

## Squint Types Causes Management and Role of Parents in Mobile Data Abuse by Children

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Squint is a kind of common disorder characterized by abnormal ocular deviation with absence of normal ocular parallelism and paucity of binocular vision which is kind of simultaneous perception, simultaneous fusion and stereopsis, main sim of squint management is not inly to correct the normal angle of deviation by to endure normal status of vision for this early prompt treatment by squint expert is very important, so it is very important for every parent to dark the advice of pediatric ophthalmologist if they observe any kind of abnormal ocular deviation of their kids. in past in underdeveloped Asian counters squint was considered to be a kind of stigma especially in gurks so by evetime the consultation of these gurls was considered squinting eye was already in stare if lazy eye IR amblyopia.

3 main basic examination criteria for any Squint is

- Visual assessment,
- Mydriatic refraction ,
- And fundus examination

We have few ocular conditions which present as squint like retinoblastoma and coats disease squint can be alternating non alternating paralytic non paralytic accommodative non accommodative committant in committant.

Esotropia exotropia hepetropia hypotropia hetrophoria cyclophoria orthophoria microtropia.

Committant squint angle of squint is constant in all firms of gaze incommittant angle of squint is small paralytic squint presents as dimension of vision impairment of ocular movements diplopia prima6 deviation is greater than sec deviation.

Turning the head towards the direction of action of paralysed muscle false orientation, false perception, ocular torticollis, abnormal head tilt, vertigo, bilateral alternating infantile esotropia presents as crossed fixation, uncrossed fixation broad angle AV pattern covering the dominant eye will make child to cry.

Mobile data abuse by kids and role of parents at present beware in era of mobile abuse by kids of age 5b, 5 years and above which was very common during covid as schools were closed and kids had on kind classes, mobile abuse by children presents SS eye ache eye strain head ache, irritable child abdominal pain nausea and vomiting fainting, lack of interest anger sometimes in severe cases delayed mile, stoness epileptic like attacks squint diplopia ref errors.

So it is important for parents to see that their kids are nit abusing mobiles and playing games on it for a long time they should instead encourage their children to play.

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