

## What We Need to Know When the Patient has a Stroke with or without COVID-19?

**Huang Wei Ling\***

*Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management, Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil*

**\*Corresponding Author:** Huang Wei Ling, Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management, Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil.

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In the daily clinical practice of the author, she noticed that the patients who have stroke, usually have something that Western medicine usually are not treating and that is why, she will discuss this topic today.

In this article, the author wants to demonstrate things that Western medicine does not take into account in a patient who is having a stroke or who has had a history of stroke in the past.

The author having 6 medical specialties being the first of them infectious diseases, since 1997 has been studying other older medicines, such as traditional Chinese medicine, according to the teachings of Hippocrates, father of Medicine, who says that we should consider older medicinal traditions prior to the knowledge we have nowadays [1,2].

The study carried out by the author, studying the chakras' energy centers of a thousand patients in her clinic in Brazil, she found that more than 90% of patients she is attending have no energy in the chakras. The study was published in an article written by Huang (2021) entitled *Chakras' Energy Deficiencies as the Cause of Fatigue Post SARS-CoV-2 Infection Patients Treatment* [3].

The chakra are energy concentrations that are not visible to the naked eye and that control the functioning of all glands and all external sensory organs such as vision, hearing, smell, taste and communication [4-6].

In her study (2021), the author concluded that patients of all age groups (from baby, children, adolescents, young adults, and older patients) and with the most diverse diagnoses (such as emo-

tional or physical complaints) have the same energy pattern, that is, they do not have energy in any massive internal organ (that corresponds to Liver, Heart, Spleen, Lung and kidney) [7].

In traditional Chinese medicine, the individual's health will depend on the balance of internal energies between *Yin, Yang, Qi* and Blood [4,5].

Imbalances of these energies or a combination of energy imbalances between them can generate changes in the functioning of the organs. When there is any energy deficiency, there is a formation of internal Heat and this imbalance can lead to the formation of diseases such as diabetes, hypertension, cancer, anxiety, panic syndrome, etc. as the author demonstrated in many article written by her in all this diseases [4,5,8-11].

These changes in energy level are not normally taught in a medical school as the implantation of Flexner report, in 1913, and modernization of medicine brought positive and also negative points, as the vision of the whole human being was interrupted and understood that only things that are seen with the naked eye are considered scientific and things that are not seen with the naked eye are considered unscientific [12,13].

All part of the energy that makes up the human being, that is normally invisible to the naked eye, was left aside and nowadays, this is a part unknown by modern medicine, that usually understand that when the patient has symptom but the laboratorial exams are normal, this could mean that the patients is suffering from emotional problems that is causing such symptoms and the patients are usually forwarded to psychologist or psychiatrist to be treated by this condition [4,14].

This lack of deep understanding the cause of such symptoms usually leads to the medicalization of something that could be treated with another way without the use of usual medicines that the patients is using nowadays [14].

Through the research the author did in Brazil, and publish in the article entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, she knows that most of our patients are out of energy and that this lack of energy is triggered by exposure to electromagnetic waves of the 5G technology of the cell phones, exposition to computers waves, etc. [7,15].

The author thinks that these data that she got from her work in Brazil is a sample of what may be happening in the world now in all countries, in all homes, in all global population because these electromagnetic waves are deployed in almost the whole world [7].

In this study, the author concluded that the lack of energy can affect children, teenagers, young adults and elderly, and the lack of energy characterizes a lack of immunity according to traditional Chinese medicine [7,15].

In all her studies of several chronic diseases such as diabetes, hypertension, cancer, heart attack, among others, the author concludes that most patients with all these diagnoses are without energy in all chakras' energy centers [4,8,9].

The production of *Yin* and *Yang* is performed by the kidney energy meridian or second chakra [4,16].

Blood production is done by the Spleen meridian (fifth chakra) and Blood regulation within the Blood vessel is done by the Heart (third chakra) [4,8,9].

When there is a balance between *Yin*, *Yang*, *Qi* and Blood, the human will be healthy but when there is an imbalance of *Yin*, *Yang*, *Qi* and Blood, there is the formation of a variety of diseases in the leaf level of the tree, as the author showed in all her articles. One specific disease can come from a variety of energy imbalances and one energy imbalances can induce the formation of variety of diseases [17].

There may be a balance in the production of *Qi* and the distribution of *Qi* is done by the first chakra which is the Liver and by the Lung, which it is the fourth chakra [4,6].

As the author found in her research, that more than 90% of patients are not having any energy in the first, second, third, fourth, fifth, and sixth chakras, all these patients are carrying compromised energy production in *Yin*, *Yang*, *Qi*, and Blood [18,19].

So, what the author comes to say through this article, is that patients who have stroke are also in this group as she has observed in all of her patients and who had stroke problems in the past, all also have chakra energy deficiency as she mentioned in another editorial article she wrote (2021) entitled *What Negative Effects Can Hormones Used Continuously Cause to The Patient?* [20].

The author recently attended a 72-year-old male who had a transient stroke at the end of 2020 and who was referred to São Paulo for an examination at the renowned hospital in the capital and there they found that he had a slight narrowing of the carotid artery and anticholesterolemic drug was prescribed for him. After this condition, they developed a severe back pain and he went to the authors' clinics to do an acupuncture session and in his assessment, the author was able to measure the energy of all his chakras' energy centers. What she found was that he was totally out of chakra energy from chakra 1 to 6 and only have energy in the seventh chakra (spiritual chakra). This means that the symptoms that he had at the end of 2020 (transient stroke) was not only caused by the narrowing of the carotid artery but also, due to the energy deficiency that was not enough to allow the Blood to circulate inside the vessels (as the author demonstrated in the article *Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction* and in the article *The Importance of Correcting Energy Imbalances in the Prevention and Treatment of Myocardial Infarction* [18,19].

This patient is currently undergoing treatment to replenish these chakra energy centers with highly diluted medicines such as homeopathies according to the theory created by the author (2020) entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications*. The

medications are usually orientate to intake during a period of one year or more. After one year, it is normally done the measurement of the chakras' energy centers again but what the author found in her daily practice is that the patients' needs to intake these medications for more time or probably during the whole life but the exact time is not known due to the fact that the influences of the electromagnetic waves still in our lives and probably causing this delay in recover from this replenishment, despite having improvement in the health condition, physically and emotionally [4,21].

The clinical condition of transient stroke in this patient must have occurred because of lack of energy that the patient was suffering from the chakras' energy centers, meaning that all the five massive organs responsible for the formation of *Yin, Yang* (Kidney or second chakra), *Qi* (Liver - first chakra and Lung- fourth chakra), and Blood (Spleen-fifth chakra and Heart-third chakra) were impaired and for this reason, the process of flowing of Blood inside the vessels was very compromised leading to blood stagnation and in this case, the patient develop a clinical presentation of stroke but could be happening in another part of the body like in the Heart and leading to myocardial infarction, as the author demonstrated in the articles *Chakras' Energies Deficiencies as the Main Cause of Myocardial Infarction without Arterial Obstruction and The Importance of Correcting Energy Imbalances in the Prevention and Treatment of Myocardial Infarction*. In both articles, the author is explaining that patients with myocardial infarction history have chakras' energy centers without energy and if the physician treats the condition and do not treat the root, after the usual treatment, the patient could have more propensity to have another myocardial infarctions, as the cause was not treated, despite having or not arterial obstruction [18,19].

The use of anti-inflammatory in this patient to treat back pain would be a very risky situation because these drugs, considered highly concentrated medications, according to the Arndt-Schultz law, could cause an even greater drop in vital energy that is already low, and could lead to another clinical presentation of stroke or heart attack or something else that depends on the patient's energy [18,19,22].

Therefore, today the author avoids the use of any medication in high concentrations as she knows that most patients today are without energy and the use of any one of these kinds of medications, could be a potential risk for developing an acute myocardial infarction from a stroke or something else such as thrombosis because all these mechanisms depend on the normal flow of energy from the Blood and the normal flow of energy depends on the integrity of the *Yin, Yang, Qi* and Blood energies. Treating the condition of energy deficiencies, the physician will not have so much complications because the patient will be more balanced in their internal energy. This energy side of the patient is often not studied by the Western medicine's doctors and that this part was not taught in the normal medical schools nowadays but needs to be in the curriculum of the medical schools because the human being needs to be integrated and not seeing only into parts, like nowadays [18,19,22].

The author just finished to write a research article entitled *Energy Alterations and Chakras' Energy Deficiencies in Dementia Patients*, in which article she is demonstrating that in Western medicine, each symptom presented by the patient is normally treated by one medical specialty and each medication used for treatment of each symptom, were causing energy imbalances in the root of the tree, as she demonstrated in this article. The author used two cases reports; the author showed that these patients also have chakras' energy centers deficient in energy and the best remedy to be used in these kinds of patients nowadays are the highly diluted medications, due to the fact that they can improve the vital energy, that is usually very low in these kinds of patients [23].

The same happens when patients who are infected by COVID-19 and who have a stroke in an acute phase or after the acute phase, and this is also related to the deficiency of chakras' energy centers as the author demonstrated in her (2021) article entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*. In all cases of strokes having or not COVID-19, the author will know that is not caused by the virus because the study that she carried out in Brazil, studying the energy situation of her patients prior to the pandemic and for this reason, she knows that the majority of her patients are very weak in energy,

leading to the a variety of clinical manifestations, but all having in the background, the energy deficiencies as the leading cause of the strokes and not by the virus itself. For this reason, the author is orientating the physicians to treat the lack of energy that is causing the stagnation of Blood inside the vessels, to treat the cause and not just treating the symptoms, that is the stroke itself [7].

In the article written by Requena et al. (2021) entitled *COVID-19 and Stroke: Incidence and Etiological Description in a High-Volume Center*, they are saying that the percentage of patients that had stroke during COVID-19 treatment was 0,2% and all hemorrhagic strokes patients the etiology was not related to COVID-19. Strokes was an uncommon complication and always related to severe injury in the Lungs [24].

The author being a reviewer of several international medical journals with a lot of frequency of articles being published from COVID-19 and patient having stroke in acute infection, many authors report that this condition is caused by the virus itself but in the author's experience, knowing about energy deficiencies that the patients have before the infection, it is easier to reason the cause of the formation of the stroke and not being caused by the above viruses, but by the energy deficiency presented by these patients before having the SARS-CoV-2 infections [7].

The use of drugs in high concentrations currently recommended in some scientific papers has led to a greater drop in vital energy in these patients, who are already compromised before having an infection, which can lead to many vascular cases of myocardial infarction, thrombosis, etc. and in patients who have stroke in the acute phase of infection by SARS-CoV-2 or after treatment with antibiotics, this is caused by the reduction of vital energy caused by antibiotics and any medicine in high concentrations, in those patients with acute infection caused by the use of medicines and are not consequences of viral infection by itself [14].

The author finishes this article to talk about the importance of integrating the two Western and Eastern medicines. The first sees the individual already materialized and the second, according to traditional Chinese medicine, studies the energy of patients before materializing and the understanding of all the phenomena that

have occurred in patients today up to date, it is of fundamental importance to understand the energy balance at the root level of the tree that the author presents in all her presentations at the various congresses and also in all her scientific publications [3-5,7-9,25].

To conclude, the author would like to say that there are some errors implanted in the past, with the implementation of the Flexner report in all medical schools in the world in 1913, which made the physician see the patient only in part, not as a whole, generating problems currently in prevention in the diagnosis and treatment of these patients. There is a need to change the medical curriculum across our planet because the doctors we are training today are prescribing drugs that are harming or reducing even more the vital energy of our patients that the author shows that they are already low nowadays and if maintaining the same medications, there will be a greater complication during all treatments or a greater predisposition to the formation of other chronic diseases in the future with continuous and prolonged use of these drugs, as the author demonstrated in the article she wrote (2021) entitled *What Do We Have to Know In The Treatment of Diabetes Patients Nowadays?* [12,13,26].

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