

## Design and Development of Early Detection Protocol for Screening of Immune System

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Our health protocol is developed with our daily routine with natural way by common population and in planned system for particular individual whose lifestyle is comfortable, this type of screening depends on lifestyle management how we manage in our daily life and dinacharya, not every individual have their uniform lifestyle, so we need to choose ideal and standardize our lifestyle management for best health care. So, our immune system is always boosted up like we take natural vaccines in childhood care.

### Protocol thus follows

- Food habit - to feedback the metabolism and its clock check
- Metabolic clock is key factor feedbacks the liver and Enzyme inhibition.
- Metabolic clock depend upon the Km/Vmax of Enzyme affinity for enzyme for food as medicine and check the free enzyme turnover.
- Km/Vmax is key equation to balance the hormone and Enzyme, thus clock is regulated.
- Working system/nature of work
- Yoga system to make it habit.

Without proper food and planned dieting chart we cannot get oxygenated blood as yoga needs oxygen to perform Bhastrika, Brahmri and Uddieeth pranayam check our respiratory system, therefore we need oxygenated blood. Thus we can perform our dinacharya in a well-planned manner with boost up immune system. Our hemoglobin count gives the evidence in our daily work how many hrs we work/day/this counts our Hb and immunity T4 Cell.

Thus, Bio sense the CD8 MHC2 system and hence daily lifestyle and hormones. Regulation cell cycle and its repair mechanism de-

pends upon this T4 Thymus cell which checks the aging and HIV viral infection with Hb. surface protein membrane changes the ligand-receptor mechanism, like drug delivery system. Complementary factor comes here to bind the foreign antigen.

### Conclusion

Regulation of cell circuitry mechanism helps to satisfy the protocol and the clock behavior in the cell cycle, in immunity.

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