

The Challenge to Move the GI Tract

Alfredo Fernandez*

Florida Medical Association, American Medical Association, USA

***Corresponding Author:** Alfredo Fernandez, Florida Medical Association, American Medical Association, USA.

Received: January 31, 2020

Published: June 30, 2020

© All rights are reserved by **Alfredo Fernandez.**

One of the most difficult approaches are when we have a patient with any symptoms of abnormal motility in this case the inhibit of bowel movements and reflux of GI tract and the same time the patient suffer of any cardiac arrhythmia and neurological disorder including any mood disturbance. The reason is because the meds that we can use to improve the motility affect some how the dopamine receptors in the brain and heart too. Therefore thousands of patients can't be able to improve her multiple symptoms of acid reflux, gas, constipation and upper - lower dyspepsia then the Management of all those conditions stuck in some matter that neither Surgeons and Clinicians can't be able to help them and burden of this patients medically and economic too increasing their frustration therefore we need to learn how treat this patients and allow their compliant with this condition management.

In my opinion one of the most affordable options are;

- First to educate them about GI physiologist and nutrition
- Second one pushing the pharmacy industry to find a more natural and specific cholinergic receptor that don't interact with any heart and nervous condition as well with the cognitive area.
- Third is Increase the investigation about herbal sand plants with pro kinetic properties that might help to improve the quality of life of all those patients.

Assets from publication with us

- Prompt Acknowledgement after receiving the article
- Thorough Double blinded peer review
- Rapid Publication
- Issue of Publication Certificate
- High visibility of your Published work

Website: www.actascientific.com

Submit Article: www.actascientific.com/submission.php

Email us: editor@actascientific.com

Contact us: +91 9182824667