



What is the Other Factor that is Inducing Functional Constipation in our Patients that we Need to Know?

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Abstract

In this article, I am showing that there are other energy factors involved in patients with chronic constipation according to traditional Chinese medicine's (TCM) thoughts. In TCM, they understand that constipation has in the back ground, Blood energy deficiency. There is another type of energy deficiency that can lead to constipation that are energy deficiency inside the five internal massive organs of the five elements theory of traditional Chinese medicine, and the treatment of this condition is very important to treat the cause of the functional constipation and not just treating the symptoms.

Keywords: Functional constipation, energy, traditional Chinese medicine, homeopathy, Hippocrates.

Introduction

Constipation is defined when the patient has infrequent movements of the bowel for about three times a week or less [1].

It is the most frequent symptoms presented by patients in United States and are often unrecognized by the patient until having complications [1].

According to Western medicine's studies, the most common cause of constipation is the functional subtype characterized by difficulty bowel movement without any structural or evidence of organic cause [1].

This is the part that I want to discuss in this article about the other factors that could be inducing functional constipation in our patients nowadays, that do not has any organic abnormality and it is affecting the majority of patients with altered bowel movements symptoms nowadays [2].

If we analyze from the point of view of Hippocrates (460 a.c - 377 a.c), the father of medicine, he said in one of his oaths that "it is important to consider other ancient medical traditions prior to the knowledge we have nowadays" [3].

In this case, I will combine the reasoning used by traditional Chinese medicine to show to you which are the other influences that we cannot see by the naked eyes and are influencing people with chronic constipation without improving with any kind of clinical measurements [4].

In the article written by myself (2021) titled *Energies Alterations and Chakras' Energies Deficiencies in Patients with Chronic Constipation*, I am showing that behind symptoms of constipation, there are Blood deficiency and formation of internal Fire. The treatment of this condition changing the dietary aspects to ensure the proper Blood energy production and avoiding the foods that could increase the formation of internal Fire, can normalize the bowel functions, as shown in this article [5].

But not only this energy alteration can cause constipation but another new factor is leading to these symptoms [2,5].

In the article written by myself (2023) titled *New Global Immunodeficiency*, I am showing that we are facing another kind of immunodeficiency not caused by HIV infection or by the use of immunosuppressant medications [2].

This new type of immunodeficiency is caused by the modernization of telecommunication, and is causing a lack of energy of the five internal massive organs of the five elements theory of traditional Chinese medicine, leading to a low production of internal energy for our survival and reduction of energy in the Liver, Heart, Spleen, Lungs and Kidney [2,6].

Each internal five massive organs are responsible for the production of one specific energy. For example, Spleen is responsible for absorption of nutrients and formation of Blood. The Kidney is responsible for the production of *Yin* and *Yang* energy. The Liver and Lungs are responsible for the distribution of *Qi*. The Heart is responsible for the normal flow of the Blood inside the blood vessels [7].

Each internal massive organs have one hollow organ that they are coupled. For example, the Heart has the small intestine as the couple organ and the Lungs has the Large intestine as the couple organ [8].

Recently, I attended one 67 years-old female patients with history of chronic constipation and she was presenting many anxieties because she needs to travel on the day after and she was worried because she did not have bowel movement since twenty days ago. She also had six teeth implants made by titanium and received three doses of the COVID-19 vaccine and also, was submitted to plastic surgery to do breast prosthesis implants to increase the size of her breasts four years ago [8].

I measured the energy of the five internal massive organs three years ago and it was all without any energy in these organs. I prescribed highly diluted medications to treat her energy deficiency condition but she used only on the first month of treatment and stopped the use of the medications recommended for her treatment.

I prescribed again the same highly diluted medications prescribed three years ago to increase the energy of the five internal massive organs using Sulphur to replenish the energy of the Heart, Calcarea carbonica to replenish the energy of the Spleen, Silicea to replenish the energy of the Lungs, Natrum muriaticum to replenish the energy of the Kidney, Phosphorus to replenish the energy of the Liver. All these medications are according to the theory written by myself (2020) titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* [9].

Also, I prescribed Mercurius solubilis 200 CH to take out the internal Fire caused by this energy deficiency situation that was leading to a hard stool [10].

I also did auricular acupuncture with apex ear bloodletting using points to tone the energy of the Kidney, Liver, Spleen, Heart and Lungs. And also systemic acupuncture using points to tone the production of Blood, *Yin* and *Yang* energy and take out the internal Fire [5].

One day after all these measurements, she went to her trip to south of Brazil and she called to me thanking for her treatment because she her bowel began to function again.

I asked her do not forget to intake the highly medications prescribed above for her whole life because her energy would be compromised for the rest of her life because of the contamination of electromagnetic radiation that the whole world is suffering nowadays, leading to these alterations in the energy level of the internal five massive organs [2,9].

The alterations mentioned in this case reported in this article is not happening only in her case but in the population in the whole world [2,6].

According to traditional Chinese medicine, the same energy alteration can lead to diverse disease and one disease can come from different energy alterations [10].

So, in patients with chronic constipation that are not resolving with common Western medicine's measurements, we need to understand that the human body is also made by energy and it is this part that is affected nowadays in any kind of disease. The treatment of this condition is of paramount importance to treat the cause of the disease formation, in the energy level and not just treating the symptoms because if we do not treat the cause, we will not improve the patient's condition as showed in this article [5].

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