



Present Day Status of Lasik

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Introduction

We are in era of various ophthalmic subspecialties like

- Paediatric ophthalmology
- Phaco
- Oculoplastic
- Neuroophthalmology
- Glaucoma
- Ant post segment eye surgeons
- Vitro retinal

Lasik or refractive keratosurgical procedure is also an important ophthalmic sub speciality which has become very common and popular. The key is that by this procedure one gets rid of glasses. It has become very common in young boys and girls. However, the big question is that is this procedure needed for a very small refractive error? One has to answer this important query.

In England, the Royal College of Surgeons trains Lasik surgeons by making them experts in this field by organising work shops where they are trained by competent and senior most Lasik surgeons so that the trained Lasik surgeons are able to deliver the goods in a professional way as far as Lasik surgery is concerned.

It is also important to tell the patients booked for Lasik about possible side effects;

Which are

- Mild
- Moderate
- Severe

Mild are seeing of haloes

- Glare
- Dry eye
- Diplopia
- Moderate side effects are
- Keratectasia
- Undercorrection
- Overcorrection
- Regression

Severe side effects are

- Cataract
- Glaucoma
- Keratitis
- Endophthalmitis

Selection of cases for Lasik is very important.

One should not perform Lasik for a very small refractive error even if insisted by patient.

Who is the ideal patient

- Female young having high myopia not tolerating contact lens having very high power getting married is an ideal patient for Lasik and that too Lasik should be done by Lasik expert one
- In the end I want to conclude with these comments
- My request to the concerned authorities in the third world countries is to make a strict and proper guideline so as to ensure that Lasik procedure is done only by expert people.

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