

## Kids, Vaayu and Corona: Who Wins the Fight?

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### 1<sup>st</sup> Picture

Breaking news!

Coronavirus Papa, what is this on TV? something Co. 00. 00..  
Coronavirus! Papa said that he will tell us later. So now, whom,  
shall we ask about Coronavirus! Corona? Know whom we should  
call! Son, I will tell you about it. Once I will return from office. GO  
Corne vie Cena vi Vaayu! Vaaya! Vaaayu! Come and please help us!



**Picture 1:** page 1 of Kids, Vaayu and Corona: Who wins the fight?

### 2<sup>nd</sup> Picture

Oh, kids seems to be panic. I must visit them. What happened  
to kids?

### 3<sup>rd</sup> Picture

Vaayu we have seen news about Coronavirus in the TV. Do we  
need to worry? Viruses are like germs. They are very small infec-  
tious particles that lives inside of living organisms. Kids! Do you



**Picture 2:** Page 2 of Kids, Vaayu and Corona: Who wins the fight?

know what is Coronavirus? Can we see them? No, what are viruses?  
No, they are so small that we can't see from naked eyes, Ohh!



**Picture 3:** Page 3 of Kids, Vaayu and Corona: Who wins the fight?

4<sup>th</sup> Picture

Vaayu, How does virus spread? Viruses can't move on its own but they spread easily through touch. After that if you shake hand with your friend then you can pass the virus to your friends. How come? Please explain. Let's say if you have cold & wipe your running nose with the back of your hand. Is it? Yes



Picture 4: Page 4 of Kids, Vaayu and Corona: Who wins the fight?

6<sup>th</sup> Picture

So, they make us sick? Virus in the cell keep growing and once a cell is full of viruses it explodes and spread the viruses to other cells to produce more virus inside the host. Yes, when they grew in millions. In our life virus attack us several times but we have self-defence mechanism to recover fast.



Picture 6: Page 6 of Kids, Vaayu and Corona: Who wins the fight?

5<sup>th</sup> Picture

Vaayu, are there other ways through which virus can infect us? What does a virus do in our body? Really? Yes, Virus can float and move through air. This is why doctors and teachers always advice to cover your mouth when you sneeze or cough. Once the virus enters our body, they try to capture a cell and control the cell to make more virus.



Picture 5: Page 5 of Kids, Vaayu and Corona: Who wins the fight?

7<sup>th</sup> Picture

Vaayu, Please explain how Coronavirus is different than other viruses? No, Coronavirus is just like any other virus, which cause Common cold, Flu and Chickenpox. E What are the symptoms of Coronavirus? Cough, Cold, Headache, Fever, Dry cough and problem in breathing are the symptoms which might appear after the exposure.



Picture 7: Page 7 of Kids, Vaayu and Corona: Who wins the fight?

8<sup>th</sup> Picture

Vaayu, we are seeing in newspapers and TV that everybody is talking about Coronavirus. Are we safe Vaayu? Kids, you do not need to worry about Coronavirus. We all will be fine, if we follow simple prevention steps. But Vaayu, we have learned that many people died in China. It is also spreading fast in other countries. No, we do not need to worry, just follow what I will be teaching you now. But why? The mortality rate of Coronavirus is 2%. That means if 100 people got infected with virus, only 2nd person is likely to die.



Picture 8: Page 8 of Kids, Vaayu and Corona: Who wins the fight?

9<sup>th</sup> Picture

In the past we have seen SARS having mortality rate of 10%, Swine flu having mortality rate of 4.5% and Ebola even more. Really we have faced more deadly viruses in the past? Yes, the mortality of Coronavirus is lower and we all will be fine So, we do not need to worry about Coronavirus? Yes, we do not need to worry but, we need to be careful, and should not panic about Coronavirus.



Picture 9: Page 9 of Kids, Vaayu and Corona: Who wins the fight?

10<sup>th</sup> Picture

Yes, Vaayu, we are strong and won't panic about Coronavirus but please tell us precautions we should take to defeat this virus? Can we really defeat it? Yes kids, you can control the spread of Coronavirus and you can defeat it by following simple precautions. Really, can we control the spread of Coronavirus and prevent yourself and your family? Yes, there are few simple ways through which you can keep yourself and your family's health safe.



Picture 10: Page 10 of Kids, Vaayu and Corona: Who wins the fight?

11<sup>th</sup> Picture

Wow! This is interesting

that we can defeat Corona Virus. Please tell me more about infection control! Ok kids, I will tell you simple steps to follow not only for Coronavirus but also other viruses and bad germs.



Picture 11: Page 11 of Kids, Vaayu and Corona: Who wins the fight?



12<sup>th</sup> Picture

First step is that we need to be clean and maintain hygiene. Use hand sanitizer and wash your hands properly. How we wash our hands properly to kill germs? The germs and bacteria hide at a place, where it is hard to kill them. So, we need to wash our hands properly. Now follow with me these seven steps. Washing hands WATER AND SOAP WIPE WITH CLEAN TOWEL FOCUS ON WRISTS instructions PALM TO PALM BACK OF HANDS BETWEEN FINGERS FOCUS ON THUMBS.



Picture 12: Page 12 of Kids, Vaayu and Corona: Who wins the fight?

13<sup>th</sup> Picture

Ok kids, as you know virus spread through touch, let's greet in traditional ways. What does it mean? Let's Greet Like This As-Salaam-Alaikum Hello Everyone Namastey Sat-Sri-Akal Ji NOI Like This.



Picture 13: Page 13 of Kids, Vaayu and Corona: Who wins the fight?

14<sup>th</sup> Picture

Other steps includes that you cover your face with mask when go in crowded places. You need to wear mask only.... Do we all need to wear mask? No kids! If you are a health worker and attending to individuals with respiratory symptoms If you have respiratory symptoms- cough, difficulty in breathing. If you are providing care to individuals with respiratory symptoms. NOT needed for general public who do not have respiratory symptoms If I don't have cold or respiratory symptoms should I also wear mask? No, you do not need to wear mask, but follow above suggestions.



Picture 14: Page 14 of Kids, Vaayu and Corona: Who wins the fight?

15<sup>th</sup> Picture

Thank you, Vaayu! These are simple steps and in this way we can defeat the Coronavirus. Yes kids, together we will defeat Coronavirus and other infections. Let's follow the simple steps and break the chain of infection and be the hero by preventing the diseases. Yayyyyyyy! We will break the chain of infection. That's good, please also teach your friends and stop these spreading germs and viruses.

16<sup>th</sup> Picture

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Ok kids, now tell me, How can you defeat corona virus? By washing hands properly. By maintaining social distance. By greeting traditionally. If sick, follow doctor advice maintaining Proper hygiene.



Picture 15: Page 15 of Kids, Vaayu and Corona: Who wins the fight?



Picture 17: Page 17 of Kids, Vaayu and Corona: Who wins the fight?



Picture 16: Page 16 of Kids, Vaayu and Corona: Who wins the fight?

17<sup>th</sup> Picture

Thank you, kids. You are my Heroes! If you cannot go out, play indoors! Thank you, Vaayu. Vaayu Going Yay! Now we can play indoors. Yeah, we can play some interesting indoor games like Jigsaw, carrom, ludo, jenga, reading books and comics.

18<sup>th</sup> Picture

Coronavirus FOR CHILDREN OF AGE GROUP 9 TO 12 YEARS, Corona Viruses are a large family of viruses that causes illness ranging from common cold to more severe diseases, such as Middle East

Respiratory Syndrome (MERS-CoV) and Severe Acute. Respiratory Syndrome (SARS-CoV). Common signs of infection include respiratory symptoms cold, fever, cough, and breathing difficulties. In more severe cases, infection can cause pneumonia, severe acute respiratory syndrome, kidney failure and even death.



Picture 18: Page 18 of Kids, Vaayu and Corona: Who wins the fight?



Picture 19: Page 19 of Kids, Vaayu and Corona: Who wins the fight?