

## Measuring Autism and Food Intolerance to Determine their Connection

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### Abstract

The offered here article bridges two articles previously published by the same author in this journal this year – the article about autism and the article about determining food intolerance without putting the food in the mouth. However, the present article offers a different way of measuring food intolerance. Autism is a very wide category diagnosis, which includes many different types of autism. The article offers a way to differentiate the different types of autism by measuring noninvasively on the surface of the body the spinning vortices and anti-vortices of the human nonlinear electromagnetic field (NEMF) called chakras. Patented high-sensitivity energy meter was used and it was found that the different types of autism relate to different type of serious hormonal imbalance. When the measurements showed abnormal reading of the 3rd chakra, related to digestion, the same equipment was used to find the food the autistic child cannot tolerate and which needed to be eliminated from his/her diet.

**Keywords:** Autism; Autism and Food Intolerance; Autism and Hormonal Imbalance; Autism and Chakra Measurements; Food Intolerance Measurements

### Introduction

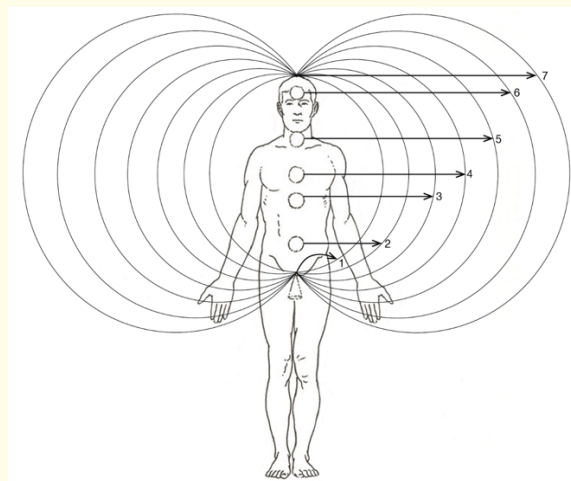
In this nutritional journal in issue 11 of 2019 the author published the articles: “Who Is Becoming Autistic and Why?” [1] and “How to Test Food Intolerance without Putting the Food in Your Mouth” [2]. How autism relate to nutrition (food) was not discussed. With this short article we want to fill the gap.

### Measuring autism

How do we measure autism? At the present moment, health insurance companies claim that autism is a behavior problem, not a health problem and refuse to pay for treatment of autistic children. However, our preliminary measurements of autistic children with our patented sensitive energy meter revealed severe hormonal imbalance. However, the imbalance was found to be different for the different types of autism, which means that our measurements could be used to sort the wide category “autistic children” into narrower groups according to their type of hormonal imbalance (determining their type of autism).

How do we measure the hormonal imbalance? It could be done chemically, which is invasive and requires blood drawing, but we did it with electrical measurements on the surface of the skin, which is non-invasive. We used our high-sensitivity energy meter to measure the seven spinning energy centers of the weak human nonlinear electromagnetic field (NEMF), which is informational in character (it is 1,000 times weaker than the biocurrents in the body), but rules and regulates everything in the body [3,4].

The human NEMF, being nonlinear, has turbulence manifested with a chain of alternating anti-vortices (spinning counterclockwise and throwing energy out) and vortices (spinning clockwise and sucking energy in). Thus, our body not only breathes air in and out, it breathes energy in and out through the vortices and anti-vortices of our informational weak NEMF [4]. This chain of alternating vortices and anti-vortices is running along the backbone and is pictured on Figure 1 as circles with consequent numbers from the tailbone to the top of the head.



**Figure 1:** The seven spinning energy centers (chakras) and the quantum energy levels connected to them.

As seen on Figure 1, the energy levels of all underlying six spinning energy centers meet at the point on top of the head. This explains why in ancient Chinese acupuncture texts the seventh spinning energy center on top of the head is called "Bai Hwei", which means "point of union". It really unites the energy of all six spinning energy centers lying under it. The six underlying spinning energy centers, are called in ancient Hindu texts "chakras", which in Sanskrit means "spinning wheels". They rule the six endocrine glands.

By measuring the electrical characteristics of these spinning energy centers (called chakras) on the surface of the skin, we know the hormonal balance or lack of balance. Not all types of autism are related to food, but we found that some autistic children have slow development because they cannot assimilate sugar and turn it into glucose and their brain is starving because the brain consumes 60% of the glucose, while being 2% of the body weight.

### Measuring food intolerance of autistic children

Our supersensitive equipment measuring the weak (informational) NEMF has two electrodes – reference electrode held in the left hand of the measured person and measuring electrode touching the surface of the skin at the measured spinning energy center (chakra). Ultrasound gel is used to improve the contact between the electrode and the skin. The third spinning energy center on Figure 1, the Solar Plexus, which is one inch under the junction of the ribcage, rules the digestion [4]. If the reading at the Solar Plexus is abnormal, digestive problem or food intolerance could be expected.

Then the autistic child is asked to hold the food he might be intolerant to in the right hand, while the left hand is holding the reference electrode. If the energy measured at point 3 is lower when the food is held, the autistic child has intolerance to this food. Removing all the food, to which the autistic child is intolerant to from the diet of the child, is expected to improve the energy balance of the chakras and reduce the autism symptoms. However, usually more than one factor is involved.

### Conclusion

Noninvasive electrical measurements on the surface of the skin of autistic children are offered to differentiate the different types of autism. The spinning energy centers of their NEMF (called chakras) are measured to determine the type of their hormonal imbalance, which is specific for each type of autism. If the energy of the third spinning energy center (chakra #3) on Figure 1 (related to digestion) reads abnormal, digestive problem or food intolerance could be expected. Then the same equipment could be used to determine the food, to which the autistic child is intolerant, and which needs to be eliminated from his/her diet.

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