

The Magnitude of Refractive Error

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Refractive errors affect a larger proportion of the world's population, regardless of age, ethnicity, or ethnic group. Globally, 2.3 billion individuals are known to have refractive errors, with (1.8) billion having access to appropriate eye exams and inexpensive corrections, and (500 million) have uncorrected errors that cause blindness or impaired vision (mostly in developing nations) [1]. They are a significant cause of poor vision and even blindness, if not corrected. However, they can be easily detected, measured, and corrected with spectacles and other refractive corrections [2]. An uncorrected refractive error has been identified as the leading cause of visual impairment in Asian school-aged populations [3-6] {Hispanic and European} [7,8]. The prevalence of vision loss due to refractive error was reported to be as high as 0.36 percent in India for all age groups in a population considered together, with blindness characterized as presenting length visual acuity {< 3/60 in the better eye} [9]. Refractive error is the second most common eye problem in Indian school-going children. The most common cause of defective vision in school children is refractive errors. Children younger than 15 years make up about 42% of the population in India. The fact is that 30 percent of kids lose their eyesight before 20 years of age. Uncorrected refractive error in children and its consequences profoundly impact their overall development, particularly on educational and developing health [10,11]. In children, refractive error may affect the child's level of reading and have a negative impact on overall learning. It can even lead to a long-lasting and correctable vision degradation called refractive amblyopia. In adults, having blurry vision, especially while driving or operating machinery, can be uncomfortable, inconvenient, and even unsafe. Kids often do not complain about decreased vision and may not even be conscious of their issues. Changing the classroom position, participating in physical activity closely, and

tending to avoid jobs that involve more visual concentration can save them from having poor vision [12,13].

Figure 1: Global cause of blindness (2004) [14].

Figure 2: [Global causes of blindness]: 1990–2010* (*Excluding refractive error, # Including refractive error.) [15].

Conflict of Interest

None.

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