



Brain and Behavior Relation to the Eating

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Abstract

Psychical cortex has a pyramid connection to all the sensory cortex and connects to the eating and the behaviour relation and relates to the behavior anxiety and many behavior relation to eating

Keywords: Psychical Cortex; Psychological Behavior; Food Behavior Relation; Anxious

Psychical cortex

Anterior cortex is the Psychical cortex which is related to sensory cortex and Psychological behavior during eating [1].

Taste buds during eating gets the food and after getting taste the sensory cortex and than Signal goes to the Psychical cortex which gives behavior to the person according to taste [2].

Smell relation to the behavior

Smell if sweet or bitter the aroma of the food stimulate the nerve and the sensory cortex and the Psychical Cortex which [3] lead to the behaviour sweet for happiness and for bitter anxious and sad behavior [4].

Thinking of food

On Thinking of food ghrelin is secreted and ghrelin stimulate the brain and Psychical cortex leading to the anxious behaviour , sleeplessness and the low energy [5].

Food and psychical cortex

Taste and aroma and image of food give the increase in the ghrelin leading to stimulus of Psychical cortex and the [6] anxious behavior and eating increase with this and taste gives other behavior like anxiety or sweet behavior and aroma leads to the sweet and bitter behavior [7].

There are 4 taste and 4 behavior

- Sweet leads to happiness
- Unami leads to attractive towards food
- Sour leads to neutral behavior
- Bitter taste leads to sad behavior

According to percent of taste In foods behavior of person can be judged and the taste which food has in higher amount Lead to overall mood of person.

Discussion

In this we discussed about the taste, aroma of food, image of food leading to the particular behavior and is related to the Psychical cortex.

Conclusion

Psychical cortex is related to the behavior while eating food.

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