



Dentin Hypersensitivity and COVID

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Coronavirus disease 2019 (COVID 19) is a contagious disease caused by SARS-CoV-2 started as a pandemic in December 2019 which affected the entire human race not only financially but also crumbled the physical and psychological status. As a result, the common population was affected with physical symptoms like fever, cough, fatigues etc., and psychological disturbances like anxiety, stress, depression, delirium. The intra oral manifestations of COVID also cannot be neglected as most of them require treatment from specialty of dentistry post COVID recovery yet dentin hypersensitivity still remains a neglected part.

The psychological disturbance during the phase of COVID causes severe acute bruxism in most of the affected individuals that initiates the dentin hypersensitivity which alters the quality of life in COVID recovery patients.

Though dentin hypersensitivity can be treated it is preventable by fabrication of removable tooth splint for the people who are in high risk to get affected with COVID. Thus all the health care workers and dentist should consider removable tooth splint fabrication for comorbid and high risk population as a simple, non-invasive and cost effective tool to prevent hypersensitivity that might alter the life style of the COVID recovery patients.

Still a survey can be considered, involving a huge sample to prove the fact.