

Yumie Pulse 1 Concept

Yumie Osada*

NPO Corporation Five Elements Japan, Tokyo, Japan

***Corresponding Author:** Yumie Osada, NPO Corporation Five Elements Japan, Tokyo, Japan.

Received: March 09, 2020

Published: March 20, 2020

© All rights are reserved by **Yumie Osada**.

Pulse testing has been performed for a long time and is important in diagnosis.

Recent traditional Chinese medicines are included in the diagnosis, which is one of four medical examinations.

Yunani medicine (Greek medicine and Arabic medicine), which has long been used in Ayurvedic (traditional Indian medicine), is a fluid pathology theory that imbalances in body fluids cause disease (humoral pathology) In order to know the state of the body fluids, it was focused on the pulse test along with the urine test.

The basis of the diagnosis is said to be a pulse test.

What I thought about Yumie Pulse.

Cancer patients with a life expectancy of one month are cured and early cancer patients die. I thought about it from this experience.

I felt that there was something wrong with the body.

I chose pulse test as a diagnostic method for physical changes.

As a result, the mechanism of organs and food was found in 40,000 statistics.

By capturing changes in the body from the tibia artery, it was found that the symptoms of the disease can be greatly improved by supplementing and eliminating the nutrients that the organ currently needs and nutrients that do not enter.

This diagnostic method is Yumie Pulse Diagnostics.

I'm writing in a book, too.

First, I think of magma veins and glacial veins.

Magma pulse

- Hold the tibia artery (2g to 8g tsubo) to feel the vein.
- Pulse 90 or more.
- A condition in which you feel heat inside the body.

For instance

- catching a cold
- Hyperthyroidism
- Cardiovascular diseases, etc.

Glacial pulse

- Tibia artery pressing (9g to more) Feel.
- Pulse is 59 or less
- The heat of the body is down.

For instance

- Decreased basal metabolism
- Hypothyroidism
- Memory impairment
- Dementia, etc.

Nutrition and nutrients that lower heat for patients with magma veins

- **Potassium:** Because it cancels out the positive (sodium) that is stuck in the body, and moisture reduces the blood concentration, it becomes cool and easy to compete.
- **Foods with a lot of moisture:** It contains a lot of potassium and moisture, and it has less iron and protein to warm the body, so it cools the body.

- **Spicy foods:** When you eat something spicy, your body cools down because it becomes sweaty and gives you warm cells when you feel a sense of crisis and you have to cool it.

Nutrients and nutrients that warm the body for glacial patients

- **Protein:** It is a nutrient that warms the body and is a material for the muscles that produce heat.
- It is an enzyme of nutrients that make blood and muscle body, and its energy actively works and warms the body.
- **Vitamin E:** It dilates capillaries and protects warmed cells with improved blood circulation.
- **Iron:** It is an enzyme of nutrients that make the body of blood and muscle, and its energy works aggressively and warms the body.
- **Vitamin B1:** It helps enzymes that break down carbohydrates and warms the body by burning them as energy sources.

Chapter 1 divided the body of Yumie Pulse into magma and glacial veins.

Chapter 2 is the diagnosis of the “Yumie pulse” of the internal organs.

It is the content of the action that helps in the treatment of nutrients and nutrients necessary for the internal organs.

Assets from publication with us

- Prompt Acknowledgement after receiving the article
- Thorough Double blinded peer review
- Rapid Publication
- Issue of Publication Certificate
- High visibility of your Published work

Website: www.actascientific.com/

Submit Article: www.actascientific.com/submission.php

Email us: editor@actascientific.com

Contact us: +91 9182824667