

## Squint Causes Types Management and Role of Parents in Mobile Data Abuse and Playing Games by Children

**Gowhar Ahmad\***

Professor, Department of Ophthalmology, Florence Hospital Multispeciality Center, Chanapora, India

\*Corresponding Author: Gowhar Ahmad, Professor, Department of Ophthalmology, Florence Hospital Multispeciality Center, Chanapora, India.

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Squint is a common ocular disorder characterized by abnormal ocular deviation and loss of normal ocular papalism and paucity of binocular vision which is kind of Simultaneous perception, Simultaneous fusion and stereopsis.

Main aim of squint management is not only to correct the abnormal angle of deviation but to restore the normal status of vision as much as possible for this early diagnosis and prompt Treatment by a qualified squint expert is important so it is very important for parents to seek the advice of qualified and experienced pediatric ophthalmologist if they observe any kind of deviation shown by their kids.

In past in underdeveloped Asian countries squint was considered to be a kind of stigma especially in girls so by the time the consultation was made the squinting eye had already been in the state of amblyopia that is a lazy eye and the treatment was only cosmetic squint correction.

However at present with better awareness and education prognosis of squint is very good.

Three main basic things for assessment of squint is

- Visual assessment
- Mydriatic refraction and fundus examination

We have certain pathological eye Conditions which also present as squint

- Like retinoblastoma
- Coats disease

Types of squint

- Commitant Incommitant
- Accommodative non accommodative
- Paralytic non paralytic
- Alternating non alternating

Paralytic squint presents as

- Dimension of vision
- Impatient of ocular movements
- Diplopia
- Primary deviation is greater than secondary deviation

Turning the head towards the direction of action of paralysed muscle

- False orientation
- False projection
- Abnormal head tilt
- Ocular torticollis
- Vertigo

Presentation of bilateral alternating infantile esotropia

- Crossed fixation
- Uncrossed fixation
- Broad angle
- Av pattern
- Overaction of inf oblique
- Covering the dominant eye will make child to weep.

Mobile data abuse and prolonged playing of mobile games by children. At present and during covid times when children were not going to school children in age groups of 5 Years to 7 or more are kind addicted to mobiles so they present with different symptoms due to abuse like Headache eye ache eye strain irritability eating disorders nausea and vomiting pain abdomen fainting.

Even autism delayed mile stones epileptic like attacks have been reported Refractive errors diplopia and squint. So it is very important that it is duty of parents to refrain their children from abuse of mobiles and playing video games for hours and encourage them to play outside games.