

ACTA SCIENTIFIC OTOLARYNGOLOGY

Volume 2 Issue 9 September 2020

Short Communication

BPST Point in Tympanic Membrane: Point of Intra-tympanic PRP Instillation

BPS Tyagi^{1,2*} and Mamatarani Rout³

¹Professor, Head of Department of ENT, Colombia Asia Hospital, Ghaziabad, India ²Head of Department of ENT and CEO, Harsh ENT Hospital, Ghaziabad, India ³Consultant, Department of ENT, Harsh ENT Hospital, Ghaziabad, India

*Corresponding Author: BPS Tyagi, Professor, Head of Department of ENT, Colombia Asia Hospital and CEO, Harsh ENT Hospital, Ghaziabad, India.

Received: July 17, 2020 Published: August 12, 2020

© All rights are reserved by BPS Tyagi and

Mamatarani Rout.

Abstract

Intra-tympanic instillation of drugs to middle ear can be done in many ear diseases such as sudden sensorineural hearing loss, Meniere's disease. The significance of BPST point is, through this point we can reach to round window niche. It's the surface anatomy of round window niche.

Keywords: BPST Point; Intra-tympanic; PRP

Instillation of drugs to middle ear is called intra-tympanic. It can be used for many therapeutic purposes such as intra-tympanic instillation of steroid, gentamycin, and lignocaine, and plasma. It's used in diseases such as sudden SNHL, Meniere's disease, tinnitus. BPST point is the point of intersection of origin of chorda tympani from facial nerve in facial canal and insertion of posterior malleolar fold to annulus of tympanic membrane. BPST point lies 2 mm anterior to this point of intersection. It's the surface anatomy of round window niche. Through this point we can directly reached to round window [1-7].

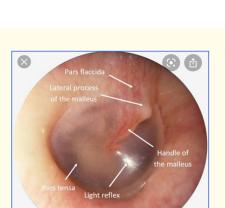


Figure 1: Anatomy of TM.

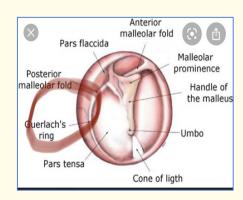


Figure 2: BPST Point.

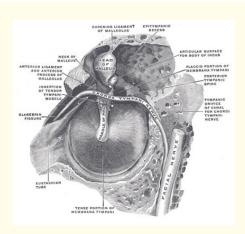


Figure 3: Detailed Anatomy.

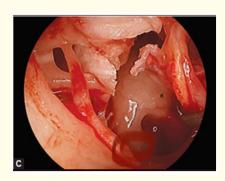


Figure 4: Endoscopic landmark of BPST point.

Conclusion

BPST Point is the landmark and surface marking of round window in parse tensa part of tympanic membrane. Intra tympanic drug instillation can be done through this point. If we insert a needle in par tensa part of tympanic membrane just anterior to BPST point we will be in Round window niche. This point will help to inject steroids and platelets rich plasma for sensory neural hearing loss.

Conflict of Interest

None.

Funding

Nil.

Bibliography

- 1. Tyagi BBPS and Rout M. "Platelet rich plasma (PRP): a revolutionary treatment of sensorineural hearing loss". *Acta Scientific Otolaryngology* 1.4(2019):2-5.
- 2. Bear ZW and Mikulec AA. "Intratympanic steroid therapy for treatment of idiopathic sudden sensorineural hearing loss". *Missouri Medicine* 111 (2014): 352-356.
- 3. Fradis M., *et al.* "Treatment of Meniere's disease by intratympanic injection with lidocaine". *Archives of Otolaryngology* 111.8 (1985): 491-493.
- Gouveris H., et al. "Intratympanic dexamethasone with hyaluronic acid in the treatment of idiopathic sudden sensorineural hearing loss after failure of intravenous steroid and vasoactive therapy". European Archives of Otorhinolaryngology 262.2 (2005): 131-134.

- 5. Hobson CE., *et al.* "Primary treatment of idiopathic sudden sensorineural hearing loss with intratympanic dexamethasone". *Current Opinion in Otolaryngology and Head and Neck Surgery* 24.5 (2016): 407-412.
- Ng JH., et al. "Intratympanic steroids as a salvage treatment for sudden sensorineural hearing loss? A meta-analysis". European Archives of Otorhinolaryngology 272.10 (2015): 2777-2782.
- Scott-Brown's Otorhinolaryngology, Head and Neck Surgery, 7th edn, Table 238e.6, Intra tympanic Dexamethasone for ISSNHL.

Assets from publication with us

- Prompt Acknowledgement after receiving the article
- Thorough Double blinded peer review
- Rapid Publication
- Issue of Publication Certificate
- · High visibility of your Published work

Website: www.actascientific.com/

Submit Article: www.actascientific.com/submission.php

Email us: editor@actascientific.com
Contact us: +91 9182824667