



Chakras' Energies Deficiencies as One of the Causes of Anosmia and Loss of Taste in SARS-CoV-2 Infection Patients

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Abstract

Introduction and Purpose: Anosmia can be considered to be an unknown symptom in COVID-19. More than half of patients with COVID-19 have anosmia and eighty-four percent of patients presented both smell and taste disorders. In traditional Chinese medicine, all the five external sensorial organs are related to five massive organs (Liver - vision, Heart - communication, Spleen - taste, Lung - smell and Kidney - hearing). The purpose of this study is to demonstrate that patients that is acquiring SARS-CoV-2 infections have energies deficiencies in the internal massive organs that are responsible for the sense of taste and smell.

Methods: Through two clinical cases reports of patients that had SARS-CoV-2 infections and reported to have lack of sense of smell and taste as one of the symptoms. These patients did the measurement of the internal organs energies through radiesthesia procedure before they acquired SARS-CoV-2 infection. Another research did by the author studying the energy of the internal organs in a thousand patients during 2015 to 2020, prior to COVID-19 pandemic, were included in this study.

Results: It was revealed that all the internal organs of the two case report patients were in the lowest level of energy, including the Lung and Spleen, that are responsible for the sense of smell and taste respectively. The treatment to replenish the energy of these organs were started weeks before the SARS-CoV-2 infection and it was sustained after the SARS-CoV-2 infection treatment, for a period of one year or more, using highly diluted medications according to the theory created by the author entitled Constitutional Homeopathy of Five Elements based on Traditional Chinese Medicine. In the researcher made by the author in her clinic in Brazil, it was found that more than 90% of the patients had no energy in any internal massive organs, including the Lung and the Spleen responsible for sense of smell and taste.

Conclusion: In this study, the author is demonstrating that patients with lack of sense of taste and smell who underwent to SARS-CoV-2 infection have internal organs energies deficiencies including the Lung and Spleen and the treatment replenishing these energies are very important to treat the cause of these symptoms.

Keywords: Anosmia; Loss of Taste; Energy; Chakras; Traditional Chinese Medicine; Hipocrates; Homeopathy

Introduction

Smell disorders such as anosmia affect about 15 of every 1000 people in the United States and are more common with older age [1]. According to Western medicine, some common causes include

sino nasal disorders such as allergic rhinitis (hay fever) and nasal polyps, head trauma, and infections such as viral illnesses [2]. Anosmia can also be congenital (present at birth), idiopathic (no known cause), or related to dementia such as Parkinson disease or Alzheimer disease [3].

According to Western literature, treatment of olfactory dysfunction depends on the cause. Up to two-thirds of cases associated with viral illness resolve on their own. Cases related to nasal obstruction (polyps, allergic rhinitis) require treatment of those underlying causes [4]. Olfactory training, which involves daily exposure to a set of common odors, is another treatment option. Further research is being done on the ability of damaged olfactory neurons (nerve cells) to regenerate and the role of medications to support this [5].

According to the study written by Luigi Angelo Vaira, there is no studies correlating lack of taste (ageusia) in COVID-19 patients [6]. In this article, this author is saying that there are many receptors in the mouth about angiotensin converting enzyme 2 and are expressed diffusely in the oral cavity mainly in the tongue. But the mechanism that the angiotensin converting enzyme can induce lack of taste is unknown [7].

In this article, the author will follow what Hippocrates said, that it is important to consider other ancient scientific gains and traditions prior to the knowledge we have nowadays. For this reason, the author will use the reasoning used by traditional Chinese medicine to understand what is behind the symptom of lack of taste (ageusia) and lack of smell (anosmia) in the energy point of view [8].

Purpose of the Study

The purpose of this study is to demonstrate that patients that is acquiring SARS-CoV-2 infections have energies deficiencies in the internal massive organs that are responsible for the sense of taste and smell. The corrections of these energies deficiencies, using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and replenishing the chakras' energies centers with highly diluted medications (homeopathies according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine) and crystal-based medications are important tools to use in this kind of patients suffering from anosmia and ageusia in patients with history of SARS-CoV-2 infection.

Methods

To write this article, the author did an extensive search in the literature about anosmia and ageusia in patients with SARS-CoV-2

infection, all indexed in PubMed, in Western medicine and in traditional Chinese medicine. The author used also the description of two clinical cases reports of patients with ageusia and anosmia, during the SARS-CoV-2 infection, in which were measured the energy of the chakras' energies centers before the acquisition of COVID-19.

Case Report 1

The first case report is a 52-year-old woman. On September 4th, 2020, she began to feel changes in her body, but nothing significant, the night while participating in an online lecture she dozed off and when she woke up she felt very tired which made her fall asleep again quickly.

The next day (September 5th, 2020), since waking up, she felt a general malaise and her whole body was sore, especially in the hip and leg muscles, during the night the pain intensified, not allowing her to sleep. On September 6th (two days after), the patient realized that besides the pain she was having neither taste nor smell.

On the third day, in addition to all these symptoms, she started to have runny nose and sneezing, which led her to go on medical duty and have the PCR exam. The doctor prescribed Fluimucyl for 7 days and Ebastel 10 mg, initially for 5 days, but it was exterminated for another 5 days later.

The pains remained for about 7 to 8 days and the runny nose quickly subsided. Around the sixth / seventh day after the beginning to infection, she reported back pain on the right side, which led her to take the medication Ivermectin.

She remained in isolation for 14 days and during this period her symptoms decreased and she did not experience shortness of breath.

After 17 days, on September 21st, the patient had medical clearance to return to work.

The difficulty in breathing followed her all week, always in the afternoon, since she works with communication and needs to move between different sectors all day.

She was already my patient due to hypertension, hypothyroidism, bruxism and tinnitus. Her diagnosis following TCM was Kidney-Yang deficiency, Blood deficiency and Yin deficiency.

About two months before contracting the SARS-CoV-2 virus, the author had measured the energy of this patients' chakras through the radiesthesia procedure and every chakra was without energy, rating one out eight, with the exception of the seventh chakra, that was normal, rated in eight.

The author prescribed for the patient the treatment for replenishment of the chakras' energies with homeopathy, according to the theory created by her entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine, and crystal-based medications.

On September 25th, after 21 days of the infection, after she came back to work, when she consulted with the author and reported such problems, her doctor prescribed a single dose of homeopathy every day, instead of single dose every three days, as in her routine in the treatment of patients with chakras' energies deficiencies and she managed to spend the weekend well, without dyspnea but continuing having anosmia and ageusia.

In the treatment done, the physician orientates the patient, according to the Chinese nutritional therapy to avoid dairy products, raw food, cold beverages and sweets, as to avoid Spleen-pancreas deficiency or the fifth chakra that was responsible for the absorption of nutrients and production of Blood. The physician also recommended her to drink warm water and consume only cooked foods. It was also recommended for the patient to avoid coffee, soda and matte tea to avoid Kidney deficiency, that was already low shown in the radiesthesia procedure measurement that the second chakra does not have energy.

Besides avoiding chocolate, fried foods, coconut, honey, eggs, alcoholic beverages and melted cheese to avoid Liver and Gallbladder imbalance, that was impaired, shown in the radiesthesia procedure that the first chakra was very weak in energy, rated in one.

Her treatment consisted on treating the energy imbalances, with auricular acupuncture and apex ear bloodletting to balance

the Yin, Yang, Qi and Blood and take out the Heat retention. She received some moxibustion therapy in points of her body (CV 4, CV 6, CV8) twice a week to replenish the energy of the Kidney, that according to TCM, was the cause of dyspnea symptoms. Also the author prescribed the highly diluted medications (homeopathies according to the theory created by the author entitled Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine) and crystal based medications. The homeopathies were prescribed following these sequence: Silicea 1000 CHXX-20 (single dose), Natrium muriaticum 1000CHXX-20 (single dose), Phosphorus 1000 CHXX-20, Sulphur 1000 CHXX-20 (single dose), Calcarea carbonica 1000 CHXX-20 (single dose). Usually the author prescribes the medication beginning with 30CH, but as the patient had taken the medications two months priour to the beginning of the SARS-CoV-2 infections, the next step the author need to do, was to prescribe the medications in a higher potency to give the chakras' more energy that the patient was requiring to improve the symptom of dyspnea, that was more important to improve at that moment, but treating with that sequence of medications, the author could treat also, the lack of energy that was leading to anosmia (fourth chakra) and ageusia (fifth chakra). The crystal-based medications will be described in the discussion section.

Results

25 days after the initial manifestation of COVID-19 and 3 days after the treatment to recover the ageusia, anosmia and dyspnea symptoms after COVID-19 infection treatment, she recovered completely dyspnea symptoms and was felling normal again but had not yet recovered her senses of taste and smell. The shortness of breath had already subsided.

In her last consultation, 70 days after the initial manifestation of COVID-19, she said that the loss of taste was gradually improving, but the lack of sense of smell still the same.

Case Report 2

The second case is a 35-year-old female patient who had COVID-19 in early August 2020.

She was the author's patient before and sought treatment because she felt very tired, discouraged, stressed, exhausted mentally and physically.

After 6 days of contact with a person who had the flu, she manifested a flu like symptoms, increasing tiredness and runny nose.

From the seventh day on, she was very weak, without energy, fatigued, short of breath, very difficult to breathe, causing chest pain and a lot of cough. She just wanted to sleep and couldn't even get out of bed.

Her husband and her two-year-old daughter had a fever which led her to take the exam for SARS-CoV-2 infection, giving her and her husband a positive test (she did not do it on her daughter).

The husband had a fever for approximately 10 days, a lot of body pain, and he took the medication Azithromycin and a homeopathy medication called Coroninum 30 CH, to see if his weakness could improve with these kind of medication.

She did not take any highly concentrated medication, only when she felt that she was getting worse, she took homeopathy medication called Coroninum 30 CH, the same as her husband used at night and in the next day, she noticed improvements in her symptoms of pain in the body and weakness.

She also said that her sense of taste and smell was not normal, since the beginning of the COVID-19 symptoms. She usually uses contraceptives and sometimes a homeopathic complex containing Natrum muriaticum, Kalium phosphoricum and Magnesium phosphoricum.

She had little appetite, she didn't feel like eating, wanting to eat only more industrialized things, very sweet.

Before SARS-CoV-2 infection, she always did exercises, swimming, gym. After, she stopped exercising and is slowly returning, but she still feels like she doesn't have enough energy.

She felt that she was very tired (mentally and physically), debilitated, with insomnia, without appetite, swelling and weight gain; without energy to work, without sexual energy; she had a bad

mood and bad memory or concentration. She was drinking little water, so she was not urinating much. The bowel habit and the menstrual cycle was regular.

The recommendations to her for her treatment was the same of the first case report: Chinese dietary counseling and auricular acupuncture with apex ear bloodletting. And she received treatment with highly diluted medications (homeopathies according to the theory Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine). The medications used was Sulphur 30CHXX-20 (single dose), Calcarea carbonica 30CHXX-20 (single dose), Silicea 30CHXX-20 (single dose), Natrium muriaticum 30CHXX-20 (single dose), Phosphorus 30CHXX-20. She did not receive the crystal-based medications like in the first case report, as this patient was a pharmaceutical and works in a homeopathy pharmacy and in her pharmacy, they did not work with crystal-based medications and the author tried to perform her treatment without the use of that kind of medication and see if she could have the same result as the other patients.

Results of the second case report

The patient intake the homeopathic medications (Sulphur, Calcarea carbonica, Silicea, Natrum muriaticum, Phosphorus) in the potency prescribed but she uses every three days each medication in the sequence suggested. As she was very weak, the doctor prescribed the use of medications one per day, in the same sequence but the patient did not follow and used every three days. After one month, her doctor called her to see her evolution but she said it still very weak, emotionally and physically. The physician did a session of acupuncture and moxibustion at that day, and prescribed the homeopathies in the same sequence but at 1.000CH XX-20 and asked her to take one medications per day, and come every day to do the moxibustion. Also, the doctor prescribed the use of crystal-based medications, that will be described in the discussion section and after these measurements, she improved her condition very well feeling more energized to do all her activities and also, have energy to sexual intercourse. The medication that she intake in the first moment (at 30 and 200CH-XX 20) did results on her body because she came back to see the physician and her clothes were more tight in her first consultation and after 30 days, the clothes were less tight, that the author will discuss in the discussion section the reason for this differences.

The energy was not measured before, only after her SARS-CoV-2 infection, but according to the patient's reports, she had been weak since the birth of her daughter, so it is very likely that she already has energies deficiencies before SARS-CoV-2 infection, so the author prescribed the homeopathies medications to tone her energies centers meridians according to the theory Constitutional Homeopathy of the Five elements based on Traditional Chinese Medicine, described in the discussion section.

Discussion

At the end of 2019, an outbreak of pneumonia began in December in Wuhan (China). A novel coronavirus infection (COVID-19) was identified as the causal agent and was later named severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). On the 11th of March 2020, the WHO General Director announced that coronavirus disease 2019 (COVID-19) was the first pandemic caused by a coronavirus [9].

New loss of smell or taste was not included among the common symptoms of COVID-19 until March 2020 when the pandemic started in Western countries [10]. Anosmia can be considered to be an unknown symptom in COVID-19. More than half of patients with COVID-19 have anosmia and eighty-four percent of patients presented both smell and taste disorders [10].

According to Vaira et al, in the article Potential pathogenesis of ageusia and anosmia in COVID-19 patients, published in the International Forum of Allergy and Rhinology on September 2020, there are no studies in the literature regarding the possible relationship between SARS-CoV-2 infection and the development of taste disorders [6]. Angiotensin-converting enzyme 2 (ACE2) has been identified as the cellular receptor for SARS-CoV-2 [6].

ACE2 is expressed on the nasal mucosa, where it participates in respiratory inflammatory diseases by regulating the levels of inflammatory peptides [11]. However, in COVID-19 patients does not seem to be present such an important inflammatory component and the alteration of the sense of smell is generally not accompanied by rhinitis symptoms [6]. Therefore, one hypothesis could be that the alterations are due to damage caused by the virus to the olfactory pathways [12].

Post-infectious olfactory dysfunction is thought to be caused by damage to the olfactory epithelium or central olfactory processing pathways [13].

To you understand the way of thinking used by the author, she will show you the history of how she starts the reasoning used nowadays in all her treatments and studies that is basing all her publications in the most variety specialties. This case happened in 2006 and changed the way the author of constructing and applying all her treatments [14-20].

The patient in question presented symptoms of pain in the legs, being persistent for six months. The patient was taking anti-inflammatory drugs without any improvement. He was diagnosed with Kidney Yang deficiency according to TCM [14-20].

The author prescribed treatment with Chinese dietary counseling, auricular acupuncture and systemic acupuncture associated with apex ear bloodletting to treat these symptoms, according to his energy imbalances [14-20].

The patient presented an improvement of his leg pain after 10 acupuncture sessions and went back to the clinic to be evaluated again. On this occasion, he revealed to the author that he also had a major improvement in a symptom his doctor was not aware he had: he was being treated for glaucoma in the last 40 years, with only little significant improvement [14-20].

For the first time, his intraocular pressure diminished from 40mmHg to 17mmHg. The treatment for Kidney-Yang deficiency not only improved his symptoms of leg pain but also improved his intraocular pressure [14-20].

This case became a cornerstone of all the author's studies trying to comprehend how the treatments of energies imbalances could treat all symptoms and diseases at the same time, even if the doctor was not aware that the patient had such symptom. This study was presented, in the first time at American Conference of Acupuncture in 2007, in Baltimore in 2007, and it was represented again in 2015, at Acupuncture Research Conference that was held in 2015, in the Harvard Medical School in Boston, in a study entitled Acupuncture Viewed Holistically Can Treat all the Patients Symptoms at the Same Time [14-20].

As the author said in the introduction section, she is following Hippocrates quotes and one of his thoughts was that we need to consider other scientific gains and traditions prior to the knowledge we have nowadays [14-20].

In this section, the author will explain the concepts in traditional Chinese medicine, to understand what has behind of symptoms of ageusia and anosmia, in the energy point of view, at the root of the tree, showed in the figure 1 [14-20].

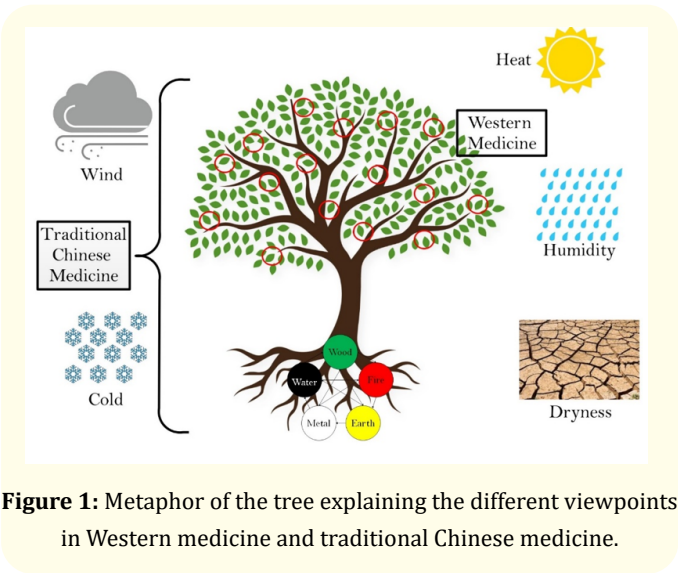


Figure 1: Metaphor of the tree explaining the different viewpoints in Western medicine and traditional Chinese medicine.

As you can see in the figure 1, this tree is a metaphor the author has been using for a while to explain the differences and integration between TCM and Western medicine point of view. The tree has a trunk with several branches. Each branch represents one medical specialty and each leaf coming out of each branch represents the symptoms and diseases that each specialty usually treats. The leaves and the branches are the visible part and the object of study and practice in the Western medical profession because of the curriculum offered in the medical schools around the world [14-20].

In this article, the author will focus in the root level, not visible by the naked eye and not considered by Western medicine physicians because the thoughts that is basing today in all medical faculties is according to Galen, a Greek physician that wrote many theories about the anatomy of the human body and other theories, that Western medical schools are using nowadays [14-20].

In TCM reasoning, when treating the root, we can treat all the symptoms and disease at the same time, as the case described by the author (leg pain and glaucoma) and mentioned in many Chinese medicine literatures [14-21]. The roots of the tree represent the theories of the Five Elements and Yin and Yang [14-20].

TCM sees the individual as a whole, considering the influence of internal and external factors. Internally, the emotions, externally, the external pathogenic factors, such as Cold, Wind, Heat, Dryness and Humidity [14-20].

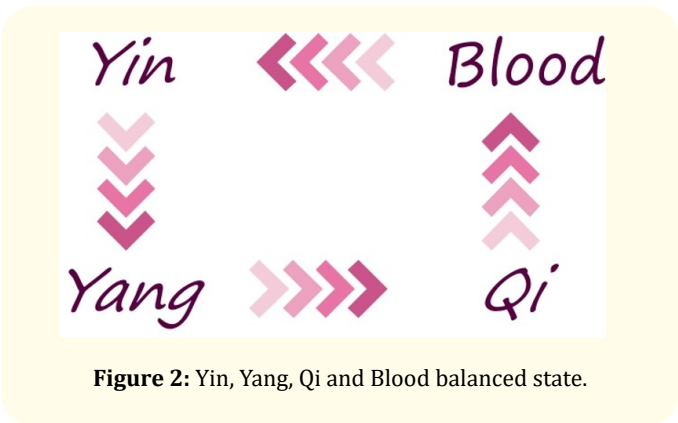


Figure 2: Yin, Yang, Qi and Blood balanced state.

One of the theories that are in the root level in the theory of Yin, Yang, demonstrated in the figure 2 [14-20].

Yin and Yang are two opposite and complementary forces that exist in our world, in everything, including the human body. A possible example is day and night, men and women, good and bad [14-20].

For Yin and Yang energy to flow, two other energies have to work in harmony with it: Qi and Blood, as showed in the figure 2 [14-20].

Qi is basically the energy that circulates throughout your body [14-20].

Qi moves the Blood that means if Qi stays stagnant long enough, then the local body fluids that are supposed to be flowing begin to stagnate as well [14-20].

To achieve health, the main aim is to balance these four energies Yin, Yang, Qi and Blood, shown in the figure 2 [14-20].

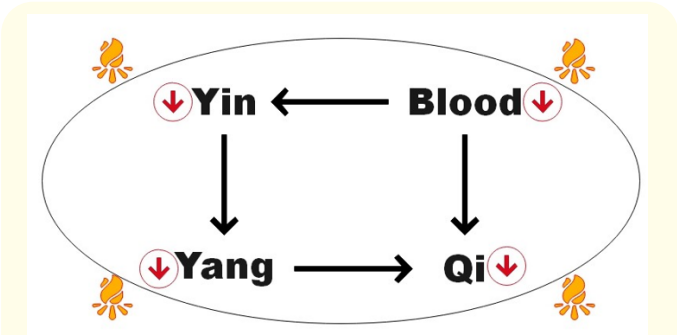


Figure 3: Formation of internal Heat when there is lack of energy of one or combinations of energies disturbances between Yin, Yang, Qi and Blood.

The lack of energy of one of these energies or a combination of them can lead to the formation of internal Heat inside the body, as you can see on the figure 3 [14-20].

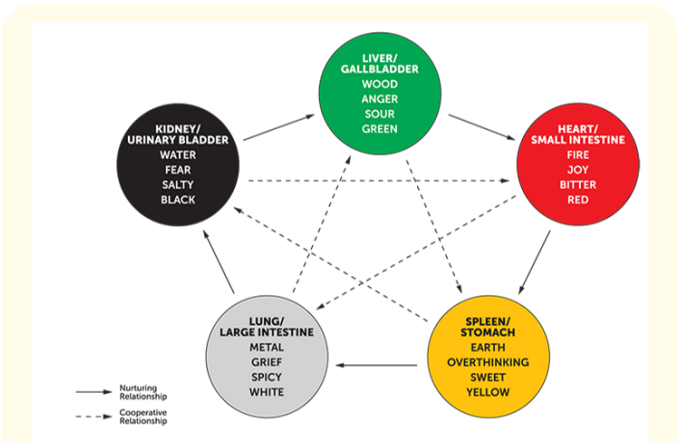


Figure 4: Five Elements Theory (generation cycle- full lines and control cycle- dotted lines).

The other theory based upon traditional Chinese medicine principles of treatment is the Five Element theory, shown in the figure 4. The Chinese wise men were able to observe another feature from the nature, the relation between the five basic elements: Wood, Fire, Earth, Metal and Water. They observed a dynamic balance and relationship among these elements, in that they were so intertwined that if the balance was interrupted or destroyed, the elements would suffer [14-22].

In the human body, each element is associated with a massive organ. The Wood element corresponds to the Liver and Gallbladder, and has the eye as its external sensorial organ, being responsible for vision. The emotion that unbalances the Liver is anger. The Fire element corresponds to the Heart and Small-intestine, represented by the tongue and subsequently language. The emotion that unbalances the Heart is excessive joy. The Earth element corresponds to the Spleen and Stomach, represented by the mouth and being responsible for taste. The emotion that unbalances the Spleen is excessive worry. The Metal element corresponds to the Lungs and Large-intestine, represents the nose, and is responsible for the sense of smell. The emotion that unbalances the Lungs is grief. Finally, the Water element corresponds to the Kidney and Bladder and represents the ears and hearing. The emotion that unbalances the Kidney is fear [14-22].

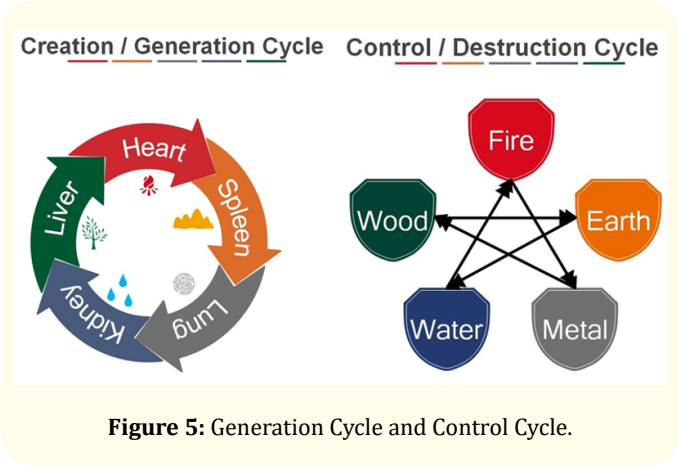


Figure 5: Generation Cycle and Control Cycle.

The first cycle of the Five Element theory is the Sheng Cycle, also known as the generating cycle, demonstrated in the figure 5. In this cycle, each element serves as a mother, which promotes the growth and development of a child element [14-22].

Each element provides a generating force for the element that follows. Wood easily burns and makes a Fire. Fire produces ash, creating Earth. The Earth contains mineral from which Metal is mined and extracted. When Metal is heated and cooled, Water drops will be found over the metal as a result of condensation. Thus, Metal creates Water. Water promotes the growth of trees, which are Wood. The cycle continually gives rise to change and transformation, as shown in the figure 5 [14-22].

Secondly, there is the control cycle. The part of this cycle is to prevent any element from becoming overwhelming or too powerful in relation to the system as a whole. It is called the grandmother and grandchild relationship. The grandmother element exerts healthy control over the grandchild element, shown in the figure 5 [14-22].

In this theory, Earth can stop the Water, Water can stop a Fire, Fire can melt Metal, Metal can cut Wood and Wood can consume Earth, as demonstrated in the figure 5 [14-22].

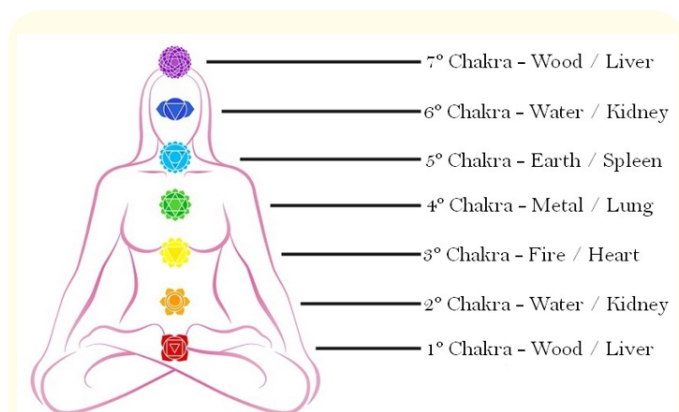


Figure 6: Chakras' energies centers and the Five massive organs.

It is also possible to make a relation between the five elements and the seven chakras in the Ayurvedic medicine, as demonstrated in the article *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use* written by Christopher R Chase. In this article, Christopher is correlating the seven chakras with the five massive organs in TCM. As it has seven chakras and only five elements, the first and seventh chakras corresponds to the Wood, the second and sixth corresponds to the Kidney, the third corresponds to the Fire or Heart, the forth chakra corresponds to the Lung and the fifth chakra corresponds to the Spleen, showed in the figure 6 [14-23].

In the article entitled *Linking pollution and infectious disease* written by Erickson in 2019, it is shown that environmental pollutants can interact with pathogens to change how people and wildlife respond to infectious disease. In some cases, pollutants decrease the immune response to vaccines, environmental pollutants increase the virulence of pathogens, such as making certain bacteria more resistant to antibiotics [24].

Zaporozhan and Ponomarenko in the article entitled *Mechanisms of geomagnetic field influence on gene expression using influenza as a model system: Basics of physical epidemiology*. In this article, the author is showing that the most important and universal are non-thermal interaction of cellular fields with cellular system. And that the magnetic constituent of the electromagnetic fields is responsible for the biological effects by penetrating in biological tissues [25].

In the article entitled *Stress, Energy, and Immunity an Ecological View* written by Suzanne C. Segerstrom, she states that immune system has energy made available. As this two words are in a state of formation and transformation, as demonstrated by the theory of Yin and Yang, immune system came from energy and energy came from immune system [26].

In the article entitled *5G Wireless Communication and Health Effects—A Pragmatic Review Based on Available Studies Regarding 6 to 100 GHz*, written by Myrtill Simkó and Mats-Olof Mattsson, they are showing in their research that the exposure to millimeter waves showed biological responses. But from this study, they do not conclude any thing about the effects of eletromagnetic waves in the health [27].

But in the clinical practice of the author, she notice some alterations in the enrgy of her patients, when submitted to the influence of the eletromagnetic waves. She have one female patient 68 years old, that was treating obesity, diabetes, pain in the knees and depression. In 2014, the physician did a chakras' energies measurement using radiesthesia procedure and the energy of this patient was altered but you could notice that the energy of each chakra were low but not absent (at that time she did not use cell phone). In 2018, she began to use cell phone and new chakras' energies centers measurement were done and revealed that all her chakras were in the lowest level of energy (rated one out of eight) , and she began to treat this lack of energy with the medications recommended by the author, to treat this condition (homeopathies medications according to the theory Constitutional Homaopathy of the Five Elements based on Traditional Chinese Medicine). In another article written by the author entitled *Can Biomaterial Surgical Implants Influence the Body's Health?* , published in september 2019, the author had a patient that was suffering from a severe depression state and it was discovered that it was caused by the implant

the patient did two years ago, after a motorcycle accident. After take out the metallic implants, the patient recovered two hours later his energy after the surgical procedure to take out the metallic implants. After this surgery, the patient returned to be reevaluate and the physician did a test to attest that it was that implant that was reducing his vital energy. This test is called O-ring test and this phenomena was discovered by a Japanese physician and using this test, the physician can see if some medication, food or any other material that you think to use inside the patient could harm or not the vital energy of the patient. In the article written by the author, she did the test using the metallic implant that was inside the patient and after, she used with the cell phone of the patient and in both situations, the vital energy of the patient decreased with the use of this device too [28].

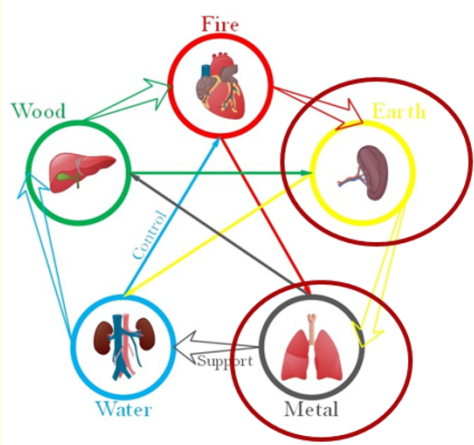


Figure 7: Generation cycle and Control cycle of the Five Elements and the organs affected when patient has anosmia and ageusia symptoms.

In the figure 7, the author is demonstrating that the fourth chakra (Lung) is the first one affected in patients infected with SARS-CoV-2, so the first symptom that could appear is the symptoms of upper respiratory tract infection symptoms (fever, mild cold, and dry cough with less sputum accompanied by headache, body pain, and dry pharynx). In the article in process for publication entitled Energy Alterations and Chakras' Energies Deficiencies and Propensity to Coronavirus Infection, written by the author and

presented in many webinars during 2020 (International Conference of Infectious Disease held in August 2020; Microbiology Conference 2020, Webinar Coronavirus and Vaccines held in October 2020), among many other webinars [29].

According to the book Acupuncture Therapeutic Manual, written by Tom Sintam Wen, the next energy meridian that follows the Lung is the Large intestine, that after, it sends the Qi to the Stomach, that sends Qi to the Spleen. The Spleen, when without energy, that we showed in the two cases reported in this article, that both fifth chakra were in the lowest level of energy, were responsible for the manifestation of anosmia symptom because each external sensorial organ depends on the energy of each massive organ that they correspond, as the author showed in the table 1 [30].

	Wood	Fire	Earth	Metal	Water
Orientation	East	South	Middle	West	North
Season	Spring	Summer	Late Summer	Autumn	Winter
Climate	Wind	Summer Heat	Dampness	Dryness	Cold
Cultivation	Germinate	Grow	Transform	Reap	Store
Yin Organ	Liver	Heart	Spleen	Lung	Kidney
Yang Organ	Gall Bladder	Small Intestine	Stomach	Large Intestine	Bladder
Orifice	Eye	Tongue	Mouth	Nose	Ear
Tissues	Tendons	Vessels	Muscles	Skin & Hair	Bones
Emotions	Anger	Joy	Pensive-ness	Grief	Fear
Colour	Blue / Green	Red	Yellow	White	Black
Taste	Sour	Bitter	Sweet	Pungent	Salty
Voice	Shout	Laugh	Sing	Cry	Groan

Table 1: Five elements, their correspondent five massive organs and the external sensorial organ that each massive organ commands.

According to Huangdi Neijing, Wind affects primary the highest parts of the body, such as face, skins and sweets glands and Lungs. When the body is invaded by the outside pathogenic factor, can lead to a mismatch in the opening and closing of the pores and leading to the manifestation of symptoms such as headaches, nasal obstruction, painful and itching throat, facial edema, abnormal aversion to Wind and perspiration [31].

Zheng Qi, is the energy that protects the body against the invasion of external pathofenic factor . This energy , is the sum of energy inherited and acquired. In pathogenesis, the appearance of disease results from a struggle between these two factors, Zheng Qi and Xie Qi [32].

When the body is weakened by an imbalance of Yin and Yang, a weather phenomenon can invade and become a destructive influence. A harmful influence is a natural event that becomes destructive only when the body has an inappropriate relationship with that influence in this state; the body is subjected to a conflict between the injurious influence and normal Qi. The pernicious influence first invades the Qi Protector. If the Qi Protector is durable, the destructive influence is expelled, and the person recovers [30].

Wind generates Humidity, Dryness and sometimes Heat, which invade the body as a result of Wind [31].

Wind is the leading cause of all diseases. It is considered the first pathogenic factor to produce disease. The influences of the six pathogenic factors as called six evils, are different on every one [31].

For example, the individual that goes from the cool and dry place to another warm and Damp place are more likely to to expose to the local alteration in the meteoological excess than natives of the region [31].

If could be considered a pathogenic factor with intense infectivity [31].

The patient recover when the destructive influence of this external pathogenic infection is expelled and the Qi protector is durable [31].

The penetration of this pernicious influence of this external pathogenic factor can occur when the body's Qi is insufficient to protect it from this influence, and the internal organs could be cauched by them [31].

In the case report one, the patient presented pain in the legs and hip, after feeling bad in the night before. During the night, the temperature reduces as the sun that heats the world is not working and in her case, was the factor inducing the pain in the body (invasion of external pathogenic factor that was Cold and Wind) [31].

TCM believes that man is a reflection of the universe, a microcosm within the macrocosm. The same climatic energies that are on the outside are found inside [31].

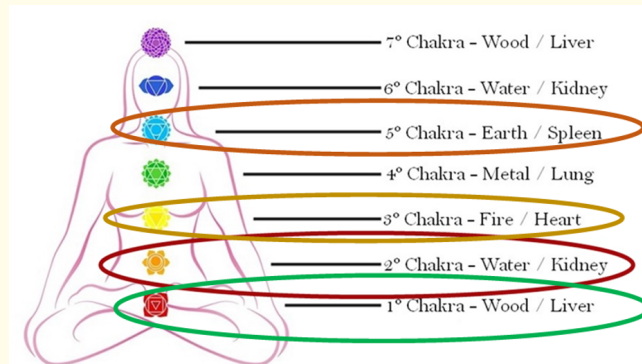


Figure 8: Chakras' energies centers and their representation in the Five Elements in TCM.

The Yin and Yang energies are produced in the second chakra on the Kidney. The fifth chakra (Spleen) absorbs nutrients and is where the Blood is formed. Blood is stored in the first chakra which is the Liver and is commanded by the third chakra which is the Heart [14-20].

The distribution of energy, or Qi, occurs in the first chakra, which is the Liver, and the fourth chakra, which is the Lung, all, showed in the figure 8.

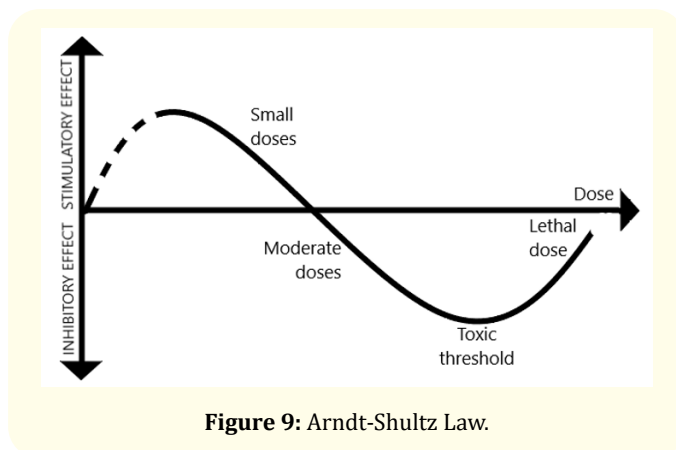
In order for Blood flow thought out the body, there is a necessity of the maintenance if the energy of Yin, Yang, Qi and Blood adequately, to the patient have health, as shown in the figure 2. But

as the author demonstrated in her research that the majority of the patients are in the lowest level of energy, it is necessary tone the energy of all these organs that is in the weakest level of energy (Spleen to absorb nutrients and produce Blood. Tone the Kidney, to produce Yin and Yang adequately. Tone the first and third chakra (Liver and Heart respectively) to promote the distribution of energy thought out the body, to others cells and organs [14-20].

In TCM, these external pathogenic factors are believed to invade when the body of the patient's is weakened in energy (Zheng Qi). Traditional Chinese medicine literature understand Zheng Qi as the ability of the organism to protect itself from the influences of the external pathogenic factors, exposed in the tree metaphor, as well as the ability of the organism to recover after damaging influences or energy imbalances caused by emotional distress or a bad diet [31].

Energies imbalances occurs as a result of breakage of the relationship between real power and pathogenic power (Zheng Qi - Xie Qi). When the balance is disturbed, the Yin and the Yang no longer fit, and the body becomes vulnerable to the damaging effects of a pernicious influence. For TCM, the root of most diseases is a serious imbalance of the various energies systems of the body organs and the lack of overall functional harmony of the entire structure, which occur unfailingly when an organic imbalance exists [14-20].

The human body has the capacity to resist different pathogenic factors and to maintain a relative balance inside the body and between it and the outside world. This ability to resist is called Zheng Qi that is the ability of the body to resist pathogens. It is a term of TCM that is preserved in the kidneys, is inspired by nature, and comes from consumed water and rice [31].



Another important fact that could reduce the energies of the organs is the use of high concentrate medications that must be done with caution by all the physicians, because according to Arndt-Shultz Law small doses stimulate, moderate doses inhibit and overdoses kill, as showed in the figure 9. Therefore, highly diluted medications would improve organic processes, while high concentrations would be harmful for health, decreasing the vital energy. In the cases reports in this article, all patients were in the lowest level of energy, with the exception of the seventh that was normal [32].

In this case, when receiving highly concentrated medications, they could induce more reduction in the vital energy, leading to worsening in the symptoms very well described in the literature such as Management of post-acute covid-19 in primary care, written by T Greenhalgh, where he studied patients that were treated in the hospital or in their houses for COVID-19, and what he found in these patients was that the majority of them was having fatigue and dyspnea symptoms after their treatments, among other symptoms [33].

In the case of the first case report patient, she works in the homeopathy pharmacy in Brazil and used the medication called coroninum 30CH and was in taking this medication 5 globules three times per day. These medications were done by Brazilian pharmacy from the secretion of patients that was in treatment of COVID-19 patients and the use of this medication seems good for the evolution of this patient that improved her symptoms and strength after one dose of this medication from one day to another. The same occurred to her husband that improved his condition after in taking this kind of medication [33].

To demonstrate the research, the author did in her clinic in Brazil from 2015 to 2020, analyzing the results of 1000 patients' chakras energies centers, as showed in the table 2, she revealed that more than 90 percent of the patients were in the lowest level of energy, rated one out of eight, in the table 2. But even this sample is only the patient from her clinic, what seems for her is that this lack of energy could be in the majority of the population in this world, due to the 5G technology. As the author showed in some studies about this subject, according to some studies, they cannot conclude that the 5G technology could induce this kind of energies disharmony. But as these alterations are in the energy level, the research of this patients needed to be done in the energy point of view and not only looking at the symptom [28,34].

Age Chakras	02-19	20-59	60-80
7	8	8	8
6	1	1	1
5	1	1	1
4	1	1	1
3	1	1	1
2	1	1	1
1	1	1	1
Total of patients	26	170	86
Main Western diagnoses	Anxiety	Anxiety	Anxiety
	Depression	Headache	Knee pain
Main Chinese Diagnoses	Yin/Yang	Yin	Yin
	Yin/Blood	Yin/Yang	Yin/internal Heat
			Yin/Yang/internal Heat
Age Chakras	02-19	20-59	60-80
7	1	1	1
6	1	1	1
5	1	1	1
4	1	1	1
3	1	1	1
2	1	1	1
1	1	1	1
Total of patients	11	48	22
Main Western diagnoses	Anxiety	Anxiety	Anxiety
		Headache	Knee pain
Main Chinese Diagnoses	Yin/Qi/internal Heat	Yin	Yin/internal Heat
	Yin/Qi/ Blood/ internal Heat	Yin/Yang/ internal Heat	Yin/Yang/internal Heat

Table 2: Research showing the results of 409 chakras' energies measurements.

In every infectious process, there is a fight for energy inside our body to try to eliminate the external pathogen, causing a consumption of this energy that is already in the reserve to occur [28,34].

The infection only triggered a condition that the patient already had, caused by the increase in energy consumption that was already at the limit.

According to Hippocrates, the manifestation of diseases is a natural process of the body to the disease process and that the chief

role of the physician was to aid the natural resistance of the body to overcome the metabolic imbalance and restore the health and harmony to the organism [35].

In this article, the author is demonstrating how she did the replenishment of the internal organs to reestablish again the normal function of the external sensorial organs, such as lack of taste (ageusia) and lack of smell (anosmia). The author is an infectious disease specialist but have her reasoning based on traditional Chinese medicine too, demonstrated in all her articles and publications, she

is always showing the two points of view to the physician to understand in which degree of treatment she is taking about and how to get the results. As she lives in Brazil and difficult to find the Chinese herbs, usually used in China to treat the internal organs energies disharmony, she wrote a new theory in homeopathy aligning what homeopathy have until today and combining some explanations thought traditional Chinese medicine, to the physician understand the route of the energy flow inside the body and how is formed the disease, in the energy point of view. She is demonstrating in her research that, as homeopathy acts in the energy level, contrary to what Western medicine is treating, in the leaf level of the tree, it is important for the physician to understand what is occurring in the root level of this tree, showed in the figure 1 [22].

Homeopathy treats the patient by the principle of similarity, for example, if the person has a cough, shortness of breath, body pain, fever , for example, the substance that causes these problems will be sought and placed in a large dilution [14-20].

The homeopathic medicine Coroninum that the patient in the second case and her husband took is made from the secretion of patients who were infected with SARS-CoV-2 and in both proved to be effective. This medications was used in the simillimum theory created by Hahnemann as, this secretion came from the human infected by SARS-CoV-2 virus and if we diluted this medications in an infinitesimal times, it could treat this patient that have this same symptom, without causing the energies deficiencies when the patients is submitted to the use of highly concentrated medications, because as the author showed in this article, the patients are in the lowest level of energy and that is why it is important to give highly diluted medications to don’t cause harmful effect in the patient’s body [14-20,32].

Perhaps this homeopathy is an option to treat patients infected with SARS-CoV-2, mainly due to the fact that homeopathy does not decrease the vital energy of the patient, but studies are still lacking in relation to this homeopathy [14-20].

Chakras	Five Elements	Homeopathy Medications	Crystal Based Medication
1º Chakra	Wood/Liver	Phosphorus	Garnet
2º Chakra	Water/Kidney	Natrum Muriaticum	Orange Calcite
3º Chakra	Fire/ Heart	Sulphur	Rhodochrosite
4º Chakra	Metal/Lung	Silicea	Emerald
5º Chakra	Earth/Spleen	Calcarea Carbonica	Blue Quartz
6º Chakra	Water/Kidney	Tone 2º Chakra	Sodalite
7º Chakra	Wood/Liver	Tone 1º Chakra	Tiger Eye

Table 3: Homeopathy medications used in the replenishment of the chakras’ energies centers to treat patients with ageusia and anosmia infected by SARS-CoV-2.

Another very common symptom in patients infected with SARS-CoV-2 is the fatigue that is caused by the patients’ lack of energy that is intensified with the highly concentrated medications prescribed by doctors. The author presented this theme entitled Chakras Energies Deficiencies as the Cause of Fatigue Post SARS-CoV-2 Infection Patients Treatment presented at the microbiology webinar that was held on December 28th 2020 and will be the next publication of the author, demonstrating that the lack of energy in the chakras ‘energies centers are important in inducing this kind of symptom and can worsen when the patient is submitted to the use of highly concentrated medications [14-20,32].

After the treatment of SARS-CoV-2 infected patients, it is very important to treat the lack of energy in the chakras’ energy centers to treat the cause of lack of immunity that leads the patients to be sick and also treat the reduction in the energy level caused by the use of medications in high concentrations that is recommended for some doctors in the treatment of this kind of infection.

The process of toning the energy of the chakras must be done following the generation cycle of the Five Elements theory [22].

For example, if the physician starts with the medicine Silicea to tone the Lung that corresponds to the fourth chakra, then the

next step is to prescribe the Natrum muriaticum to treat the second chakra (Kidney), which will pass energy to the first chakra that is Liver, then we have to give the Phosphorus. The next step is to tone the third chakra (Heart) with Sulphur, which sends energy to the fifth chakra, that is treated with Calcarea carbonica and finally the fifth passes energy to the fourth chakra (Lung), closing the cycle. But not all patients need to be replenished with all medications. The sequence to give the medications will depend on the result acquired though the radiesthesia procedure [14-20].

The patient of the case 2, reported to do not feel improvement with the use of the homeopathies in the first month but the author notice that her clothes were less tight than in the beginning to her treatment. The body, when with less energy, will not have condition to work properly and will retain liquids inside the body as the kidney and the Spleen will not have energy to work properly. When the author gives the homeopathies medications, the internal organs begin to work more and her physical appearance improved, despite the patient did not see improvement in the first moment. But with the increasing potency after the use of the 30CHXX-20 and after 200CHXX-20 for each medication, the patient used the medications in 1000CH-XX 20 in a sequence described in the case report, and after few days, the patient an important improvement in her condition [14-20].

The crystal based medications and the homeopathies are used during a period of one year or more, where the physician needs to measure again the energies of the patients thought radiesthesia procedure to see if the patient needs or not to continue the medication. But according to the daily practice of the author, the patients still have to maintain the medications after one year because the results of this measurement after one year still not have goof results although the patients improved the symptoms. What she is seeing is that, if the patient stops to use the medications, it is very common to see relapses of the symptoms and diseases that the patient is treating, so she is still observing the evolution of this patient regarding the treatment of the chakras 'energies centers. The description of each crystal was published by the author in the article Why Are Diabetic Patients Still Having Hyperglycemia despite Diet Regulation, Antiglycemic Medication and Insulin? published by International Journal of Diabetes and Metabolic Disorders on March 2019 [22,34].

Regarding the use of Chinese dietary counseling, the author will not emphasize in this article as she showed in all her publications about the importance to change the dietary aspects in all kinds of treatments. As said by Hippocrates, make your food your medicine, and your medicine your food [14-20,35].

The use of moxibustion was extensively mentioned in the author's publications and in the case of lack of energy, it is the major importance to use this kind of treatment to improve the energy of the patient quickly, to reduce the percentage of patients that needs to be admitted in the hospital due to this reason. This is a very important procedure to treat patients that has lack of energy after SARS-CoV-2 infection. But the use of this procedure should be done by the physician that is trained to do it, because could cause harmful effect if giving in a wrong time of the infection [36].

There are some countries in Africa that has experiences in treating tuberculosis only doing moxibustion because this procedure can improve the internal energy, and in this case, improve the immune system, leading to a cure of this kind of infection, that have great percentage of resistance of the bacillum to the antibiotics [36].

It is important to emphasize the importance of increasingly integrating Western and traditional Chinese medicines, as in this metaphor with the symbol of Yin and Yang one representing the Western medicine (Yin energy) that is materialized energy and traditional Chinese medicine represents Yang energy that is non-materialized energy. Both medicines can work together to understand better how disease is formed in the deepest level, in the root of the tree, they are opposite but complementary, as shown in the figure 10 [14-20].

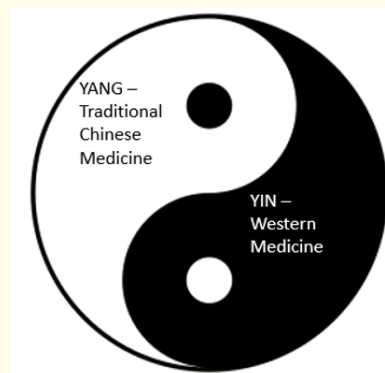


Figure 10: Metaphor of Yin and Yang energy bringing together TCM and Western medicine as complementary.

It is important to say that homeopathy was recognized by the Federal Council of Medicine in Brazil in 1980 and by the Council of Medical Specialties of the Brazilian Medical Association in 1990. Since that date, the Brazilian Homeopathic Medical Association has been conducting tests for the Title of Specialists in Homeopathy and acupuncture was recognized as a medical specialty by the Federal Council of Medicine (CFM) in Brazil in 1995 and has been joined by a significant contingent of physicians with great experience and already qualified in their specialties of origin [37].

Conclusion

The conclusion of this study is that patients with lack of sense of taste (ageusia) and smell (anosmia) who underwent to SARS-CoV-2 infection have internal organs energies deficiencies including the Lung and Spleen and the treatment replenishing these energies are very important to treat the cause of these symptoms. More studies with more patients are important to confirm these results. The author suggests the measure of the energy of the population of the entire world, to confirm the information that the majority of the people in all countries could be in the lowest level of energy and new measures regarding these findings needs to be done with respect to prevention and treatment of our patients in relation to SARS-CoV-2 infection. Patients with anosmia and ageusia need to be submitted a measurement of the chakras' energies centers and submitted to treatment replenishing these chakras to prevent and treat the formation of other diseases or infections in the future.

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