



## Editorial Page on Keratoconus

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Keratoconus is a degenerative disease characterised by non-inflammatory corneal ectasia. There is progressive change in refraction so the patient presents with frequent changes in refraction. The condition is usually bilateral, more common at puberty, with male preponderance. The condition has a base and apex; the base is referred to as the flat cornea and the apex is referred to as the steep cornea. Keratoconus is a visually disturbing disease and not a visually threatening disease. Complicated cases of this disease entity present as keratoglobus, glaucoma, and hydrops. Typical characteristics of keratoconus are

1. Foods and ruptures in Descemet's membrane of cornea
2. Munson's sign that is distortion of lower lid margin caused by bulged cornea when patient looks in downward phase
3. Fleischer's ring which is brownish ring of hemosiderin at base of cone
4. Enlarged or visible corneal nerves
5. Vogt striae which are present in post-stroma of cornea disappear on pressing the cornea

Associated conditions with keratoconus are as follows

1. Ectopia lentis
2. Blue sclera
3. Osteogenesis imperfecta
4. Severe rubbing of eyes
5. Kc sicca
6. Pigmentosa
7. Vernal conjunctivitis
8. Down's syndrome
9. Turner's syndrome
10. Edanlos syndrome
11. Leber's amaurosis
12. Mental retardation

13. Marfan's
14. Mitral valve prolapse syndrome
15. Achondroplasia
16. Atopic dermatitis
17. Aniridia
18. Congenital cataracts
19. ROP

Recent modalities in the treatment of keratoconus are

1. Crossed corneal linkage
2. Hybrid contact lenses
3. Customised contact lens
4. Scleral contact lens
5. Scleral contact lens
6. Pegy contact lens
7. Intrastromal corneal ring
8. Lamellar keratoplasty.

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