

Memory and Concentration Impairment in Children in the COVID-19 Pandemic

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The author, through this editorial article, will show some of her clinical observations regarding the whole process of lock down of COVID-19 pandemic and the influences of all these alterations in a child's learning process, taking classes at a distance, through computer or cell phone. In the article written by Cowan (2014) entitled Working Memory Underpins Cognitive Development, Learning, and Education, the author is saying that working memory is the information that can be held in mind and important to execute some cognitive activities. This kind of memory is related to information process, intelligence, executive functions, solving-problems, learning, comprehension, ranging from children to old people and in all animals. On the other hand, there is the long-term memory that is the amount of information that is recorded in the person's life [1].

In the article written by Huang (2021) entitled The Influence of Cell Phones and Computers on Our Immune System, the author is saying that the constant exposition to cell phones and computers, can reduce the vital energy. This alteration can be demonstrated doing O-ring test in one specific patient that she attended that was having depression symptoms. The depression symptoms of this patient was not resolving with all the normal measures to treat depression and the author showed that these symptoms were caused by the lack of energy in the chakras' energy centers, due to the constant use of cell phones and computers in his daily practice in the work. Also, the lack of energy was worsened due to one metallic implant that the patient had inside his tibia, after one motorcycle accident two years prior to the depression symptoms [2].

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In the article written by Sansone and Sansone (2013) entitled Cell Phones, the authors are saying that cell phones can increase stress in the individuals. They are also saying in this article that the use of cell phones can increase overexcitement and interfere with sleep time and in another studies, they found that the use of cell phones can interfere with the sleep in adolescents. Persistent communication with cell phones can decrease family satisfaction, increase personal distress and negative spillover in the family and work environments [3].

In the article written by Hardell (2017) entitled Effects of Mobile Phones on Children's and Adolescents' Health: A Commentary, he is saying that the use of digital technology has growing during the last decades and the scientific panel concluded that it is importance of physiological addiction, neurological diseases, behavior, cognition, sleep problems and the need to evaluation carefully the effects on changed behavior in children and adolescents when using this modern digital technology [4].

A study carried out by Huang (2021) entitled Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection, she demonstrated one study she did between 2015 and 2020 analyzing 1000 chakras of patients of all diagnostic and ages (including the babies, children and adolescences) and she concluded that more than 90% of their patients had no energy between the first and sixth chakras. In 92,47% of the patients studied, they had no energy in the sixth chakra, that is responsible for memory and concentration. This means that the majority of the population

nowadays are having problems related to memory and concentrations, even before the pandemic and the constant exposition to computers and cell phones in all age groups nowadays, especially in children are a very concern by the author, looking at the great exposition of this kinds of radiation day by day in this age group of patients [5].

There are other articles written by the author also demonstrating that children, even babies, are having chakras' energy centers deficient in energy, such as in the article written by Huang (2020) entitled *Can We Treat Children With Chronic Respiratory Tract Infections Without Using Antibiotics?*, and in the article also written by the author (2021) *Energy Alterations and Chakras' Energy Deficiencies as the Main Cause of Rhinitis*. In both articles, the author is showing cases reports that demonstrates that children with chronic respiratory tract infections and rhinitis symptoms have chakras' energy centers deficient in energy and the treatment of this condition is of paramount importance in treating the cause of the clinical manifestations and not just the symptoms [6,7].

These energies in the chakras energy centers are usually invisible by the naked eyes and their function are to send energy to all glands, cells and systems to maintains and sends energy to the entire system to enable them to perform their normal activities [8].

In the article written by Chase (2018) entitled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, he is correlating the chakras' energy centers with emotions that corresponds to the five massive organs in traditional Chinese medicine or five elements of the Five Elements theory [9].

Therefore, measuring the energy from the chakras' energy centers, the author will be measuring the energy of the five massive organs in traditional Chinese medicine which are Liver (first chakra), Heart (third chakra), Spleen (fifth chakra) , Lung (fourth chakra) and Kidney (first chakra) [8].

- The first chakra corresponds to Wood element and is represented by the Liver which is responsible for the eye and vision [8].
- The second chakra represents the Water element and corresponds to the Kidney that is responsible for the ear and hearing [8].

- The third chakra corresponds to the Fire element and represents the Heart, which is responsible for speech, communication, and the sleeping process [8].
- The fourth chakra represents the Metal element (Lung) and it is responsible for sense of smell and for the distribution of energy in the body [8].
- The fifth chakra corresponds to the Earth element (Spleen) and it is responsible for the sense of taste, absorption of nutrients and for Blood production [8].
- The sixth chakra is responsible for the process of memory and concentration and is commanded by the energy of the Kidney (second chakra). This chakra is very compromised in all patients studied by the author; even when the patients are not complaining that symptoms at the moment of the first appointment, that are the energy for maintain the memory and concentration. In this study, the author is demonstrating that even children, adolescents and babies are having chakras' energy centers deficient in energy in this specific chakra, and for this reason, all the children and adolescents that are having virtual classes due to lock-down or due to virtual classes due to this pandemic, are having problems in memorizing and concentrating during their class, due to these energy deficiencies [5].
- The seventh chakra is the spiritual chakra and represents the individual's divine connection with God [8].

Like the lock down isolation process, to do not overload health facilities, children all over the world had to stay at home and take classes through the use of cell phones and computers. In the article written by Bonal and Gonzalez (2020) entitled *The impact of lockdown on the learning gap: family and school divisions in times of crisis*, they are saying in this article that exists a learning gap between different social backgrounds in Spain. Middle class families were able to maintain the high standards educations while children with low social economic families have fewer opportunities to learn in relation to school work and after school activities [10].

The same situation we can find in Brazil, where children who study in public schools that came from poorer families, had very compromised study processes, because many families were unable to have a computer at home or if they had, it was only one

cell phone for the whole family, and the teaching process was not effective for these children, like the process that was happening in Catalonia, in Spain [10].

But in this article, they are not correlating the deficiency of energy with the difficulties that these children could be having in the learning process, due to alterations of the chakras' energy centers, prior to the pandemic and could be worsening, due to constant and increased exposition to the electromagnetic radiation from the cell phones and computers, that quite the entire population in the globe is affected nowadays, due to lock down process, in the COVID-19 pandemic [2].

In all these learning process in COVID-19 pandemic, there are some different points that need to be analyzed because there are the difficulties in having cell phones and computers to children with low socio-economic families, that are from third world countries, like in Brazil and the second problem is how the use of all these devices is affecting the whole population in the world, including the babies, children, adolescents, that is affected in these pandemic process [2,5].

In the article written by Araujo et al. (2020) entitled The potential impact of the COVID-19 pandemic on child growth and development: a systematic review, the authors are saying that restrictive and social reconfiguration and demonstrated in some studies that the sleep routine and daily activities are altered in the social isolation and the increase in the use of TV's, cell phones and tablets increased and reducing the time for outdoors activities [11].

In Brazil, there are parents that have themselves often have to pay other teachers outside of school for these teachers to teach the subject to their children because they were unable to teach the children because they themselves were illiterate. Several problems these children are experiencing with this pandemic, in relation to the process of education in these distance schools [11].

The author in her work on a daily basis attended a child with complaints of deficit of attention, anxiety and hyperactivity, who received warning from the teacher for not being quiet inside the classroom and unable to concentrate [2].

In this pandemic process, there were no more classes at non private school in Brazil and these children wants to return their classes inside the schools because most of them are complaining

that they cannot maintain concentration on the cell phone and computer screen. It is very difficult for them [2].

The author, analyzing the energy of these children, realized that they all have in common the energy deficiency of the memory and concentration (sixth chakra) before the onset of the pandemic. This chakra is commanded by the energy of the kidney (second chakra) [5].

In one of the author's trips to participate in a congress abroad, she observed that in the next row in the airplane, there was a couple with a boy aged about 6 to 8 months, crying on his father's lap. The author realized the way the couple used to calm the child was to turn on the tablet and put on a child's program with children's drawings and so the child stopped crying [2].

The author wants to say that with the modernization of the communication with the implementation of 5G technology, all these devices are now important for the human's life nowadays but the costs involved in the harmful effects that these devices are causing to all humans cannot be estimated until now, because all diseases nowadays, have in the background, energy deficiencies in the chakras' energy centers, being one of the causes, the constant exposition the electromagnetic waves and it is affecting the whole population in this planes earth [2].

Contrary to what Western medicine advocates, all internal organs are interconnected and therefore to treat the sixth chakra, we need to treat the energy of the Kidney, which receives energy from the Lung and this last organ receives energy from the Spleen The latter receives energy from the Heart, which receives energy from the Liver and Liver receives energy from the Kidney, closing the entire cycle [8].

Therefore, in the treatment of these children with deficit of attention and loss of memory and concentration, we must tone the energy of Kidney and all the deficient internal organs, because one depends on the other energy. This process makes children calmer, more concentrated in front of the cell phones, computer screen, and starts to have a deeper sleep and repairman [12].

This process was explained by the author in the publication written by her (2019) Why anxiety does not improve with the use of psychotropic medications [12].

The treatment of memory and concentration loss in these patients starts with dietary guidance that, in order to try to tone the energy of the Spleen, avoiding the ingestion of cow's milk, cold liquid, raw foods and sweets, because energy from the Spleen is the door input for nutrient absorption for the entire body [8].

To avoid or treat the energy deficiency in the Kidney (second chakra) the patient is normally advised to avoid the ingestion of coffee, matte tea and soda [13].

And to avoid psychomotor agitation and anxiety, the author usually advises to avoid fried foods, avoid chocolate, honey, coconut, alcoholic beverages, melted cheese, which are foods that promote the formation of internal Heat, responsible for symptoms of anxiety and agitation, among other symptoms [8,12,13].

The use of highly concentrated medications in this type of pathology should be avoided in accordance with the Arndt Shultz Law. In this law, created by two German researchers in 1888, they are saying that medications in highly concentrations reduces the vital energy and can worsen even more this vital energy that is already low, showed in the article written by the author (2021). Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection [5].

Therefore, use of highly diluted medicines in all these patients, have their highest recommendation currently. When using the theory created by the author entitled Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine, in which the author wrote in 2015, but was only published in 2020, the author linked the use of homeopathic medicines with traditional Chinese medicine reasoning theories [14].

According to Hippocrates (c. 460 BC - c. 370 BC), father of Medicine, we must use older medicines before the current medical practice. In this way, the author uses homeopathy medications which was created by Hahnemann (1755 - 1843), with traditional Chinese medicine, whose theory has been in existence for over 5,000 years [15,16].

Special attention should be given to all children who inhabit this planet because they are all with low energy pattern and more likely to acquire any chronic disease. Currently, as published by the au-

thor (2021) in the article Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19? the author is saying that we are giving vaccination to immunocompromised patient and not to immunocompetent patients and in the article written by Huang (2021) in process of publication entitled Why Are Pediatric Patients Being Infected with SARS-CoV-2 and Becoming Sick? [17].

Understanding the mechanism of disease formation from its energy point of view is essential to know how to do the prevention and treatment measures of this pandemic of COVID-19 because, according to the types of population we have today, we can know what kind of medication we will use to medicate our patients today. This speech was published by the author in the article Is the Population in the World the Same as in the Past? in which the author describes the different energies of the population of our planet today where she describes what is the most appropriate type of medication for treating the population which is, according to the author, to the use of highly diluted medicine, such as homeopathies nowadays [18].

So, to conclude this editorial article, the author wants to finalize and say that our babies, children and adolescents are deficient in energy in the chakras' energy centers before the pandemic and could be probably worsening in the lock-down process in the COVID-19 pandemic, due to increase exposition to electromagnetic waves to have classes virtually, Special attention in these population we need nowadays, because they represents the future of our planet and we need to take care of these energy deficiencies to the normal growth in all areas of these patients, to prevent the evolution to more serious diseases, such as diabetes, hypertension, myocardial infarction, depression, anxiety, panic syndrome, all types of cancer, etc. as the author published in several articles, demonstrating that what all these pathologies have in common nowadays, are chakras' energy centers deficient in energy. And the treatment of these condition in our children nowadays, is of paramount importance to them to have memory and concentration because, what the author is showing in this article, is that the majority of our children and adolescents are not having normal memory and concentration, and these problem need to be fixed in all children, to prevent other consequences from this learning difficulties that could generate other diseases also, because all came from the same root, that are the energy deficiencies [8,12,19,20].

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