



Analysis of Clinical, Laboratory and Bone Marrow Features in Dominant TPO, MPL and JAK2 Germline Mutated Hereditary Essential Thrombocythemia (HET) Versus Acquired MPL⁵¹⁵, CALR and JAK2^{V617F} Mutated ET in Myeloproliferative Neoplasms

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Abstract

Heterozygous germline gain of function mutation in the TPO gene induces increased levels of plasma TPO as the cause of dominant hereditary essential thrombocythemia (HET) in two families. Gain of function mutations of the Thrombopoietine (TPO) receptor/myeloproliferative leukemia (MPL) receptor in congenital dominant MPL^{S205N} mutated HET and acquired MPL⁵¹⁵ mutated ET are driver causes of normocellular ET without features of PV. The clinical spectrum of acquired JAK2^{V617F} mutated ET patients is featured by loose clustered pleiomorphic megakaryocytes in normocellular bone marrow with local increase of erythropoiesis, spontaneous endogenous erythroid colony formation (EEC), increased leukocyte alkaline phosphatase (LAP) score and low serum EPO levels consistent with prodromal PV. Each of the three variants of dominant heterozygous germline JAK2^{V617I}, JAK2^{R564Q} and JAK2^{H608N} mutated HET does induce cytokine hyperresponsiveness of the hematopoietic progenitor cells to TPO as the cause HET phenotype in blood and bone marrow with normal EEC, plasma TPO and serum EPO levels indicating the absence of PV features. EEC, LAP score and serum EPO levels are normal in MPL and CALR mutated ET and in TPO and JAK2 germline mutated HET patients. Dominant TPO, MPL and JAK2 germline mutated HET, acquired JAK2^{V617F} ET and MPL⁵¹⁵ mutated ET patients present with aspirin responsive Erythromelalgic Thrombotic Thrombocythemia (ETT) as a novel platelet microvascular thrombophilia in thrombocythemia at platelet count between 400 to 1000x10⁹/L or above. ETT was not recorded in CALR mutated ET at platelet counts between 400 and 1000x10⁹/L.

Keywords: Thrombocythemia; Myeloproliferative; Neoplasms; Germline

Introduction

Evidence for a decisive role of upregulated TPO in ET became available in the 1990s from observations in mice overexpressing a TPO transgene where increased TPO production resulted in a fatal myeloproliferative disorder [1]. High dose exposure to TPO in lethally irradiated mice grafted with bone marrow cells infected with a retrovirus carrying the murin TPO cDNA (TPO^{high} mice) developed a lethal myeloproliferative disorder of TPO induced megakaryocytic granulocytic myeloproliferation with reduced erythropoiesis in the spleen and bone marrow [2]. Normal wild type mice

respond to TPO treatment by increasing the number of platelets in the circulation and megakaryocytes in the spleen at day 7 to 10 and returned to pretreatment values at day 14 [3]. TPO treatment increased platelet counts 2.3 fold and increased number of megakaryocytes and CFU-Mks. TPO treatment had profound effects on the change of normal into large sized immature megakaryocyte morphology in wild type mice. TPO treatment of wild type mice induced decreased GATA-1 content in megakaryocytes followed by myelofibrosis associated with high levels of transforming growth factor beta-1 (TGF-β¹) expression in bone marrow and spleen

[3]. Continuous forced expression of TPO, (TPO^{high} mice) in mice induces megakaryocyte proliferation and differentiation and subsequently develop large spleen bone marrow fibrosis [1,2]. TPO^{high} mice engineered to overexpress TPO in their liver and those that received transplants of marrow cells infected with a TPO containing retrovirus develop thrombocythemia with massive bone marrow hyperplasia of megakaryocytes and granulocytes and hypoplasia of erythropoiesis followed by myelofibrosis and extramedullary hematopoiesis within 2 to 3 months and die from myelofibrosis thereafter [1]. Megakaryocytes from TPO^{high} rats and mice express high levels of TGF-beta-1 (TGFB1) in marrow extracellular fluids and plasma [3]. In wild mice TGFB1 mRNA expression in bone marrow and spleen was barely detectable before TPO treatment, and significantly increased in both organs after TPO treatment and returned to basal levels at day 14 [3]. Another growth factor produced by megakaryocytes, platelet derived growth factor (PDGF) was found to be upregulated in a fashion similar to TGFB1. High levels of TGFB1 mRNA in bone marrow and spleen cells in TPO^{high} mice were associated with high levels of TGF-beta1 protein in extracellular fluids from these organs. These experimental data on TPO in wild type mice in the 1990s predicted mutations in the TPO gene and TPO-Receptor (MPL) as candidate causes for essential thrombocythemia.

TPO mutated hereditary essential thrombocythemia: HET

An activating mutation in the TPO gene that causes hereditary essential thrombocythemia (HET) has been discovered by Skoda by the demonstration that the co-segregation of G to C transversion in the splice donor site of intron 3 in the TPO gene as the cause of dominant essential thrombocythemia (ET) in the Dutch HET family (Figure 1) [4,5]. The propositus case II3 of the Dutch HET family presented in 1986 with typical erythromelalgia complicated by acrocyanosis of a few toes followed by gangrene and amputation of toe (Figure 1). Recurrent erythromelalgia and acrocyanosis in 1986 typically responded to low dose aspirin but not to coumadin in the affected members of the Dutch HET family similar as has been first demonstrated by Michiels, *et al.* in 1985 for erythromelalgia caused by platelet mediated arteriolar inflammation and thrombosis in acquired ET [4,5]. Bone marrow histology of the propositus of the Dutch HET family (case II 3, figures 1 at age of 52 years) in 1986 showed increase of clustered large mature megakaryocytes compatible with ET and similar to increase of large megakaryocytes in acquired ET complicated by erythromelalgia in thrombocythemia of ET and polycythemia vera (PV) patients [4]. Follow-up bone marrow histopathology from the propositus at age 57 in 1991 (Figure 2) was very characteristic and diagnostic for ET. All features according to the 1980 Rotterdam diagnostic criteria (RCP) of ET proposed by the Thrombocythemia Vera Study Group (TVSG) [6,7], were present affected members of the Dutch HET family: 1: Increase of platelet count in excess of $400 \times 10^9/l$ in the absence of any cause or sign of reactive thrombocytosis. 2: Typi-

cally clustering and increase of enlarged megakaryocytes showing mature cytoplasm and hyperlobulated nuclei in a normocellular bone marrow. 3: No preceding or allied other subtype of myeloproliferative disorder (MPD) or myelodysplastic syndrome (MDS). 4: Normal cellularity of the bone marrow with only slight increase of fine reticulin fibers.

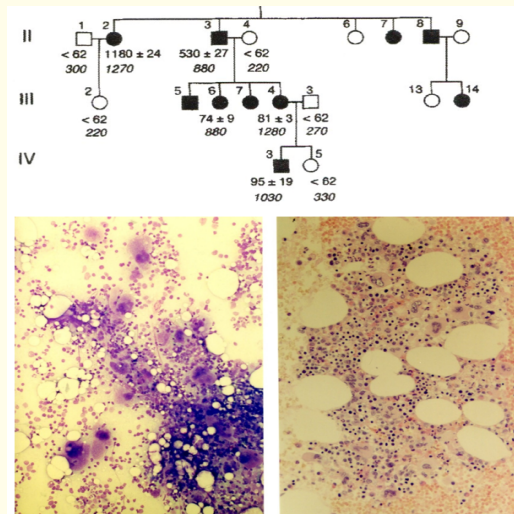


Figure 1: Dutch family with hereditary essential thrombocythemia (HET) caused by a gain of function mutation in the TPO gene with increased values for plasma TPO (normal value <62 pg/mL) and increased platelet counts (normal values < $350 \times 10^9/L$) [5,9]. Filled in symbols affected individuals, open symbols normal individuals. Lower part. Bone marrow morphology in smears and histology from biopsy (1986) in the propositus C3 of the Dutch HET family showing a normocellular bone marrow with increase and clustering of large mature megakaryocytes with hyperlobulated nuclei, and no significant increase of reticulin fibers (RF 0/1). Dr Ten Kate, Pathology Laboratory, Erasmus University Medical Center.

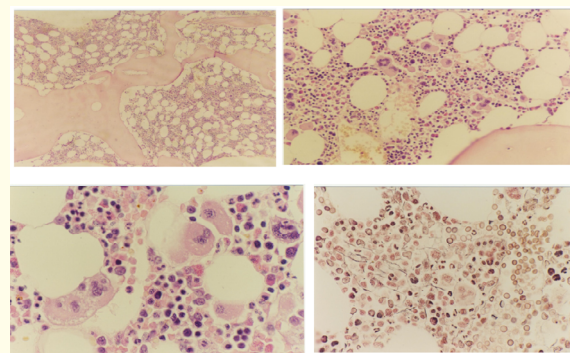


Figure 2: Bone marrow morphology (1991) showing increase and clustering of large megakaryocytes in bone marrow smear (left) and biopsy (right) in the propositus C3 of the Dutch HET family caused by a gain of function mutation in the TPO gene. Dr Ten Kate, Pathology Laboratory, Erasmus University Medical Center.

A second large HET family in Poland studied by Skoda was caused by an identical mutation C → G transversion in the splice donor of intron 3 of the THPO gene similar as in the dutch HET family [8]. The clinical presentation in 11 affected members of the Polish HET family was associated with a increased frequency of aspirin sensitive microvascular circulation disturbances due to increased platelet counts between 408 and 1340x10⁹/L with normal leukocyte and erythrocyte counts, no or minor splenomegaly (Table 1). Bone marrow histology revealed an increase of clustered megakaryopoiesis in a normocellular bone marrow with normal myeloid/ erythroid ratio and absence of EEC (Figure 3). The bone marrow histology of affected members of the Polish HET family was consistent with pefibrotic stage of ET featured by: 1. increase and loose to dense clustering of normal to medium sized mature megakaryocytes; 2. normal to slight increased cellularity according to age; 3. normal myeloid/erythroid ratio of bone marrow nucleated cells; [4] no increase of erythropoiesis; and 5. no increase of reticulin fibrosis (RF grade 0 to 1). As compared to controls, the clustered megakaryocytes were more compact, of normal to increased size with slightly hyperlobulated nuclei (Figure 3), but less pronounced as compared to JAK2V617F mutated acquired ET and prodromal PV.

All affected members of the Dutch and Polish TPO HET family showed no spontaneous endogenous erythroid colony (EEC) formation in the absence of EPO and had normal EEC responses in the presence of EPO. Thrombopoietine (TPO) receptor/myeloproliferative leukemia (MPL) protein expression in platelets were decreased reflecting down regulated MPL ligand or TPO-receptor [9]. The decreased TPO-receptor/MPL expression was associated with increased MPL mRNA expression in platelets indicating an increased MPL receptor protein turn-over metabolism. From these clinical, laboratory and basic research studies it can be concluded that increased levels of TPO in HET patients are indeed caused by a

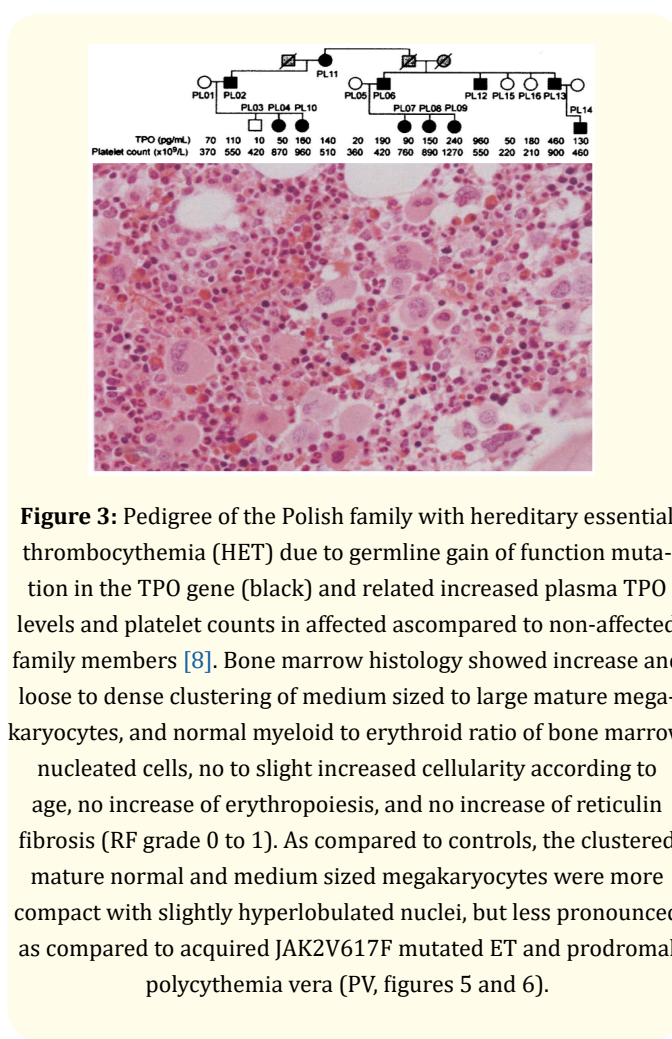


Figure 3: Pedigree of the Polish family with hereditary essential thrombocythemia (HET) due to germline gain of function mutation in the TPO gene (black) and related increased plasma TPO levels and platelet counts in affected as compared to non-affected family members [8]. Bone marrow histology showed increase and loose to dense clustering of medium sized to large mature megakaryocytes, and normal myeloid to erythroid ratio of bone marrow nucleated cells, no to slight increased cellularity according to age, no increase of erythropoiesis, and no increase of reticulin fibrosis (RF grade 0 to 1). As compared to controls, the clustered mature normal and medium sized megakaryocytes were more compact with slightly hyperlobulated nuclei, but less pronounced as compared to acquired JAK2V617F mutated ET and prodromal polycythemia vera (PV, figures 5 and 6).

gain of function mutation in the TPO gene as the cause of increased plasma TPO levels that activates the normal TPO-receptor/MPL pathway thereby producing the typical ET phenotype of increased platelet counts and increase of polyclonal megakaryocytes arising from normal polyclonal hematopoietic stem cells.

| Case HET | Age | Hb | RBC | WBC | Platelets | TPO HET associated symptoms |
|-----------|-------|------|----------------------|---------------------|---------------------|-----------------------------------|
| | Years | g/dL | x10 ¹² /L | x10 ⁹ /L | x10 ⁹ /L | |
| PL Family | | | | | | |
| PL11 | 84 | 15.0 | 5.0 | 10.6 | 550 | Acrocyanosis gangrene foot |
| PL12 | 59 M | 15.6 | 5.5 | 5.3 | 550 - 560 | not available (na) |
| PL13 | 58 M | 15.0 | 5.0 | 7.7 | 510 | not available (na) |
| PL06 | 56 M | 14.5 | 5.0 | 6.5 | 408 - 410 | None |
| PL02 | 50 F | 13.1 | 4.5 | 5.9 | 545 - 560 | None |
| PL04 | 30 F | 12.3 | 4.7 | 5.9 | 595 - 1300 | headaches, hypertension |
| PL07 | 28 F | 13.2 | 4.7 | 6.1 | 760 - 960 | TIA, miscarriage erythromelalgia |
| PL08 | 24 F | 13.5 | 4.7 | 7.1 | 750 - 890 | erythromelalgia venous thrombosis |
| PL09 | 24 F | 12.7 | 4.1 | 6.7 | 740-1340 | Transient ischemic attacks (TIA) |
| PL10 | 15 F | 14.2 | 4.1 | 10.6 | 960 | None |
| PL14 | 14 M | 12.3 | 4.6 | 6.2 | 460 | None |

Table 1: Clinical and laboratory features in 11 affected members of the Polish (PL) family with autosomal dominant hereditary essential thrombocythemia (HET) caused by germline gain of function mutation in the TPO gene.

JAK2^{V617I} and JAK2^{R564Q} mutated hereditary essential thrombocythemia: HET

Heterozygous JAK2^{V617I} germline mutation has been described as the sole driver cause of ET phenotype in dominant JAK2^{V617I}-positive HET phenotype with increase of constitutively activated hypersensitive platelet and completely normal values for haemoglobin, haematocrit, erythrocytes, plasma TPO and serum EPO levels in six affected members of one family (Figure 4, Table 2) [14,15]. Case C1 presented at the age of 53 with MRI confirmed ischemic cerebral vascular events (CVE) at platelet count of 750x10⁹/L, which had been present for more than 10 years at levels between 700 - 970x10⁹/L. Sister C7 was diagnosed with myocardial infarction at platelet count between 338 - 536x10⁹/L. The children C4, C3 and C2 had persistent thrombocythemia and were on maintained low dose aspirin. Mother C6 was diagnosed with myocardial infarction at age 65 and developed ischemic CVE at the age of 72 and was subsequently anticoagulated with warfarin. Laboratory features of six affected members of the dominant JAK2^{V617I} positive HET family revealed values for hemoglobin between 14.1 and 15.7 g/dL, red blood cells (RBC) between 4.6 and 4.9x10¹²/L, white blood cells (WBC) between 7.2 and 10.6x10⁹/L, platelet counts between 445 and 750x10⁹/L, and normal values for serum EPO, TPO and ferritin (Table 2) [14,15]. Bone marrow histology from case C1 demonstrated normal cellularity and architecture with increased numbers of clustered mature normal to medium sized megakaryocytes (Figure 4). Bone marrow histology from case C4 showed normal bone marrow cellularity and clustered increased numbers of normal to medium sized megakaryocytes (Figure 4) [15]. Staining for reticulin fibres in C1 and C4 showed no evidence of increased marrow fibrosis. Compared with controls, however, CFU-GM were increased and CFU-Mks were slightly increased in

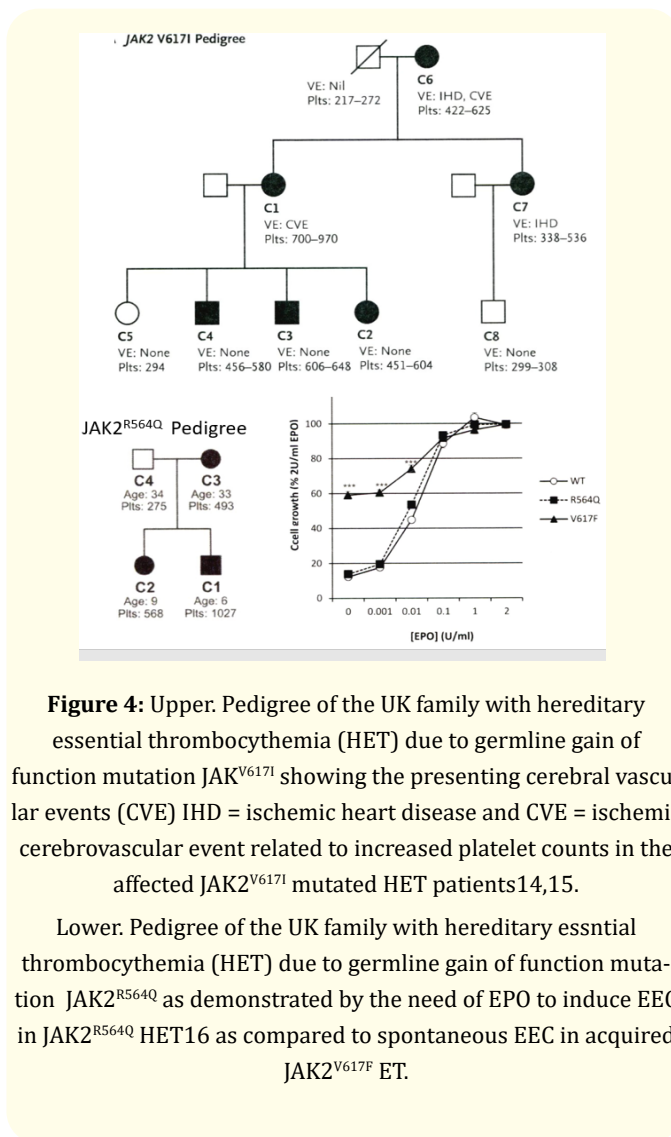


Figure 4: Upper. Pedigree of the UK family with hereditary essential thrombocythemia (HET) due to germline gain of function mutation JAK^{V617I} showing the presenting cerebral vascular events (CVE) IHD = ischemic heart disease and CVE = ischemic cerebrovascular event related to increased platelet counts in the affected JAK2^{V617I} mutated HET patients 14,15.

Lower. Pedigree of the UK family with hereditary essential thrombocythemia (HET) due to germline gain of function mutation JAK2^{R564Q} as demonstrated by the need of EPO to induce EEC in JAK2^{R564Q} HET16 as compared to spontaneous EEC in acquired JAK2^{V617F} ET.

| JAK2 ^{V617I} case | C1 | C2 | C3 | C4 | C6 | C7 |
|-------------------------------------|------------|------------|------------|------------|------------|------------|
| Age at diagnosis | 53 | 34 | 36 | 38 | 79 | 61 |
| Gender | F | F | M | M | F | F |
| Hemoglobin g/dL | 15.7 | 14.7 | 15.6 | 14.1 | 15.4 | 14.9 |
| RBC x 10 ¹² /L | 4.6 | 4.7 | 4.9 | 4.9 | 4.6 | 4.7 |
| MCV fl | 100 | 92 | 97 | 89 | 100 | 93 |
| WBC x10 ⁹ /L | 10.6 | 9.6 | 8.3 | 8.9 | 7.2 | 6.8 |
| Neutrophils x10 ⁹ /L | 5.9 | 5.5 | 4.5 | 4.3 | 3.9 | 4.7 |
| Platelets x 10⁹/L | 750 | 600 | 648 | 526 | 645 | 445 |
| EPO IU/L | nt | 9.1 | 5.9 | 10.6 | nt | nt |
| TPO pg/mL | nt | 99 | 113 | 79 | nt | nt |
| Ferritin ug/L | nt | 127 | 146 | 290 | nt | nt |
| V617I allelic level | | | | | | |
| MCN % | 51 | 52 | 49 | 50 | 51 | 51 |
| CD66 ⁺ % | 51 | 51 | 50 | 50 | nt | nt |

Table 2: Laboratory characteristics of six affected members of dominant JAK2^{V617I} positive Hereditary Essential Thrombocythemia (HET). Platelet counts in 6 affected family members ranged from 445 to 750x10⁹/L.

the BM of JAK2^{V617I}-positive ET cases but BFUEs were not affected, thereby confirming the ET phenotype and lack of erythroid phenotype in JAK^{V617I} mutated HET [15]. Heterozygous germline JAK2^{V617I} mutation induces sufficient cytokine hyperresponsiveness of the hematopoietic stem cells (HSC) to TPO but not for EPO as the mechanism to induce a homogeneous ET phenotype of increased platelet count in blood and megakaryocyte proliferation in the bone marrow without PV features [15].

Etheridge, *et al.* described a novel mutation JAK2^{R564Q}, identified in three affected asymptomatic family members with autosomal dominant hereditary essential thrombocythemia (HET) (Figure 4) [16]. JAK2^{R564Q} and JAK2^{V617F} have similar levels of increased kinase activity by the demonstration that increased phosphorylation of JAK2 protein in platelets isolated from affected members of the family with the JAK2^{V617I} and JAK2^{R564Q} mutation as compared to a JAK2 wild type healthy controls [16]. In the absence of TPO, and at all concentrations of TPO, the growth characteristics of germline JAK2^{R564Q}-expressing hematopoietic progenitor cells in the bone marrow also showed significantly increased proliferation, compared to JAK2 wild type cells. Affected members of JAK2^{R564Q} HET showed normal EEC (Figure 4) and had normal values for plasma TPO and serum EPO thereby confirming that the heterozygous germline mutation JAK2^{R564Q} is associated with ET phenotype without PV features [16].

MPL^{S505N} germline mutated Hereditary Essential Thrombocythemia: HET

Teofili, *et al.* described the laboratory and clinical findings at time of observation and outcome of treatment in 21 affected family members (11 males, 10 females) from 7 HET families carrying the dominant MPL^{S505N} mutation [17]. Mild to moderate splenomegaly was detected in 9 of 20 cases. Ten children or adolescents at ages between 1 and 18 year presented with high platelet counts between 626 to 1553x10⁹/L and no splenomegaly or bone marrow fibrosis (except minor splenomegaly in 2) during follow-up periods of 2 to 24 years [17]. Two of 11 cases were asymptomatic except increased platelet count and nine of 11 cases at ages between 23 and 80 years presented with bone marrow fibrosis and splenomegaly (spleen sizes on echogram 15 to 19 cm) at hemoglobin levels between 10.1 and 15.5 g/dL, platelet counts between 408 and 1210x10⁹/L and normal leukocytes. Low dose aspirin was given in 12 of 21 MPL^{S505N} HET patients as prevention or symptomatic relief of microvascular disturbances. Four of 21 affected family members experienced major thrombosis including fatal stroke in 2 at the age of 76 and 80, myocardial infarction at age 31 and transient ischemic attack at age 41. The bone marrow in three affected adolescent MPL patients was slightly hypercellular and show increased of and atypical large megakaryocytes with nuclear deviations and reticulin fibrosis was absent [17]. The bone marrow in two cases at age of 43 and 69 showed increase of dense clustered

atypical large megakaryocytes and loose network of reticulin with many intersection [17]. The bone marrow in some of the affected adult or elderly patients was characterized by a hypocellular bone marrow with diffuse increase of reticulin fibrosis grade 3 (RF 3) [17].

Acquired JAK2^{V617F} mutated ET, prodromal PV and classical PV

Between 1975 and 2015 Michiels, *et al.* produced novel diagnostic criteria for ET and PV by including bone marrow histology according to the Rotterdam Clinical and Pathological (1980 RCP) [6,7], the European Clinical and Pathological (2002 ECP) [10] and the European Clinical, Molecular, and Pathological (2006-2015 ECMP) [11-13]. criteria for prefibrotic ET and PV and primary chronic megakaryocytic granulocytic myeloproliferation (PMGM). Red cell count at a cut-off level of 6x10¹²/L separates JAK2^{V617F} mutated ET from PV and obviates the need for red cell mass measurement when bone marrow histology. JAK2^{V617F} mutation screening is the first step in the diagnostic work-up of MPNs [12]. In JAK2^{V617F} trilinear MPN mutated ET and PV patients the pleomorphic medium to large megakaryocytes in bone marrow smears and bone marrow biopsy were comparable regarding size and degree of pleomorphism (Figures 6 and 7) [13]. The prefibrotic stages of JAK2^{V617F} ET can easily be diagnosed clinically without use of bone marrow biopsy histology. We prospectively evaluated the ECMP criteria for the diagnosis of myeloproliferative neoplasms (MPNs) in 6 JAK2^{V617F}-mutated ET and 4 PV patients during long-term follow-up in view of critical analysis of the literature [13]. Bone marrow histology in acquired JAK2^{V617F} mutated ET complicated by erythromelalgia is typically features by increase of clustered large mature pleomorphic megakaryocytes with normal (< 60%) to increased cellularity (60 - 80%) due to increased erythropoiesis [13]. ET with increased erythropoiesis in the bone marrow and decreased serum EPO levels mimicking PV is not seen in the TPO-mutated Dutch and Polish HET families [9] and also not in JAK2^{V617I} mutated HET showing increase of clustered large megakaryocytes in a normocellular bone (Figures 6 and 7) [14-16]. There is local increase of erythropoiesis in areas of loose clustered pleomorphic megakaryocytes in normocellular JAK2^{V617F} mutated ET, prodromal PV and early stage PV, which is not seen in MPL^{S515} mutated ET and CALR mutated ET [17-20]. Patients with JAK2^{V617F} positive ET mimicking PV show spontaneous endogenous erythroid colony formation (EEC) and have low serum EPO levels [11-13]. EEC and serum EPO levels are normal in MPL [18] and CALR [19,20] mutated ET, and in congenital TPO and JAK2^{V617I} mutated HET patients (Table 3) [9,14,15]. Rumi, *et al.* found a novel germline JAK2^{H608N} mutation as the cause of HET [21] using next generation sequencing (NGS) in 61 cases with familial clustering of MPN [22]. Three heterozygous JAK2^{H608N} mutated HET patients father, son and grandchild showed isolated thrombocythemia with platelet count of 600, 648 and 342x10⁹/L (normal values 155-295x10⁹/L in healthy individuals with normal C-reactive protein: CRP). Bone marrow histology revealed increase of large

megakaryocytes in a normocellular bone marrow (Rumi, personal communication), without splenomegaly and bone marrow fibrosis.

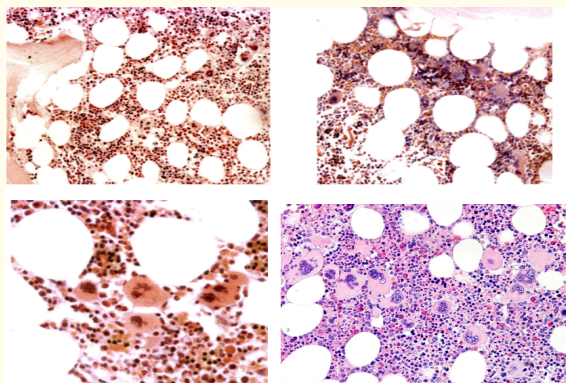


Figure 5: Upper left and right, lower left. Bone marrow histology from case C1 (left panels) and from case C4 of the family with JAK2^{V617I} mutated HET showing a normocellular bone marrow with increase and clustering of large megakaryocytes with some lobulation of the nuclei consistent with ET. Lower right. JAK2^{V617F} positive ET showing hypercellular bone marrow due to erythroid hyperplasia (65%) and marked hyperplasia of large pleomorphic megakaryocytes with hyperlobulated nuclei mimicking PV (prodromal PV) in a 65 years old man with erythrocytes $5.4 \times 10^{12}/L$, hemoglobin 15.8 g/dL, MCV 89, leukocytes $12 \times 10^9/L$, platelets $517 \times 10^9/L$, LDH 600 UI/L (JAK2^{V617F} mutation allele burden: 20% on peripheral blood granulocytes). No reticulin fibrosis.

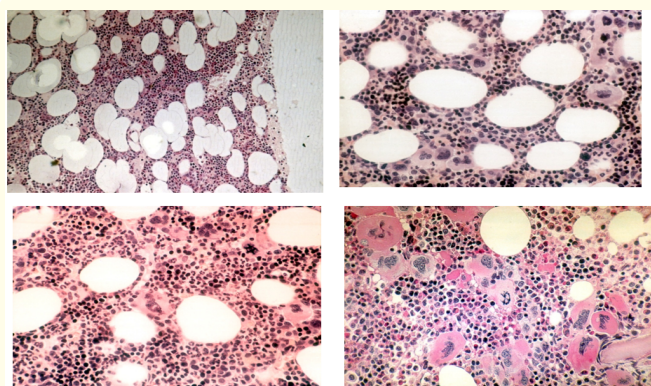


Figure 6: Typical ET (upper), ET/PV (lower left), and PV (lower right) bone marrow features in ET and PV patients showing increase of large mature megakaryocytes in a normocellular or increased cellularity due to increased erythropoiesis in prodromal PV and classical PV. Pleiomorphic megakaryocytes in ET (upper panels) have less hyperlobulated nuclei as compared to PV (left bottom). The LAP score is increased in ET and PV complicated by erythromelalgia and the clustered pleiomorphic megakaryocytes in prefibrotic ET ET/PV and PV patients complicated by erythromelalgia are identical. Dr Lam, Pathology Laboratory, Erasmus University Rotterdam and Dr De Raeve Pathology Laboratory Brussels University Hospital.

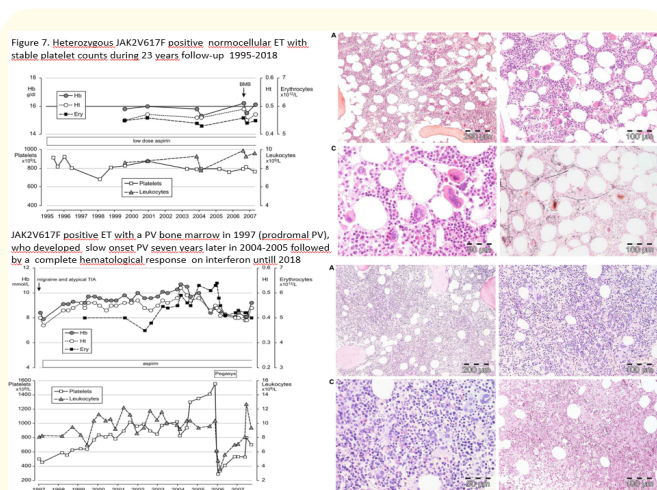


Figure 7: Upper figure and bone marrow pictures. Heterozygous JAK2^{V617F} positive normocellular ET with stable platelet counts during 23 years follow-up 1995-2018. Lower figure and bone marrow pictures. JAK2^{V617F} positive ET with a PV bone marrow in 1997 (prodromal PV), who developed slow onset PV seven years later in 2004-2005 followed by a complete hematological response on interferon until 2018. Observations by Drs Michiels and De Raeve.

Acquired MPL⁵¹⁵ mutated thrombocythemia

Bone marrow histology from a patient with thrombocythemia carrying the MPL^{W515L} mutation displayed clusters of large megakaryocytes with a greater number of giant megakaryocytes with hyperlobulated stag-horn nuclei in a normal cellular bone marrow and no increase of erythropoiesis (Figure 8) [18]. The presence of clustered small and giant megakaryocytes with deeply lobulated staghorn like hyperlobulated nuclei in MPL⁵¹⁵ mutated thrombocythemia (Figure 8), which are not seen in JAK2^{V617F} mutated ET and PV (Figures 6 and 7) and CALR thrombocythemia (Figures 9 and 10). Increase of erythropoiesis is not seen in MPL⁵¹⁵ mutated ET (Figure 8) [18]. MPL⁵¹⁵ mutated ET have no clinical, laboratory and bone marrow features of prodromal PV at diagnosis, do not evolve into PV during follow-up [18]. MPL⁵¹⁵ mutated normocellular ET have normal values for LAP score, serum EPO and ferritin levels [18]. JAK2^{V617F} mutated ET show local increase of erythropoiesis in areas of loose clustered pleiomorphic megakaryocytes in normocellular JAK2^{V617F} mutated ET, whereas bone marrow is hypercellular due to increased erythropoiesis and megakaryopoiesis (EM) [12,13] JAK2^{V617F} mutated prodromal PV and classical PV have increased score for leukocyte alkaline phosphatase (LAP) stain, low serum EPO and pleiomorphic medium sized to large mature megakaryocyte morphology. The natural history of MPL⁵¹⁵ normocellular ET is best reflected by decreased cellularity due to decreased erythropoiesis and increase of reticulin fibrosis (RF) from grade 0 to grade 1, 2 and 3 [18].

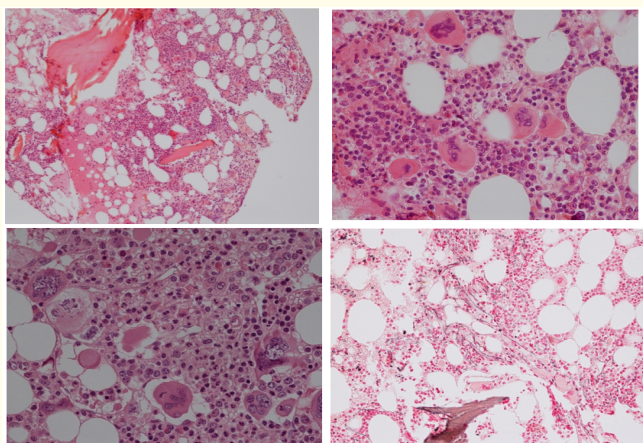


Figure 8: Bone marrow histology of MPL⁵¹⁵ mutated ET (asymptomatic woman, age 78 year with platelet count of 1379x10⁹/L as the only abnormality) showing increase and clustering of large and giant mature megakaryocytes with hyperlobulated staghorn-like hyperlobulated nuclei in a normocellular bone marrow with increased reticulin fibrosis grade 2 (RF 2)18. Observations Dr De Raeve University Hospital Brussels.

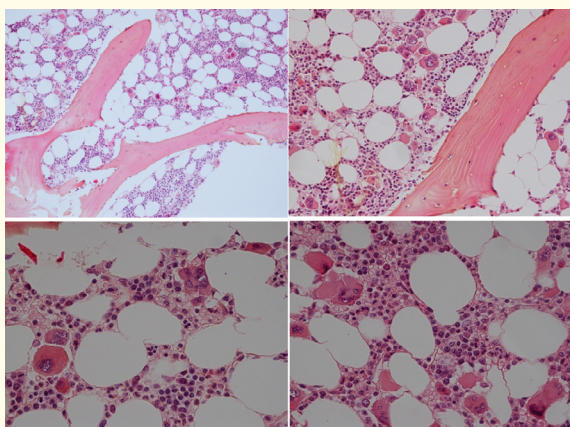


Figure 9: Bone marrow histology of CALR mutated ET/PMGM case 6 (female, age 63 year, table 7) showing dense clusters of large immature megakaryocytes with dysmature cloud-like nuclei in a normocellular MGM bone marrow with relative reduction of erythropoiesis and no increase of reticulin fibrosis grade 0 (RF 0)^{19,20}. Observations Dr Potters, Valster, Michiels, and De Raeve.

Acquired CALR mutated thrombocythemia

Michiels and De Raeve recently described 13 consecutive cases of CALR thrombocythemia previously diagnosed as JAK2/MPL wild type prefibrotic ET associated with a typical PMGM bone marrow histology (ET/PMGM (Figures 9 and 10) in 11 cases (85%) and with MF/PMGM in two cases (15%) [19]. Two ET/PMGM cases presented with fatigue only. All 11 ET/PMGM and the 2 MF/PMGM were relative asymptomatic and not suffering from consti-

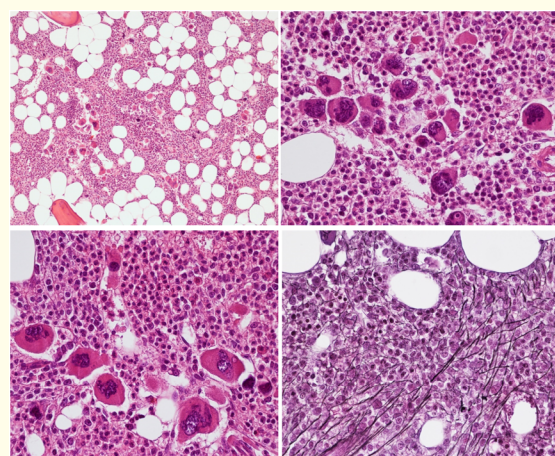


Figure 10: Bone marrow histology of CALR mutated ET/PM case 9 (man age 73 year, table 7) showing loosely and dense clusters of large megakaryocytes with dysmature, bulky, cloud-like nuclei in a normocellular to slightly increased cellular bone marrow with increase of reticulin fibers (RF 2)19,20. Observations Dr Potters, Valster, Michiels and De Raeve.

tuitional symptoms. Platelet counts in ET/PMGM ranged from 536 to 1306x10⁹/L at time of first presentation and the two MF/PMGM cases had platelet counts of 265 and 347x10⁹/L respectively [19]. The values for hemoglobin, erythrocytes and white blood cells were in the normal range before and after follow-up in all cases of ET/PMGM. Bone marrow histology in prefibrotic CALR Thrombocythemia show dysmorphic megakaryocytes with definite abnormalities of maturation with bulky (bulbous) hyperchromatic nuclei and some disturbances of the nuclear cytoplasmic ratio consistent with CALR mutated PMGM (Figures 9 and 10), which are not seen in MPL⁵¹⁵ mutated ET (Figure 8) and also not in JAK2^{V617F} mutated ET, prodromal PV and classical PV (Figures 6 and 7). The natural history of CALR thrombocythemia and myelofibrosis is best reflected by the degree of anemia, splenomegaly, bone marrow cellularity due to dual megakaryocytic granulocytic myeloproliferation (CALR MGM) and increase of reticulin fibrosis [19,20].

Comparative analysis in table 3 showed that JAK2^{V671I} HET patients and acquired JAK2^{V617F} ET and PV patients are symptomatic presenting erythromelalgic microvascular manifestations already at platelet counts between 400 and 1000x10⁹/L labeled by Michiels between 1985 and 2017 as JAK2^{V617F} mutated erythromelalgic thrombotic thrombocythemia: ETT, platelet microvascular thrombophilia (PMT) or Sticky Platelet Syndrome (SPS) [6,23-25]. TPO mutated HET and acquired MPL⁵¹⁵ ET patients also present with aspirin responsive ETT at platelet count between 627 to 1726x10⁹/L. Erythromelalgic thrombotic thrombocythemia (ETT) was not recorded in CALR mutated ET/PMGM at platelet counts between 400 and 1000x10⁹/L (CALR thrombocythemia). Leukocyte alkaline phosphatase stain is typically increased in acquired JAK2^{V617F} mutat-

ed ET similar as in JAK2^{V617F} prodromal PV and classical PV (Table 3). In contrast, low to decreased LAP scores has been reported recently in CALR mutated ET/PMGM cases. CALR thrombocythemia typically shows prefibrotic PMGM bone marrow histology featured by dysmorphic immature megakaryocytes with cloud-like nucle, which are never seen in JAK2^{V617F} mutated ET and PV and also not in acquired MPL⁵¹⁵ mutated thrombocythemia [18-20].

Discussion

With the advent of TPO, MPL, JAK2 and CALR mutations as driver causes of congenital or acquired thrombocythemia the PVSG-WHO criteria have lost their significance for the classifications of the myeloproliferative neoplasms into ET, PV and PMF (Figure 11) anno 2018-2020 [26-31]. ET is not essential anymore and consists of at

| Category HET vs ET | Number patients | Platelet count x10 ⁹ /L Range | | Plasma TPO pg/mL | EEC/ EPO -/+ | LAP score |
|---------------------------|-----------------|--|------|------------------|--------------|-----------|
| Dutch TPO HET | 10 | 880 | 1280 | Increased | Neg (-) | *Normal |
| Polish TPO HET | 11 | 701 | 1340 | Increased | Neg (-) | Normal |
| JAK2 ^{V617I} HET | 6 | 445 | 750 | Normal | Neg (-) | Normal |
| JAK2 ^{V617F} ET | 6 | 425 | 814 | Decreased | Pos (+) | Increased |
| MPL ^{S505N} HET | | | | Normal | Neg (-) | Normal |
| MPL ^{W515L/K} ET | 23 | 380 | 1500 | Normal | Neg (-) | Normal |
| Calr Et | 10 | 714 | 1306 | Normal | Neg (-) | Decreased |

Table 3: Characteristic findings in TPO, JAK2^{V617I} and MPL^{S505N} hereditary essential thrombocythemia (HET) versus JAK2^{V617F}, MPL⁵¹⁵ and CALR mutated acquired essential thrombocythemia (ET)

*Predicted to be normal

least four distinct entities of congenital TPO, JAK2 or MPL mutated hereditary thrombocythemia (HT) and acquired MPL and CALR mutated thrombocythemias, which mutually exclude each other. Primary myelofibrosis (PMF) is not a disease, but a secondary event of reactive reticuline fibrosis in all variants of thrombocythemia caused by congenital germline or acquired somatic mutations in the TPO, MPL, JAK2 and CALR genes [32]. The PVSG-WHO did not consider dominant hereditary ET as part of the classification of the MPNs. The PVSG-WHO did not use increased erythrocytes above 6x10¹²/L as a key feature of trilinear PV proposed by Dameshek [33,34]. The PVSG-WHO did not use bone marrow histology to as pathogomonic clues to distinguish JAK2^{V617F} ET mimicking PV from and CALR and MPL mutated ET without features of PV as distinct MPNs at the clinical, laboratory and bone marrow level [18-20]. The natural history of each of these JAK2^{V617F} mutated masked PV, and MPL and CALR is featured by anemia, splenomegaly and increased of bone marrow reticuln fibrosis grade 0 1, 2, 3 and 4 in the ECMP classifications 2006 to 2020. The PVSG-WHO have overlooked and misinterpreted the original description and clinical laboratory and bone marrow definition of PV as a trilinear MPD by Dameshek (1950) [33,34], preceded by ET as discovered by Michiels between 1975 and 1985 to clearly distinct ET and PV patients according to the RCP and ECP criteria [10-13,35,36]. Georggi and Michiels worked together between 1987 and 1998 and defined prefibrotic hypercellular ET associated with Essential or Primary Megakaryocytic, Granulocytic Myeloproliferation (PMGM) as the third distinct MPD entity without features of PV or normocellular ET at the clinical laboratory and bone marrow level [10-13]. In retrospect, the definition of megakaryocytic leukemia

ML by Dameshek (1951) [37] has been classified as PTH with a minimum platelet count of 1000x10⁹/L by the PVSG in 1975 and by Thiele, *et al.* in 1988 (Figure 12) [36-40]. The diagnostic clinical laboratory and bone marrow differential diagnostic criteria of PV

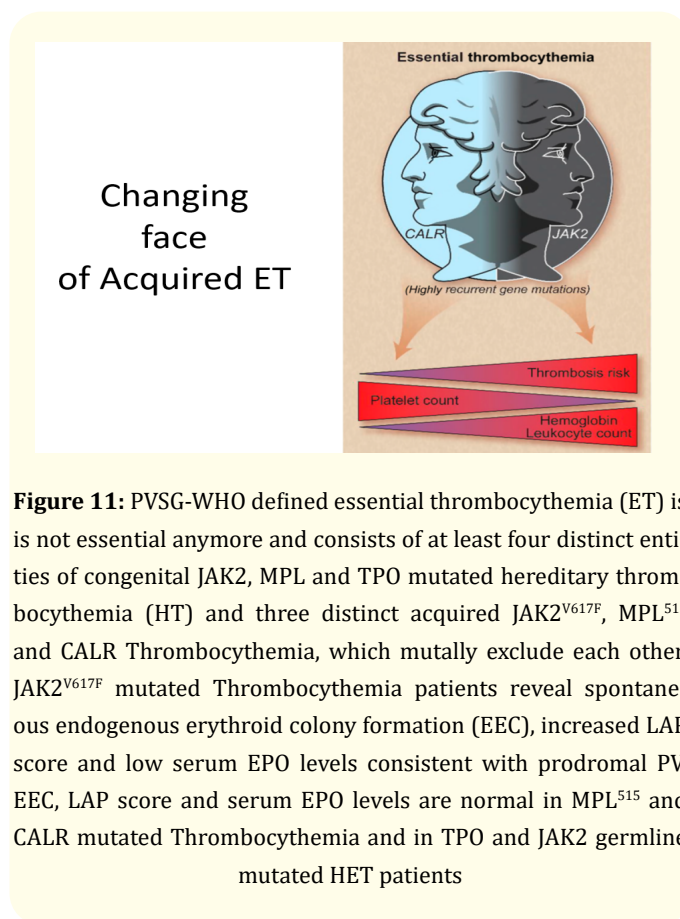


Figure 11: PVSG-WHO defined essential thrombocythemia (ET) is not essential anymore and consists of at least four distinct entities of congenital JAK2, MPL and TPO mutated hereditary thrombocythemia (HT) and three distinct acquired JAK2^{V617F}, MPL⁵¹⁵ and CALR Thrombocythemia, which mutually exclude each other. JAK2^{V617F} mutated Thrombocythemia patients reveal spontaneous endogenous erythroid colony formation (EEC), increased LAP score and low serum EPO levels consistent with prodromal PV. EEC, LAP score and serum EPO levels are normal in MPL⁵¹⁵ and CALR mutated Thrombocythemia and in TPO and JAK2 germline mutated HET patients

and PTH at that time (Figure 12) clearly show that PTH has characteristic features of JAK2 wild type ET caused by CALR or MPL somatic mutations without any features of PV as defined by ECMP classification 2014-2020 in the studies of Michiels and De Raeve

ET is associated with typical features of PV in blood and bone marrow including low serum EPO and spontaneous endogenous erythroid colony (EEC) formation. CALR mutated ET and BCR/ABL positive ET are associated with the production of indolent platelet with the absence of sticky platelet mediated thrombophilia and show a rather high tendency of ET evolution into myelofibrosis.

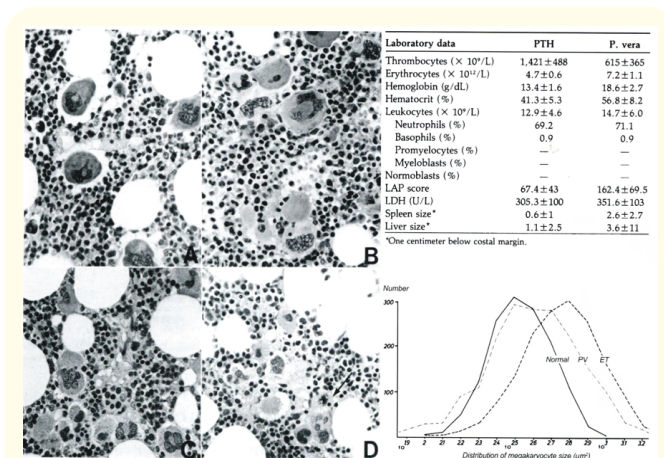


Figure 12: Histopathology of PVSG (1975) defined primary thrombohemorrhagic (PTH) or essential thrombocythemia (ET) showing normal values of erythrocytes, LAP score below 100 and no or minor splenomegaly versus polycythemia vera (PV) featured by increased erythrocytes above $6 \times 10^9/L$, increased LAP score and minor to moderate splenomegaly. Bone marrow biopsy histology of PVSG (1985) defined PTH at platelet counts above $1000 \times 10^9/L$ PTH is characterized by increase of large to giant megakaryocytes dispersed among normal granulopoiesis and erythropoiesis (A,B). Bone marrow biopsy histology in P.vera is characterized by marked increase of clustered pleomorphic medium sized megakaryotes with increase of erythropoiesis (C,D)36-40.

Conclusion

The spectrum of aspirin responsive sticky platelet mediated thrombophilia (SPT) in hereditary essential thrombocythemia (HET) due to germline gain of function mutations in the TPO, JAK2 and MPL genes is comparable to the spectrum of SPT in acquired essential thrombocythemia (ET) caused by somatic gain of function mutations JAK2^{V617F} and MPL⁵¹⁵. Increase of large platelets in blood smears and large mature megakaryocytes with hyperploid nuclei in a normal cellular bone marrow were diagnostic for autosomal dominant HET and for acquired ET. Evolution of HET and ET into secondary myelofibrosis (MF) belong to the natural history of TPO, JAK2, MPL mutated HET and acquired mutated JAK2^{V617F} and MPL⁵¹⁵ mutated acquired ET. In TPO and the JAK2 gene JAK2^{V617I} and JAK2^{R564Q} mutated HET the responses of mutated CD33 and CD34 + cells to TPO are increased, but the responses to EPO were normal thereby explaining why HET caused by heterozygous germline TPO and JAK2 mutations are associated with the biological characteristics of ET without PV features. Acquired MPL⁵¹⁵ and CALR mutated ET has no PV features whereas acquired JAK2^{V617F}

Contributions of Authors

JJM and HDR designed the study and wrote the manuscript. FTK, KL, AP, VP and FV significant contributed to data and scientific content.

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