



## Introduction to Energy Based Healing Practices

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### Introduction

What is now known as energy based medicine is the oldest mode of human expressed healing intervention. This fact is due to the manner in which humans have interacted with their environment, their food and their bodies. So, the first distinction that this article will make is the difference between the what is injury and disease as the cause of bodily disharmony. Healing is thought of more as a natural bodily outcome of injury and disharmony. Medicine is thought of more as a direct intervention by a human being in any processes that may be involved in aiding bodily healing in what ever manner. Secondly, this article will attempt to elucidate the nature of the biophysical aspects of the human body-field and the possible outcomes of any conscious and unconscious manipulation of a human body-field for healing purposes. A consciously directed expression of what is known as Homeopathy is a human based manipulative intervention of body-field energetics by a person designated as a "healer" with the body-field of a person designated as the "patient".

### Discussion

#### Background

People do not seem to understand the fact that biophysics always comes before biochemistry - ALWAYS! Physics is the way of the universe and biophysics is only a very small segment of that whole. The biophysics has to be there before the biochemistry is able to exist. However, it is a valid statement that the state of the biophysics of life is very closely coupled to the changes that the biophysics makes due to the movement of energy through matter in a stepwise biochemical manner. It is always biophysics first and then only secondarily biochemistry. life is the movement

of energy through biologically associated matter in incrementally small packets. It is the temporary storage of energy in high energy biochemical bonds of adenosine-tri-phosphate (ATP) that allows the activities known as biochemistry to occur. It is the subsequent manipulation of energy movement through various biological compounds that acts in fact as "living".

OK, so much for the generalities that scientists so like to expound upon. Traumatic injury is usually thought of as some event which results the disruption in some manner of the integrity of the physical structure of the human body. This article is not about such cases. It is true that healing is very much involved in returning the physical body structure to the "norm". By all means present yourself to a medical facility if you are indeed injured in such a manner as to require a human intervention. Also, this article in not really about the predation upon the human body by viri and other pathogenic microorganisms. Not that these are also fully valid modern day expressions of energy medicine practice. This article is more about the generalities of disease usually associated with the derangements of/to the human body-field due to the artificial nature of modern life.

#### The human body-field

Yes, the totality of the human body has associated with it an overall encompassing human body-field. The nature of this body-field is basically of an electromagnetic nature. The accumulation of matter is arranged such as to produce an aggregation of chemical compounds into what is known in totality as a human body. As this body is composed of matter it then has an overall body-field. The scientific definition of a field is a region or space in which a given effect (such as magnetism) exists. OK, so what I am alluding

to is simply that any human body has associated with it a physical structure arranged in a given pattern which may be recognized visibly (by eye) as a human body. You may touch this body and thus it has a finite structure that exists within a given space. However, what you do not see is/are the various fields associated with the totality of the visible physical structure of that body.

Fields always have both an electrical and a magnetic component, this is the nature of electromagnetism after all. I suppose that I need to state that it is the field of the matter accumulation that is bumping up against all the other fields of matter in the area. However, it seems to me that it is the mechanics of the interactions that seem to have captured the imagination of scientists. For some reason the magnetic fields of the matter accumulations seem to have gotten sidelined. I would hesitate to guess that this is because the effects of matter interactions are visible in regards to electrical effects and mostly invisible in regards to magnetic effects. OK, so here it is - in regards to living entities, it is the magnetic component that is pre-eminent and the electrical component is only secondary! But it seems that us humans have gotten it just backwards. Humans seem to be stuck in biochemical effects (electrical) and not even consider field effects (magnetic).

It is my assertion that this is why the scientific method was devised and promulgated. People can see with their own eyes the results of chemical/biochemical reactions. Very few people are able to sense changes in magnetic field transitions. Ah, the stuff of Magic! I would hope that I am a scientist and not a magician, LOL! The reason that I seem to harp upon this subject is the fact that reality is all about magnetic fields and not about electric transitions, upon a galactic scale. OK, so what does this have to do with my life here on this planet in this biosphere trying to make sense of everything? As a biochemical entity it seems to be all about biochemistry and only secondarily about - what has magnetism got to do with it??? Duh???

### Homeopathy

There is so very much information about the origin, early practice and maturation of homeopathy. Energy medicine encompasses primarily body-field interactions between healer and patient. Since this has the tendency to quickly deplete the body-field of the "healer", other means of effecting a "cure" were devised. To date, the best seemingly biochemically based schema devised so far is what is known as Homeopathy. Homeopathy uses

botanically derived substances to produce a curative substance that is essentially a "remedy" consisting of an electromagnetic frequency in an alcohol/water mixture. It is very important to keep any strong magnetic field away from a Homeopathic remedy!! It is the quality (frequency) of the magnetic component of the residual alcohol/water mixture that is the curative agent. It is the intent by the healer to reproduce the disrupted/missing energy field component that is depleted/weakened so as to allow the "patient" to recover their normalized energy field component(s) and effect a cure. The American Medical Association (AMA) has absolutely NO idea how to actually accomplish this fact! The AMA is absolutely clueless!

### Injury vs. disease

Is it really necessary for me to distinguish between an injury and disease? An injury is a hurt of some sort that causes some sort of disruption in the skin, muscles and/or tissues of the body where usually some sort of physical trauma has occurred. This disruption is also in the normal configuration of the body-field of the person involved. Hence 2 processes are involved in the healing that does occur. The physical structure directly involved is in repair and the concomitant body field in the affected area is in a correction mode. It is the overall body-field pattern that is first produced/projected into which the physical structure is then copied into until the "normalized" body-field is returned and healing phenomena cease.

Disease is just a little bit different in that there is another organism/microorganism that causes the disruption rather than direct injury. It is here that healing protocol(s) that are called into play by the body energy field disruption then come into play. So, in both cases, it is the overall disruption in the idealized overall body-field configuration that initiates the healing activities/protocol(s). What ever it is that causes the disruption in the configuration of the overall body-field needs to be corrected and the natural "healing" protocol(s) are initiated until the normal pattern is again re-established. These healing protocols are very clearly subject to all manner of normal modes of genetic manipulation as not all people possess the same types/qualities of healing modes. It must be that what is evident within the genetic material is what is displayed within the body-field of each individual.

### Body-field manipulation(s)

It must be evident by now that probably no 2 body-fields are the same, maybe close but exactly the same? Doubtful! A subject for

future consideration perhaps. This part of the discussion deals with the possibility of conscious manipulation of the healing protocol(s) of the physical body/body-field. How, what and when may we get an idea of first what takes place and secondarily how may we consciously influence any evident possible outcomes? There will be for every human being various aspects of physical body beingness and conscious/unconscious mind parameters according to the genetic propensities of each and every person. Nothing like stating the obvious. This part of the discussion is introduced so that you may get some sort of a glimpse of what to look for, what to experience and what to possibly personally influence.

How does one experience their body-field? Alas, it is not just sitting and just floating/being while one's eyes are closed. One must first learn to experience and just "be" while in a meditative state. So you need to learn just what is a/the meditative state. This may not be directly taught and one may allude to this state but only the person having the experience may actually experience a meditative state. Wow, double-speak again. One of the first lessons needs to be about how to still the mind. This is most likely to be the most difficult lesson to learn as all kinds of day to day activities will constantly pop up and intrude. For me, the most difficult concept to realize was that being able to "still-the-mind" was actually being able to so focus my entire beingness that any other cognition was temporarily suspended. My mind became so very and singlemindedly focused that no other ideation was allowed to intrude. It is a very focused, and I do mean so very focused, state of ideation beingness. As I grow older and more capable in my efforts, I have come to actually prefer to be in this singleminded state of ideation. I have had many years of practice until I am able to be in a background state of Birkeland Current awareness, fully engaged mentally in some task and to be completely centered in chakra awareness physically - all at the same time. As of yet (aged 77 years), I have not been able to move/experience past this point. I am aware simultaneously of my entire physical body (chakra state), centered in the movement of the magnetic current moving through the Solar System, over the Earth, through my body (known as the Birkeland Current) and yet fully engaged in some form of personal ideation of my choice. I must confess that it has taken me many years of contemplation to be able to reach this state of beingness. Being able to give a description of the progress of my beingness in a stepwise manner is so very difficult to do as the experience is more akin to an ever forward progression with out any definite way

stops. It is more like moving ever forward in a definite direction towards a goal to eventually realize after some indefinite time elapse that you have already reached that set point and are now even moving beyond that goal. Much of the time I was engaged in discovering just what the next goal might be! I am always learning anew and hopefully rounding out and moving forward. Namaste!

## Conclusion

This subject may never truly be considered complete as one is always learning something about their body. We humans like to compartmentalize and categorize everything as it makes us think that we are in control. As a Pisces, I have learned to be in control without actually being in control. This is not simply going with the flow. This is the nature of energy based healing modalities. One learns to be merged in beingness with the flow of life and the planet machinations. Any questions that you have concerning any aspect of this missive may be addressed to: [edward.f.block.iv@gmail.com](mailto:edward.f.block.iv@gmail.com)