface of Glaucomatous Eyes, mostly during the night when the patient is sleeping and with the lids closed that stops the "normal tears wetting" of the Eye-Ball and nasal-outflow that, also if they are carrying toxins, they are also reducing the superficial corneal temperature and the inside temperature of anterior segment wetting continuously the anterior corneal and nearby scleral structures reducing the "Inflammation-Temperature".

The consequence of Corneal-surface and inner Collagen Structures' Temperature Increasing is the expression of the Chronic-Inflammation and consequent edemization of Collagen draining Structures that, reducing the Physiological out-flow, increases the "Intra-Ocular-Pressure.

With my Personal Experience of 40 years of Chronic Glaucoma I could feel that the water I was using, slowly irrigating my Eyes, during the night, was moderately more hot than my skin' temperature so that I could clearly feel and note the different temperature between the water that I was irrigating over my open Eyes, (at room-temperature), and the one that was coming out on the temples as it was clearly different and more hot so that I could feel the different Temperature.

The Water that has played an important role in increasing the Eye-Pressure, cause of the Edemization, at the contrary, when used as "current tab Water" to refresh the Patient' Eyes affected by

Chronic Glaucoma, can reduce the Inflammation removing directly the toxins from the Eye Surface.

Simply washing the Eyes several times for many times every day and possibly also during the night, because the "continuous-close-loop" that the toxins do from Intestine to Zeiss and Meibomian Glandes and back again through the nasal channel and esofagus and Intestine, in a continuous cycle, results with an "increased Toxins Concentration", with every new cycle and a secondary "Greater Inflammation and Temperature Raising Effect".

Reducing the Eye Temperature with continuous open Eyes washing (do not use Water too cool, as from fridge, because can provoke an inflammatory reaction to reach the "normal body temperature", if the Eyes have been cooled substantially).

Now that it is clear the double effect that Water provokes, we can take advantage of the "refreshing water effect" using it, to wash toxins out from Eyes-surface and "Interrupting the close cycle", during day and night, obviously the disintoxication and the stop to further body intoxication must be applied for a stable therapeutic result.

I am studying a rubber musk to help washing the Eyes with an alkaline and more disintoxicating water with an irrigation and automatic drainage by a miniaturized slow irrigating-system [1-6].

### **Conclusion**

Relation through Water, Temperature and Intoxication can be profitably used to cure Chronic Glaucoma.

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