

The Importance of Correcting Energy Imbalances in the Prevention and Treatment of Myocardial Infarction

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Abstract

Introduction: A myocardial infarction (MI) occurs when the flow of blood to the heart is blocked. According to traditional Chinese medicine (TCM), MI symptoms suggest a clinical condition of Heart Blood stasis. The Blood circulation and flow is commanded by *Qi* energy, when this energy is deficient, it may lead to Blood stagnation or retention of Phlegm, responsible for cholesterol accumulation.

Purpose: Demonstrate the importance of treating energy imbalances to maintain the *Qi* and Blood circulating properly, and therefore prevent Blood stagnation and retention of Phlegm, which may lead to MI symptoms.

Methods: Two case reports. The first of a 48-year-old man, smoker, alcohol consumer, who suffered two MI's and performed clearance of the blocked coronary arteries. Currently, the patient intakes hypocholesterolemic and other high-concentrated medications. The second case is from a 56-year-old man, with history of one myocardial infarction, with three lesions in one artery. Both patients received: (A) Chinese dietary therapy reorientation, (B) Auricular acupuncture associated with apex ear bloodletting. (C) Chakra centers measurement and both patients presented depletion in the seven chakras rated 1 out of 8. (D) Crystal-based medications and homeopathy, according to the theory of the author entitled *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* (prescribed to treat chakras energy deficiencies).

Findings: In this study, another cause to MI was found: Deep lack of energy that may lead to future Blood energy stagnation, associated with energy deficiencies, responsible for the accumulation of phlegm, cause of cholesterol according to TCM reasoning.

Conclusion: For treatment and prevention of MI, it is necessary to see the patient in the energy level, correcting energy imbalances. As the energy imbalances are not visible to the naked eye, it is important for the physician to analyze the patient, not to treat only the symptom, but the root of the problem.

Keywords: Myocardial Infarction; Energy; Chinese Dietary Nutrition; Acupuncture; Traditional Chinese Medicine; Homeopathy; Crystal-based medication; Chakras

Introduction

In the past years, the author has been publishing several studies, all-aiming to establish the significance and effectiveness of an integral and individualized perspective, when treating patients for the most varied pathologies [1-8].

This idea started during the treatment of one specific patient 13 years ago. This patient was a 70-year-old man, who reported pain in the legs, and was diagnosed with Kidney-*Yang* deficiency, according to TCM. He received treatment with Chinese dietary counselling, acupuncture and auricular acupuncture associated with apex ear bloodletting [8].

With the treatment done, the pain in the legs diminished and the patient was submitted to an interview, 30 days after the treatment. The patient revealed that his eye pressure had also lowered, as his ophthalmologist confirmed. During the treatment, he had

not reported that he was being treated for glaucoma in the last 40 years with very few improvements in the eye pressure. With the treatment performed, his intraocular pressure of both eyes lowered from 40 mmHg to 17 mmHg [8].

This interesting case became the cornerstone of the author studies in the field, trying to comprehend how the treatment based on the root of the problem could treat different diseases and symptoms simultaneously and using the same methods [8].

Now, specifically for myocardial infarctions, the treatment done in Western Medicine nowadays is an exclusively localized treatment [9-11].

About 610.000 people die of heart disease in the United States every year, which corresponds to one in every four deaths. Therefore, prevention methods are important to try to reduce these numbers [12].

Purpose of the Study

To demonstrate the importance of treating energy imbalances to maintain the *Qi* and Blood circulating properly, and therefore prevent Blood stagnation and retention of Phlegm, leading to MI symptoms. The treatment done nowadays aims to corrected the obstructed local artery, not correcting the energy deficiency that could lead to Blood stagnation in the future, even without any artery blockage.

Methods

Case Study 1

On September of 2017, the patient, named R., 44-year-old male patient, weighted 94 kg, heighted 1.67 meters, had an acute myocardial infarction with cardiopulmonary arrest. The cardiologist noticed several important arteries obstructed and it was necessary to insert three stents to solve the problem.

The cardiologist recommended dietary changes, moderate exercise practice and control of stress and anxiety. According to the doctor, if he did not make the changes, the chances of having a new infarction would increase.

The patient also stopped smoking in November 2017, practice exercises constantly and struggles to lose weight.

On March of 2018, the patient had a second myocardial infarction. Two other stents were inserted due to new arterial obstructions. After the first infarction, the patient acquired strong insomnia, panic syndrome and depression.

The arterial pressure lowed from 120/80 mmHg to 90/60 mmHg.

The patient was oriented to seek for a psychiatric to treat the panic crises, depression, anxiety and insomnia, with the use of the drugs recommended for these aims.

Currently, he is consuming the following drugs: Clopidogrel, Bisoprolol, Amiodarone, Spironolactone, Furosemide, AAS and Simvastatin to treat the heart and hypertension.

Escitalopram, Donaren retard and Ansitec for anxiety, depression and insomnia.

The patient also lives with the side effects of all these medications.

After the report of the patient of his previous myocardial infarction, the authors' intention was to perform a treatment to balance, *Yin*, *Yang*, *Qi* and Blood energies, as in the evaluation of the patient, he presented deficiency in *Yin*, *Yang*, *Qi* and Blood energies, also presenting Heat retention.

This diagnosis was done by the author due to several questions answered by the patient. *Yin* deficiency due to excessive sensation of Heat in the body, *Yang* deficiency due to a background of having cold feet, *Qi* deficiency because of excessive sweat during the day,

even when not performing exercise and Blood deficiency due to not having daily bowel movements. The Heat retention diagnosis was done due to symptom of dry mouth.

The treatment was performed with Chinese dietary counselling, auricular acupuncture associated with apex ear bloodletting, as well as moxibustion, to treat the general state of emotional and physical health.

The Chinese dietary counselling received was to avoid all dairy products, cold beverages, mainly water, avoid raw food, sweets and wheat flour.

To evaluate the extension of the level of energy compromise in the patient, it was suggested the chakras energy measurement, in an attempt to comprehend the level of his energy deficiency.

As the patient had two previous myocardial infarctions, there was a huge possibility that he had a very deep energy deficiency, leading to the formation of such amount of fat accumulation in his coronary arteries and to the stagnation of Blood.

The energy of the chakras can be measured from 1 to 8, considering 8 the normal level of energy and 1 the minimum level of energy. All seven chakras of the patient were measured in 1.

Therefore, the patient was completely energy depleted, showing a lack of *Qi* energy, which would lead to accumulation of Phlegm in the arteries, more possibility of Blood stagnation, in this case on the Heart arteries, leading to MI.

With the result of the chakras measurement, the patient was submitted to a treatment with homeopathy (according to the Constitutional Homeopathy of the Five Elements, based on Traditional Chinese Medicine, a study created by the author, developed in 2015, and presented in several conferences worldwide) and crystal-based medications to replenish the energy of the chakras. As the lack of energy in the chakras was decreasing the formation of *Qi*, consequently leading to Blood stagnation and increasing the chances of having new myocardial infarctions.

All these lack of energies of all his chakras, mean that all his internal organs, according to TCM, the Five Elements, were without energy, and each organ is responsible for a specific function in the formation of energy, and can be imbalanced by one specific emotion.

Case Study 2

The patient named M.A.B, around 54-year-old. In November of 2017, the patient did a travel, what caused a lot of anxiety and fear, as he never had travelled in a plane and was scared. During this period, he walked a lot, doing exercise that he was not used too. On the travel he started feeling pain around his left arm, but he ignored it. In the night after his arrival, the patient started feeling strong pain in the left arm and decided to go to a pharmacy measure his arterial pressure.

After measuring his pressure, that was much altered he was sent to a hospital. In the hospital, he did several laboratorial exams, and went to the emergency, where he found out he was having a heart attack. The patient was sent to the ICU, where he stayed for four days, until a catheter was placed and he was released from the hospital in the following day, with a prescription of Clopidogrel 75 mg, Aspirin 100 mg, Atorvastatin 40 mg, Bisoprolol 10 mg, Candesartan 16 mg, as well as maintained the Pantoprazole 40 and Bromazepam he could not withdraw.

After 15 days, new laboratorial exams were done, and showed three lesions in one of the artery. Three months after, he returned to his cardiologist and was indicated to continue the use of his medications.

The patients' background: In 2009, the patient already had alterations in his cholesterol and triglycerides were altered (cholesterol above 300 mg/dl and triglycerides above 400 mg/dl. Since 2009, he started the use of the medications: Candesartan 8 mg, Lexotan 6 mg and Omeprazole 20 mg. He was never able to make his laboratorial exams regularly, due to his phobia of needles and blood. In October of 2017, his Candesartan was increased to 16 mg, due to irregularity in his arterial pressure.

The author starting attending the patient in 2017 after the MI and performed the measurement of the energy of the chakras, to analyze if there was an energy deficiency background influencing the condition of MI. The results showed that the patient had complete energy depletion in all his chakras, all rated 1 (the lowest level) in 8 (the normal level).

He started treatment in the same way as the first patient, with auricular acupuncture and apex ear bloodletting, Chinese dietary counselling, moxibustion, and crystal-based medication and homeopathy according to *Constitutional Homeopathy of the Five Elements based on Traditional Chinese Medicine* to replenish the energy of the chakras.

Results

In both cases, the patients who had previous MI presented deep energy alterations in all their chakras. Demonstrating that the energy of the internal organs (according to the Five Elements theory and its correspondence to the chakras theory) was weak.

The treatment done to replenish and rebalance the internal energies also aimed to diminish the amount of high-concentrated drugs intake and showed improvement in the quality of life of the patients. They feel more energy to daily activities. In the case of the first patient, the patient was able to have energy to perform more physical activities, and in the second case, the patient presented great improvement in his professional life as a sales person.

Discussion

According to Hippocrates Oath, until nowadays repeated by those who are becoming physicians, it is extremely important to consider other scientific gains and traditions within medicine, pri-

or to the knowledge we have nowadays. Therefore, it is important to consider what was said by ancient traditions, such as traditional Chinese medicine or hippocratic medicine [13].

Western medicine current treatment

According to Western medicine, the treatment of MI includes aspirin tablets, and injection of thrombolytic or clot dissolving drugs to dissolve arterial blockage such as tissue plasminogen activator, streptokinase or urokinase in blood within 3h of the onset of a heart attack [9-11].

According to Western medicine, the heart attack can be prevented by taking early action to lower those risks, controlling diet, fat, cholesterol, salt, smoking, alcohol, drugs, monitoring blood pressure every week, doing exercise every day, and losing body weight [9-11].

The painkillers such as morphine or meperidine can be administered to relieve pain. Nitroglycerin and antihypertensive drugs such as beta-blockers, ACE inhibitors or calcium channel blockers may also be used to lower blood pressure and to improve the oxygen demand of the heart [9-11].

The usual tools for diagnosis in Western medicine are electrocardiogram, coronary angiography and X-ray of heart and blood vessels, in order to observe the narrowing of coronary arteries [9-11].

Myocardial infarction is a term used for an event of heart attack, which is due to formation of plaques in the interior walls of the arteries resulting in reduced blood flow to the heart and injuring heart muscles because of lack of oxygen supply [9-11].

The symptoms of MI include chest pain, which travels from left arm to neck, shortness of breath, sweating, nausea, vomiting, abnormal heart beating, anxiety, fatigue, weakness, stress, depression, and other factors [9-11].

According to Western medicine, the immediate treatment of MI includes taking aspirin, which prevents blood from clotting, and nitro-glycerin to treat chest pain and oxygen [9-11].

The tree metaphor, Yin and Yang, five elements, Qi energy and physiopathology of the MI

In order to explain the reasoning used by the author, and the importance of an energy-based treatment, the metaphor of the tree was developed, presented in several countries, and published in a variety of studies of the author [1-8].

In this metaphor, the author explains that the tree has a trunk with several branches. Each branch represents one medical specialty and each leaf coming out of each branch represent the symptoms and diseases of each specialty. The leaves and the branches are the visible part and the object of study and practice in the Western medical profession. The focus is to treat each leaf in each specialty. In the case of MI, the treatment done by Western medicine

Figure 1: Schematic drawing of the views of western and traditional Chinese medicine.

aims to treat in the leaf-level, as the MI is a symptom, represented by a leaf in the cardiology branch [1-8].

In the root of the tree, it is possible to see that there is energy alterations that when balanced can generate health to the whole tree.

To understand the importance of the energy concept in the health of the body, the author searched ancient medical traditions, such as traditional Chinese medicine. Traditional Chinese medicine comprehends diseases and symptoms as reflexes of imbalances in the energy flow [14].

Everything in the world is formed by energy, including the human body. Traditional Chinese medicine considers that different energies inside the body have to be maintained in balance for achieving a state of health. These energies are *Yin*, *Yang*, *Qi* and Blood and different aspects and behaviors can influence the body, such as emotions, diet and external factors [15].

The body has 12 major energy meridians, which are specifically distributed and linked to the five massive organs or Zang-Fu organs of the Five Elements Theory. When these organs or meridians are imbalanced, diseases can be formed. These organs are formed by *Yin* and *Yang* energies and their imbalance will influence the state of health of a person [1-8,14,15].

The reason of this study is to address which are the energy alterations present in the root level, responsible for myocardial infarction. The two theories in the root of the tree are the Five Elements Theory and the *Yin* and *Yang* theory [1-8].

In the Theory of Five Elements, in the human body, each element represents an organ, and each one is responsible for an external sensory organ and are the source of energy for their proper functioning. This system of energy is interlinked and the influence of one element or one organ with the others is dynamic and not fixed or isolated [15].

The Wood element corresponds to the Liver and has the eye as its external sensory organ and is responsible for vision [15].

The Fire Element corresponds to the Heart and represents the tongue and subsequently language [15].

The Earth Element corresponds to the Spleen, representing the mouth and is responsible for taste [15].

The Metal Element corresponds to the Lungs and represents the nose and is responsible for the sense of smell [15].

The Water Element corresponds to the Kidney and represents the ears and is responsible for hearing [15].

The three main massive organs involved in myocardial infarction are believed to be the Spleen, Liver, and Kidney though the Heart is obviously involved by virtue of the fact that it controls the circulatory system [16,17].

The physiopathology in the energy level is believed to involve the production of internal “dampness” and “phlegm” that leads to internal obstruction including “*Qi* stagnation” and “Blood stagnation” [16,17].

The formation of dampness and phlegm comes from the imbalance of the Spleen meridian, a massive organ of the Five Elements Theory [15].

The Liver is responsible for the distribution of energy in the body, when imbalanced this contribution is compromised. This malnutrition will lead to decrease in *Yin* and *Yang* energy, produced by the Kidneys, and decrease in the energy of the Liver, responsible for energy distribution. Without energy to circulate properly in the body and blood vessels, blood stasis and *Qi* stagnation can occur [15].

The Spleen is responsible for the absorption of nutrients in the body and therefore, by the formation of Blood [15]. When the Spleen meridian is imbalanced, it will start liquid retention and accumulation of phlegm [1-8].

The cause of imbalanced Spleen meridian is linked to emotion and diet [15].

Spleen *Qi* deficiency is believed to be the most important factor in pathogenesis of myocardial infarction, consistent with theory which holds that “dampness” and “phlegm” are produced by a malfunctioning Spleen [15]. Therefore, if the Spleen is imbalanced, it will cause a decrease in the absorption of nutrients, leading to reduction in the formation of Blood, and leading to the malnutrition of the other massive organs.

According to Western Medicine, the myocardial infarction is linked to formation of fat, cholesterol and other substances plaques in the arteries [9-11].

The formation of these substances in the arteries is linked to a malfunctioning Spleen meridian, in the energy level [16,17].

The emotion that imbalance the Spleen is excessive worry, very common nowadays. The dietary factors linked to imbalance of the Spleen meridian is: cold water, raw food, dairy products and sweets [15].

Blood stasis refers to a retardation of blood circulation, locally or systemically. *Qi* and Blood stagnation may occur because of phlegm "blocking." *Qi* stagnation may lead to Blood stagnation and vice versa (Blood carries *Qi*); *Qi* and Blood stagnation often occur concurrently [15].

Yin, Yang, Qi and Blood

According to the *Yin* and *Yang* theory, all the universe is formed by *Yin* and *Yang* energies including the human body [15].

In 2015, in an Acupuncture Research Conference, which took place in Boston, Harvard Medical School, the author presented a study regarding the balance between *Yin*, *Yang*, *Qi* and Blood energies, affirming that the balance of *Yin*, *Yang*, *Qi* and Blood energies can treat different diseases simultaneously from different specialties [1-8].

Regarding this topic, it was observed in both case reports, that the patients presented deficiency in all the energies (*Yin*, *Yang*, *Qi* and Blood), leading to more stagnation of Blood due to deficiency in the energies to make the energy of the Blood move. Without energy to move the Blood, it will stagnate in the energy-level, even when there is no arterial blockage [1-8].

In both patients, there was already arterial blockage diagnosed, but they were still having a diet that would increase the energy imbalances, specially a deficiency in the Spleen Meridian, causative of cholesterol according to TCM [16,17].

This is why the patients received Chinese dietary counselling to drink lukewarm or warm water, eat more boiled food, and avoid dairy products and sweets, in order to tone the Spleen meridian [1-8,15-17].

To tone the *Yin* and *Yang* meridians, the patient were oriented to avoid coffee, soda and matte tea. Toning *Yin*, *Yang* and Blood, the *Qi* energy will be toned already, without needing specific treatments [1-8].

Energy based treatment for MI

It is possible to do an analogy to the accumulation of cholesterol and fat build-up in the coronary arteries as a tunnel in which garbage is being accumulated. The *Qi* energy is responsible for the clearance of this garbage. This metaphor was first presented by the author in Rome, in the Global Conference on Cardiology in May 2019, and after in Paris, in the Global Heart Conference, in July of 2019.

When the *Qi* energy is deficient, the power to clean is weak or has no strength at all. With the use of the Simvastatin and other high-concentrated medications, according to Arndt-Schultz law, more better-explained bellow, *Qi* will decrease more and more,

Figure 2: Schematic relationship *Yin*, *Yang*, *Qi* and blood.

leading to more accumulation of garbage, provoking the increase of the plaque, as mentioned in the first case report.

In TCM, the diet mainly associated with the formation of phlegm and obstruction of the heart is the use of white flour and melted cheese, very common in the Western cuisine [1,8].

The concepts of "health and disease" can be understood in a different way, mainly focusing in the concept of balance [14]. Many times, what is considered normal by Western medicine, may be triggering a disequilibrium in the state of health of the patient, starting an imbalance of internal energy [15].

The physician can search for the answer at the root of the problem, at the source of the energy imbalance itself, aiming for the balance of *Yin*, *Yang*, *Qi* and Blood energies, as demonstrated in the case of the patient with leg pain, that was mentioned in the Introduction, that originated other studies of the author, in varied specialties, and treating different diseases, always aiming to explain the importance of an energy-based treatment, focused in the *root-level* and not only on the symptoms [1-8].

In the case of myocardial infarction what is done in Western medicine is important to save the life of the patient, but the author is emphasizing the importance of treating the energy imbalance presented by the patient, to prevent other stagnation of blood and formation of plaques, the treatment in the energy level is important to maintain the energy circulating adequately and therefore, prevent future events of myocardial infarction [1-8,15-17].

Western medicine reasoning is based on the treatment proposed by Galen, the first physician to propose the independence between the organs [1-8]. He proposes that a diseased organ have to be treated independently and that the health of an organ will not directly influence the general health of other organs. He influenced all the medical schools around the world and focused the treatment in Western medicine to a localized path. In the case of myocardial infarction, for example, the focus of the clinician will be the obstructed artery in the heart [1-8].

The patient in the first case report was also diabetic and hypertensive. This article published by the author in March 2019, entitled Why Are Diabetic Patients Still Having Hyperglycemia despite

Diet Regulation, Antiglycemic Medication and Insulin?, correlates the hyperglycemia with deficiency in the chakra centers energy, and according to TCM it is related to *Yin* deficiency and Heat retention [18].

What the author concluded in these two cases, is that both diabetes and hypertension, and other chronic diseases come from the same root, that in this case are the deficiency of the energy of the chakras, correspondent to the deficiency of the internal massive organs in the Five Elements theory.

Both patients in the case reports were also hypertensive, there are other studies of the author being developed to discuss the relationship between hypertension and energy imbalances. Those studies were presented in two conferences in 2019, one in Rome in May, entitled Global Conference on Cardiology, as well as in August of 2019 in the Global Heart Congress, in Paris. This study was also published in December of 2019, by the ARC Journal of Nephrology, under the title *Energy Alterations as the Underlying Cause of Primary Hypertension*, in which the author demonstrates that alterations on the arterial pressure is related to the chakras energy deficiencies found on the studied patients, and the treatment with replenishment of the chakras energy can lead to diminution of arterial pressure, or even normalization, diminishing the necessity of the use of the medication for hypertension used by the patients, or even withdrawing it completely.

Around 10 to 30% of patients that have angina will have normal epicardial coronary arteries [19]. According to traditional Chinese medicine, this can be explained because the disease always will appear first in the energy level [1-8]. Maybe, there is not a physical obstruction in the exam, but the patient will have angina symptoms due to stagnant Blood and deficient *Qi*, in the energy level, not appearing in the usually done laboratorial exams. This is why it is important to consider the energy in the diagnosis and treatment, because if treating the patient only when he already has an obstruction in the arteries, it would be in a very late phase [1-8].

According to the table 1, about the phases of the disease, the appearance in the laboratorial exams occurs in phases 4 and 5, when the disease has symptoms but the alteration is in the energy level, not appearing in the laboratorial exams [1-8].

In the case of the second patient, when he decided to do checkup in 2009, all his exams were already altered, demonstrating that he was suffering from an imbalance in the energy level for at least five years, when he was diagnosed with altered triglycerides and cholesterol, diminishing the flow of blood energy.

It is important to notice that in the same way of the patients described in the case reports, many patients with history of myocardial infarction use many different medications in high-concentration. Usually to control diabetes, cholesterol, hypertension, depression, anxiety, besides the medications to the heart. All these diseases are mainly linked to the deficiency of the energy of the chakras.

Progression of health to disease				
	Organ	Exams	Energy Reserve	Symptoms
Phase 1	Slowing down of organ functions	Normal	Energy reserves-normal	With clinical symptoms
Phase 2	Slowing down of organ functions	Normal	Consumption of internal energy reserves	With symptoms in other organ
Phase 3	Slowing down of organ functions	Normal	Consumption of external energy reserves	With symptoms in same organ
Phase 4	Reversible cellular lesion	Little alternation	Consumption of blood reserves	Curable disease
Phase 5	Irreversible cellular lesion	Excessive alternation	Metabolic exhaustion	Incurable disease

Table 1: Phases of the disease.

All this indiscriminate use, can, according to the Arndt-Schultz law in figure 3, cause reduction in the vital energy, leading to a stagnation of the energy flow [20], being able to lead to development of other infarction, strokes, thrombosis and other diseases, even increasing the chance of having cancer, as the incidence of cancer is also associated with lack of energy in TCM [20].

Arndt-Schultz law

The rule states that for all substances, small doses stimulate, moderate doses inhibit and overdoses kill [20].

According to the Arndt-Schultz law, the use of high-concentrated drugs will diminish vital energy that was already low. The treatment that is done nowadays with high-concentrated medications, can be one of the reasons of the continuous low energy level in

patients with previous myocardial infarction and other chronic diseases [20].

The graph of the Arndt-Schultz law can be seen in figure 3.

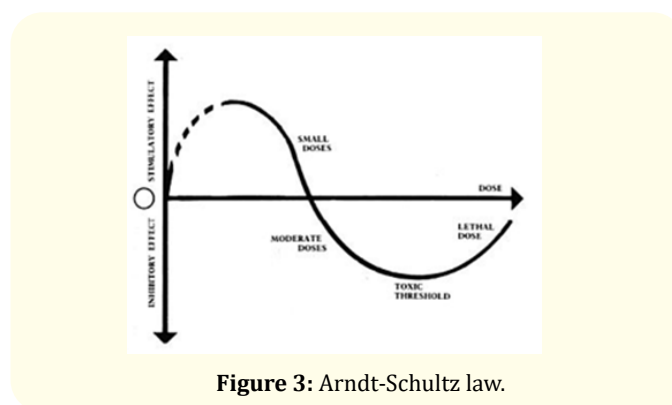


Figure 3: Arndt-Schultz law.

Yin and Yang metaphor of Western and traditional Chinese medicine

In order to treat patients with myocardial infarction as a whole and in a more effective way, the physician has to comprehend the importance of the different medicine perspectives. The body and therefore, the possible treatments, is not only physical and constituted by organs and tissues. It is formed by energy. In Figure 4, a metaphor of *Yin* and *Yang* as the different kinds of medicine was created by the author. Nowadays, these two perspectives are separated, but they are different in perspective but can be complementary. One cannot exist without the other [18].

Traditional Chinese medicine can be considered as *Yang* energy is a part of energy, and Western medicine is considered *Yin* energy, already materialized. In the same way of the relationship of the *Yin* and *Yang*, traditional Chinese medicine starts where Western medicine ends, and vice-versa. The relationship is not static, but dynamic [18].

Figure 4: Traditional Chinese medicine and western medicine - Yin and Yang metaphor.

Conclusion

The conclusion of this study is that to prevent and treat the patients with myocardial infarction, it is necessary to see the patient as a whole, at the energy level, and not only the diseased organ affected. To this aim, it is important to perform the treatment considering the patient holistically, in the emotional and dietary aspects from the energy point of view, not exclusively from the nutritional point, that are the main causes of the energy imbalances. The non-treatment and the correction of the energy imbalances can maintain the factor that is causing the myocardial infarction. It is also important to review the kind of medication that is used nowadays, to prevent the lack of energy caused by the high-concentrated drugs use that is leading to the maintenance or worsening of the energy imbalances responsible for the Blood stagnation, leading to the condition of angina or myocardial infarction.

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