



## Role of Parents in Mobile Data Abuse by Children

### Gowhar Ahmad\*

*Professor, Department of Ophthalmology, Florence Hospital Multispeciality Center, Chanapora, India*

**\*Corresponding Author:** Gowhar Ahmad, Professor, Department of Ophthalmology, Florence Hospital Multispeciality Center, Chanapora, India.

**Received:** June 24, 2022

**Published:** July 01, 2022

© All rights are reserved by **Gowhar Ahmad.**

At present we are in the era of mobiles laptop and I pass which is need of the hour. However it's abuse is being done by children in age groups of 5 to 7 years or more also now due to present era of COVID 19 pandemic children have on line classes so it is adding more insult. Children for hours are playing games on mobiles. Gaxing at a psrivukar game or different games thus putting lot of strain on eyes so they present with symptoms of eye STRIAN eye ache head ache irritability change in behaviour abdominal pain fainting even delayed Mike stones and epileptic like attacks have been reported with blued vision diplopia and squint.

So parents' think that their children have got some pediatric problem. But in fact these symptoms are due to mobile abuse and when referred to pediatric ophthalmologist. Most of them have developed refractive errors.

Sonitbis very important for parents to REFRAIN their children from mobile abuse and encourage them to play games both indoor and outdoor.