



## What Do All Digestive Diseases Have in Common?

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### Abstract

**Introduction:** Since 2010, I am studying the energy of all my patients with diverse diseases in all age groups.

**Purpose:** This study is to demonstrate that all patients with any kind of gastroenterology disease has in common energy deficiency inside the five internal massive organs (Liver, Heart, Spleen, Lungs, and Kidney) according to the five elements theory of traditional Chinese medicine.

**Methods:** Through the review of articles studying the energy alterations in patients with gastritis, gastroesophageal reflux, ulcerative reticulitis, Chron's disease, gastroesophageal cancer, etc.

**Results:** What all have in common are energy deficiency inside the five internal massive organs and the treatment of these conditions treating the symptoms and not the cause will reduce even more these energies that were proven very low and can worsen the energy deficiency and worsen the symptoms instead of improvement.

**Conclusion:** This study is to show that all kinds of gastroenterology diseases have in common energy deficiency inside the five internal massive organs and the use of treatment to rebalance and replenish the energy of these organs will improve the cause of the formation of these diseases and not just treating the symptoms.

**Keywords:** Liver; Heart; Lungs; Kidney

### Introduction

This article that I am going to write, which is similar to several other ones I have been writing the energy alterations in the formation of a variety of diseases in many kinds of medical specialties, will be based on the commandments of Hippocrates (460 BCE - 375 BCE), the father of medicine, who says in one of his precepts that "we must consider older medicines before current medical practice" [1].

For this reason, this article is been written according to the teachings of traditional Chinese medicine, which has existed for

over five thousand years, so that people can understand what all digestive pathologies have in common if we analyze them from the energy point of view [2-4].

Since 1997, I have been studying Chinese medicine after completing my medical specialization in infectious diseases, in Brazil, at the State University of Londrina in 1995 [5].

Ever since, I never stopped studying traditional Chinese medicine, which according to Hippocrates (460 BCE - 375 BCE), a lifetime is too little to learn everything there is to learn and study. But through this article, I am going to share what I have further learned about digestive pathologies so far [1-4].

What I find very interesting in Chinese medicine is that the theories written thousands of years ago, have maintained the same teachings and do not change, but the human being has changed in a way, with the modernization of the world with the implantation of electronic devices, cell phones, and computers, brought about a change in the energy pattern and causing the drugs developed for the digestive pathologies created a while ago, no longer exert their expected therapeutic effect due to the energetic changes in the human beings body [2-4,6].

During the studies of the energy changes in 1000 patients between 2015 to 2020, I concluded that 90% of all my patients are completely out of energy inside the internal five massive organs (Liver, Heart, Spleen, Lungs, and Kidney). Furthermore, I plan to proceed with another study in 2022 and I could anticipate that 100% of the patients will be completely out of energy, regardless of their type of diagnosis. The patient can have simple symptoms such as anxiety, and depression or have even more complex pathologies such as gastritis, gastroesophageal reflux, ulcerative colitis, Crohn's disease, cancer, etc. However, what all have in common are these energy deficiencies, which are the cause of the formation of all diseases (according to the Five Elements Theory and *Yin* and *Yang* theory in traditional Chinese medicine), which are responsible for the internal energy production of *Yin* and *Yang* (by the Kidney), Blood (by the Spleen), *Qi* (by the Liver and Lung) and the Heart are responsible for Blood circulation, within the blood vessels. The lack of these energies can lead to the formation of different diseases because according to Chinese medicine, all energy changes can generate different diseases at the "leaf" level and the same disease at the "leaf" level can come from several different energy changes [2-4,7-9].

For example, in the case of patients who have chronic gastritis, the lack of internal energy in the five massive internal organs generates the formation of internal Heat, responsible for the inflammatory process in the Stomach and the use of drugs and proton pump inhibitors, being highly concentrated medications, is causing an even greater reduction of the patients' energy, according to Arndt-Schultz-Law, causing more internal Heat build-up. Due to this, patients diagnosed with chronic gastritis do not improve with the use of this kind of medication and may increase the risk of developing cancer, as the chronic use of any highly concentrated drug can further reduce our vital energy and reduce our immunity, increasing the risk of several pathologies, including cancer [3,9].

In the case of patients with chronic intestinal constipation, they all have in common the deficiency of Blood production caused by the lack of energy in the Spleen and pancreas energy and also, the lack of energy in the five massive internal organs and the rebalancing and replenishment of the energy of these organs using highly diluted medications according to the theory created by myself (2020) with the title *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* leads to the beginning of normal intestinal functions when associating with Chinese dietary counseling, which takes into account the energy part of each food ( Cold, Neutral, Warm and Hot) [2,3,10].

Patients who have ulcerative colitis or Crohn's disease have in common a lack of energy in the five massive internal organs, as I am showing in the article written in my past article (2021) entitled *Energies alterations and Chakras' energies deficiencies in patients with ulcerative colitis* and in the article also written by myself (2021) which title is *Energies Alterations and Chakras Energies Deficiencies in Patient with Crohn's Disease* and the rebalancing and replenishment of these organs energy lead to a decrease in the inflammatory process, without the need to use corticosteroids, which are medications that increase Heat formation and may worsen the energy deficiency situation that is presented in this disease formation instead of improving it [11,12].

In summary, I would like to finalize saying that patients with any type of cancer of the digestive system have in common, the lack of energy in the five massive internal organs, according to the article I wrote (2020) with the title *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer* and all these organs are responsible for the production of vital energy, which has the function of preventing the formation of any infectious and non-infectious disease [9].

What we see in today's times is that patients with any cancerous pathology in the digestive system are being treated only for the symptom, which is the formation of cancer itself, but the real cause of the formation of cancer, which is the lack of energy and internal Heat formation are still not being treated, leading to thousands of treatments just for cancer but not for the cause [9,13].

Therefore, knowing that there is a commonality among the digestive pathologies and that the energy deficiencies of the five massive internal organs, lead to weakness or immunodeficiency in

our patients. Treatments are necessary for the cause, which is these energy deficiencies and not just the symptoms that can lead to the patient's cure. If we only treat the symptom of the pathology of the digestive system, we will be committing a fatal mistake causing a decrease in vital energy and cause more formation of internal Heat formation and more complications, such as more inflammation and more tendency to have cancerous pathologies. This is due to the weakening of the energy in the patient, which is responsible for the health of our immune system [2-4,9-12].

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