



Evidence Based Homoeopathic Treatment in a Case of Impetigo with Administration of Similimum: Rhustoxicodendron 200 Potency

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Abstract

Impetigo is a common infectious disorder of skin. There are two forms of impetigo-bullous and non-bullous forms. The diagnosis is usually clinical. Spontaneous resolution often occurs, although antibiotic treatment is recommended and care taken to monitor for complications, such as post streptococcal glomerulonephritis in children. Immunosuppression is a predisposing factor, especially in disseminated lesion. According to the present review, we can see how the totality of symptoms workout in a case of impetigo, to cure without any external applications. As the human skin does not evolve itself, without the co-operation of the rest of the living whole, it is irrational and thoughtless to consider any skin disease as merely the disease of the skin alone in which the internal portion of the organism takes no part. Mere removal of the skin manifestation by external, mechanical, chemical or topical treatment is considered to be suppression in Homoeopathy. In Homoeopathy it is very important to distinguish between a curative and a suppressive effect because the goal of treatment is the healing of the entire person at the deepest possible level.

Keywords: External Application; Homoeopathy; Impetigo; Healing; Suppression; Similimum; Rhustoxicodendron 200

Introduction

Impetigo is a common superficial skin infection characterized by inflammation and infection in the epidermis [1]. Staphylococcus is an important cause of pyogenic skin infections including impetigo contagious bullous impetigo, folliculitis and carbuncles. (2) It exists in two major forms-bullous impetigo and non-bullous impetigo. On-bullous form of impetigo can occur in any paediatric age group whereas bullous form is more common in infants and children (1) Clinically in Non bullous form, thin walled blisters with erythematous halo will be there that rupture to form honey coloured crusts [2]. commonly found on face around the mouth and nares but may also spread to limbs including the buttocks. Lesions are usually painless with mild discomfort and itching.

Local lymphadenopathy is more common with streptococcal impetigo [1]. Bullous impetigo is commonly found on the face, limbs, hands and buttocks. It starts with a faint red macule which rapidly forms vesicles, then enlarges to form bullae [1]. Rupture only after a few days to leave thin varnish like crusts [3]. Topical antibiotics alone or in conjunction with systemic antibiotics are used to treat impetigo. Antibiotic coverage should cover both *S aureus* and *S pyogenes*. While untreated impetigo is often self-limiting, antibiotics decrease the duration of illness and spread of lesions [4-6]. Homeopathy treats the patients gently and effectively with minimum doses prepared with natural substances Homoeopathy is not concerned with the morbidic agents any more than it is with the ultimate's of disease, and focus upon the functional side of disease where we can perceive the sphere of Homoeopathy [7].

Materials and Methods

This research is to reveal the methodological and judicious treatment of skin complaints through Homoeopathic medicine as a non-suppressive treatment. On the basis of randomized observational case study, it’s been observed that local symptoms are the characteristic feature of the disease and which is the basis of selection of a Homeopathic remedy in skin diseases. According to the present review a dynamic, holistic, individualistic treatment, helped the case of impetigo, to completely heal within a short duration of 3 weeks, with a single dose of similimum.

A case of Impetigo of a 5 yrs. old child from Manjalumoodu Rural Centre was selected for the study. The child developed suppurated eruptions over his left palm all of a sudden. When his parents brought him to the centre, there was itching and burning pain in the eruption. On examination, it was full of vesicular lesions and looked wet due to oozing of watery discharge. Pain aggravates during night and cold exposure, ameliorates during warm application. All symptoms associated with restlessness, anxiety, increased thirst and dryness of mouth. Homoeopathic medicines were prescribed to the patient based on the acute totality, as water dose. Eruption has been monitored during follow ups and parents were being advised not to use anything externally.

Sl. No	Date	Follow up	Medicine prescribed
1	03.07.24	Vesicular eruptions in left hand with severe pain Itching with burning pain Oozing yellowish watery discharge profuse in nature Pain < Night < Cold > Warm application Associated with restlessness and anxiety. Sensitive to open air with increased thirst and dryness of mouth	Rx RHUSTOXICODENDRON 200/2D in 10 ml distilled water-TDS B PILLS 3x TDS B DISC 1x BD - 1week
2	10.07.24	Vesicular eruptions reduced Pain reduced Itching reduced Oozing with yellowish watery discharge reduced Pain < Night < Cold > Warm application Associated with restlessness and anxiety are reduced Thirst becomes normal Dryness of mouth reduced	Rx SAC LAC 2D (HS) B PILLS 3x TDS B DISC 1x BD - 1 weeks
3	17.07.24	Vesicular eruptions reduced Pain reduced Itching reduced Oozing with yellowish watery discharge reduced Pain < Night < Cold > Warm application Associated with restlessness and anxiety are reduced Thirst becomes normal Dryness of mouth reduced	Rx SAC LAC 2D (HS) B PILLS 3x TDS B DISC 1x BD - 1 weeks
4	24.07.24	No eruptions Itching occasionally Restlessness persist occasionally	Rx SAC LAC 2D (HS) B PILLS 3x TDS B DISC 1x BD - 2 weeks
5	07.08.24	No eruptions No itching	Rx SAC LAC 2D (HS) B PILLS 3x TDS B DISC 1x BD - 2 weeks

Table 1: Progress of the patient.

In this case, prescription is based on the individual symptom and acute totality is taken. Nature of the external symptoms indicates the nature of the internal disease. A medicine which has the ability to treat externally has been selected through the benefit of a standardised case taking constructed from the clinical presentations by analysing with reference from the standard manuscript books of Materia Medica [8] and affording to strategies of Organon of Medicine. Prescription and follow ups are navigated to be complete, conferring to the ethics, as laid down in Organon of Medicine.

After medication the suppuration and oozing of discharge has been observed which shows a marked reduction in infection day by day and the improvement of patient is assessed by successive follow ups given in the table 1. Based on the clinical assessments like the size of eruption, disappearance of pain and absence of discharge, effectiveness of remedy has been analysed mentioned in figure 1. The complaints completely ameliorated with in a period of 3 weeks but occasionally persist. The results will be assessed with the pre-treatment and post-treatment portraits.

Repertorisation Sheet - Zomeo Ultimate LAN 3.0													
Physician Name : Dr. alle , Patient Name : , Reg. No. : , Date : 10/01/2025													
Remedy	Rhus-t	Carbn-s	Sulph	Dulc	Merc	Ant-c	Nat-s	Nit-ac	Phos	Sep	Thuj	Carb-ac	Agar
Totality	6	5	5	5	4	4	4	4	4	4	4	4	3
Symptoms Covered	3	3	3	2	3	2	2	2	2	2	2	1	2
[Knerr] [Upper Limbs] Hand:Eruption:Vesicular:	0	0	0	0	0	0	0	0	0	0	0	4	0
[Complete] [Extremities] Pain:Hands:Left:	1	1	1	0	1	0	0	1	1	0	2	0	1
[Kent] [Skin] Eruptions:Vesicular:Yellow:	3	1	1	3	2	1	1	0	0	1	0	0	2
[Kent] [Skin] Eruptions:Discharging:Yellow:	2	3	3	2	1	3	3	3	3	3	2	0	0

Figure 1: Repertory Chart.

Results and Discussion

Impetigo is a common infection of the superficial layers of the epidermis and there is a tendency to recur. A possible cause for this is that the bacteria that cause the infection can sometimes live in the nose. They do no harm there but sometimes spread out and multiply on to cause reinfection. The success of homoeopathic medicine Rhustoxicodendron covered the enduring totality of the symptoms assorted, constructed with the indicated points of Allen keynote as manifested in single dose without any repetition, and the eruption completely disappeared (Figure 2) Impetigo is mainly treated with the help of antibiotics.

These antibiotics come in the form of creams or ointments that have to be applied topically to the sores. However, in case of extreme sores, you can also administer the medication orally as it comes in the form of pills as well [9]. Children who take antibiotics early in life are at risk of combinations of health conditions, particularly when given multiple prescriptions [10]. Homoeopathy has no specific for any disease by name, but it has a true specific for each individual case of disease. In every given disease there is another class of symptoms peculiar to the individual and differing in some way from those of other cases of same disease, these symptoms show the individual characteristics of the patient and point unerringly to the curative Homoeopathic remedy and that will surely cure every curable diseases [11].



Figure 2: Before and After Treatment.

Conclusion

This case was prescribed with the totality of symptoms assessed by considering the acute nature of the disease and comparing it with the drug symptoms in *Materia medica*. Continuously assessing the intensity of upgrading of signs were renowned. It is evident from the pictures of eruption, the sequels of persevering the Homoeopathic Medicine *Rhustoxicodendron 200* is very effective in the treatment of impetigo with proper management without any external application. The appearance of eruption, formation of vesicles, burning sensation, itching and yellow discharge which were day by day acquired condensed thriving subsequently the prescription of *Rhustoxicodendron 200* single dose in aqua had prescribed. This case with scientific evidence for the improvement of impetigo with the help of homoeopathic medicine has been attached above.

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