



## Beneficial Food Combined with Laser Treatment for Autism

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### Abstract

All autistic children have difficulties communicating with other people. This definitely shows that a problem can be expected with their Chakra of Communication or Throat Chakra (Chakra #5 on Figure 1). Chakras are the running along the backbone chain of alternating vortices (spinning clockwise) and anti-vortices (spinning counterclockwise) (Figure 1) of the weak nonlinear electromagnetic field (NEMF) of the aura, which is our emotional Spirit. (We are a material body and emotional Spirit that activates the body. When a person dies and the Spirit leaves, the material body is an empty lifeless shell). To be able to measure the weak field of the activating aura (Spirit), which is 1,000 times weaker than the field of the material body, (but rules and regulates everything in the body not with its strength but with the information it carries), I had to create a very sensitive equipment. Measurements with my supersensitive patented equipment showed that the Chakra of Communication (Chakra #5) of autistic children is only 20% active. Since the Chakra is not completely shut off, this encouraged me to look for ways to stimulate it. This article offers food stimulating the Chakra of Communication combined with painless laser stimulation of the Chakra of Communication on the ear to improve the communication skills of autistic children.

**Keywords:** Autism; Low Energy Chakra of Communication; Food for Boosting Communication Chakra; Laser For Boosting Communication Chakra

### Introduction

All autistic children have trouble communicating. Since the chakra of communication (Chakra #5 on Figure 1) belongs to the weak field of the activating aura (Spirit), which is nonlinear electromagnetic field (NEMF), I had to develop a very sensitive equipment to be able to measure it. The preliminary measurements of autistic children with my patented supersensitive equipment showed that autism is a very wide category – the children have similar symptoms, but they are caused by different imbalances. So, the first thing to do is to sort the autistic children according to their type of imbalance.

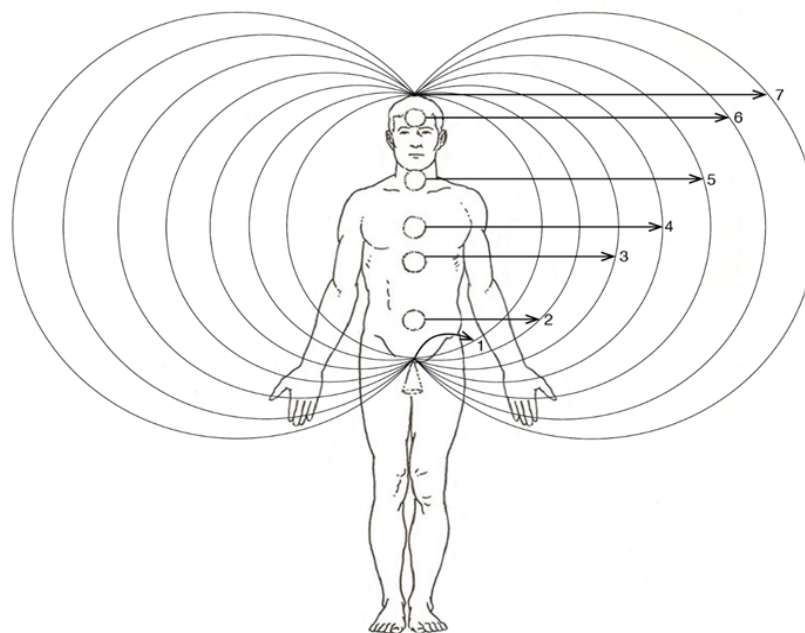
One group of autistic children are having autism because of intolerance to certain foods. My supersensitive equipment allows me to determine, which food the autistic child cannot tolerate. By asking the child to hold the food in one hand and the reference electrode in the other hand, I can determine to which food the child has intolerance and recommend elimination of the troublesome food from his diet. When reading the book *Dhanwantari* of Harich Johari [1], which (based on ancient texts) lists the food that

stimulates the Air Chakra (Chakra of Communication), (Chakra #5 on Figure 1), I got the idea that I could offer this food as beneficial for autistic children.

### Measuring the Chakras of Autistic Children

With my super-sensitive equipment, I measured the chakras of autistic children and I found that their Chakra of Communication (Chakra #5 on Figure 1) is only 20% active, which explains why the autistic children don't talk. However, the fact that the Chakra of Communication is not completely shut down, means that it could be activated. "Chakras" means "spinning wheel" in Sanskrit, and the chakras (from the view point of modern science) are a chain along the backbone of alternating vortices (spinning clockwise) and anti-vortices (spinning counterclockwise) of the nonlinear fields (NEMFs) of: our material body (NEMF1) [2], which is in the lower half of the body, and our weak emotional Spirit (NEMF2), which is in the upper half of the body (Figure 1) [3].

Prof. Nemistov in Russia decided to measure (with a very sensitive scale) the weight of his students with heads on the scale and



**Figure 1:** The 7 alternating chakras along the backbone and their corresponding energy levels.

with feet on the scale. For his surprise the weight with heads on the scale was always higher – only 1.5% higher, but higher. He published this as a curious fact without explanation. I know from ancient Chinese and Indian texts that the Spirit is in the upper half of the body (with chakras #3, #4, #5, #6), while the chakras of the material body are in the lower half of the body (chakras #1, #2, #3, #4) (Figure 1). I know from measurements with my supersensitive equipment (which allows me to measure the weak field of the aura (Spirit)) that the Spirit is emotional and its presence makes us emotional and creative [3].

Ancient Chinese texts say that the Spirit, which is in the upper half of the body, is also matter, but a different field form of matter. Being a field form, the Spirit is much lighter, which explains why the weight measured with heads down is only 1.5% higher. Thus, the body weight is higher when measured with the heads down because the upper part of the body is material body and Spirit, while the lower part of the body is just material body. The upper half is only 1.5% higher because the Spirit is a field form of matter, which is much lighter.

#### Beneficial food for autistic children

Since the Chakra of the Solar Plexus (Chakra #3) and the Chakra of the Heart (Chakra #4) belong to both - the material body and the emotional Spirit - they are emotionally sensitive. We call them “chakras of the Soul”, which defines Soul as a unity of material body and emotional Spirit. The chakra #5, which is out of balance in au-

tistic children, is chakra of the emotional Spirit. It is also called “air chakra”. According to ancient Indian texts, foods that boost the energy of the “air chakra” are [1]

- Beets corn lemons parsley
- Carrots dates oatmeal squash
- Chestnuts grapes ripe olives tea, salt, etc.

This is the food the autistic children can benefit from.

#### Conclusion

Thus, the book of Harish Johari [1] (based on ancient Indian text) is telling us which food is going to be beneficial for the “air chakra” or the “chakra of Communication”. Including this food in the diet of autistic children, who have very low energy in their Chakra of Communication, could help them do better with their communications. To increase the effect, the chakra of the air (Chakra of Communication) could be stimulated with laser acupuncture. Instead of needles, laser light is used for painless stimulation the acupuncture point of chakra #5.

The children are afraid of needles, but they love to be treated with laser. However, since the 3 milliwatts lasers used for acupuncture have shallow penetration, the treatment with laser need to be done on point of the ear where the acupuncture points are shallow. The combination of stimulating laser acupuncture and stimulating food is expected to bring positive changes in the life of autistic children.

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