

## Transfloral Acupuncture - A New Combination of Ear Acupuncture and Floral Essences to Improve the Energy of Patients

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### Abstract

In any patient the extension of the actual electromagnetic field is decisive for his state of health as well as for the effectiveness of any therapeutic measure. With the innovative method of Transfloral Acupuncture it is possible to improve the energetic level of patients considerably within seconds.

Most foci (which are obstacles for diagnosis and treatment) are dental foci.

Teeth, even if they don't yet need treatment by a dentist, can present a focus causing a considerable loss of energy for the patient. This loss of energy reduces his capability to react to treatment as well as his immune system.

According to the research of Prof. Frank Bahr and Dr. Heike-Dorit Schmid every tooth is in resonance to a flower essence, (Bach, Californian flower essences or Australian Bush flowers). By means of the Vascular Autonomous Signal (VAS) and the Bahr detector (a combination of a 3-Volt hammer and a black and white hammer) all teeth are controlled and the corresponding flower essence is chosen. A drop of the floral essence is given orally and another drop is placed on the ear lobe of the patient at the place of the tooth found to be a focus. Now a permanent needle is inserted through the floral essence into the ear lobe. This manoeuvre we call "Transfloral Acupuncture", needling through the flower or tfA.

**Keywords:** Transfloral Acupuncture; Ear Acupuncture; Floral Essences

### Introduction

In auricular medicine we learn that every patient must be checked for strong foci that may cause oscillation or inversion [1,3,5]. According to Strittmatter's definition a focus is a harmful influence which interferes with the body's system of self-regulation, especially with the control of stimuli that disturb the body's order [4] (p.5).

Thus foci are obstacles for diagnosis and treatment. Very strong foci cause oscillation, which is defined as a constantly changing transmission of information. In the second category are foci that cause inversion, which is a constant transmission of information,

but in the wrong direction. If the answer should be "yes" it is "no" and vice versa. Both conditions must be treated or excluded before a valid diagnosis or treatment is possible in auricular medicine. 80 to 90 % of all foci are in the area of the head, most of them are dental foci [2].

Heike Dorit Schmid, Christiane Wesemann und Frank Bahr assigned to each tooth an acupuncture point and a floral essence (and later a laser frequency) and published their findings in a first article entitled *Energetische Zahnmedizin. Unterstützung mit Blütenessenzen* (Energetic Dentistry. Support with Floral Essences) which appeared in the journal 4/2003 "Schmerz und Akupunktur" [2].

CHERRY PLUM Star Thistle	MINIULUS Forget- Me-Not	Baby Blue Eyes	Hibiscus	CRAB APPLE Lotus Goldenseal Violet	Wisteria	Indian Paintbrush	(CENTAURY) Golden Ear Drops
Ni 3 18	Lu 1 17	Boab Gb 1 16	He 4 15	Ni 7 14	Gb 30 13	Gb 43 12	Lu 7 11
48 Yin- tang	47 BI 11 Turkey Bush	46 DI 15 Yellow Cowslip Orchid Borage	45 NI 6 Larkspur WALNUT	44 BI 67 Crowea	43 KS 6 Quaking- Grass	42 DI 4 Bauhinia	41 BI 62 Fairy Lantern (Sunflower)

Abb. 1a: BACHBLÜTE (in Versalien), kalifornische Blüte (in Normalschrift), australische Blüte (in Kursivschrift)

Figure 1: Tooth chart acc. to Schmid/Bahr with corresponding floral essences (right side) [2].

Golden Ear Drops	Angelsword	Wisteria	Lotus Goldenseal Violet	Hibiscus	Baby Blue Eyes	Forget- Me-Not	Star Thistle
Lu 7 21	Ma 41 22	Gb 30 23	Ni 7 24	He 4 25	Gb 1 26	Lu 1 27	Ni 3 28
31 BI 62 Fairy Lantern (Sunflower)	32 DI 4 Bauhinia	33 KS 6 Quaking- Grass	34 BI 67 Crowea	35 NI 6 Larkspur WALNUT	36 DI 15 Yellow Cowslip Orchid Borage	37 BI 11 Turkey Bush	38 Yin- tang Blackberry

Figure 2: Tooth chart acc. to Schmid/Bahr with corresponding floral essences (left side) [2].

Based on this work a number of 168 randomly chosen patients were checked for dental foci, the strongest of them was treated with the corresponding floral essence. One drop of the essence was applied orally and another one placed with a ASP permanent needle in the auricular representation of the tooth found to be the focus. This manoeuvre we call “Transfloral Acupuncture”, needling through flowers [1].

During one year 168 patients were chosen at random and, with their informed consent, included in the present study. 100 were fe-

male, 68 male. 616 treatments in total were documented. The average age was 53,99 years, 54.01 years with women and 53,27 years with men. By this improvement of the energy field the patient feels more energetic, is more resistant to infections and reacts better to any treatment given afterwards [1].

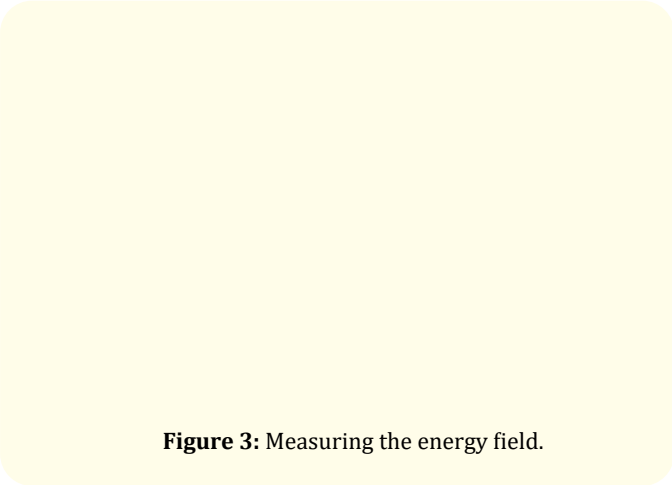
## Methods and Materials

### Method/Procedure

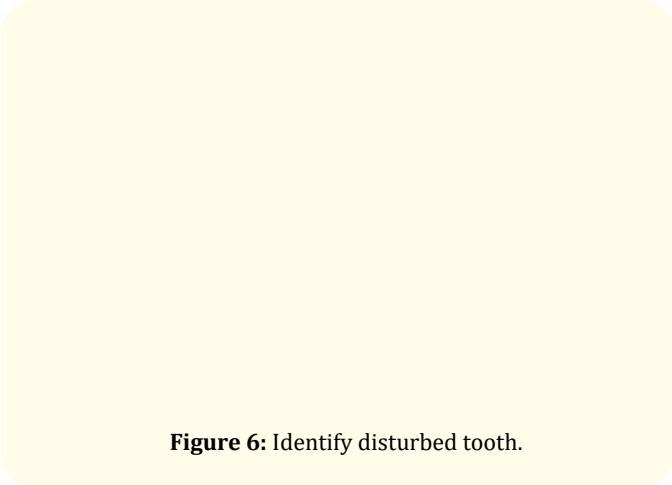
After grounding the patient, the exact extension of the electromagnetic field is measured: put the bottom plate underneath the cushion, unfold the measuring rod, put it vertically, adjust zero-point to the level of Yin Tang, move polaroid filter up along the measuring rod while taking the patient’s pulse until it gets stronger (VAS= vascular autonomous signal). (Figure 1). Check with Bahr detector on Yin Tang, if there is a VAS there is oscillation. (Figure 2). Treat oscillation with 2-3 drops of the Californian flower essence Self Heal (Prunella Vulgaris, in Chinese Medicine known as: Xia Ku Cao). This lowers the level of foci and reduces oscillation into inversion.

Check with Bahr detector on Reiningger’s checkpoints on the left and right frontal bump, if there is a VAS now, it indicates the side of inversion (Figure 3). Double check on Pc 6 (Nei Guan) on the volar forearm bilaterally. If there is a VAS this means inversion on the corresponding side. Now check with Bahr detector over all 4 tooth quadrants for VAS, if present identify the responsible tooth in vivo (Figure 4) and confirm on the tooth chart (e.g. tooth 24, meaning the fourth tooth of the second quadrant) (Figure 5). Look up the corresponding floral essence on the tooth chart. If several floral essences belong to the same tooth: select the appropriate by VAS (floral essence bottle directly on tooth or on chart), e.g. Golden Rod (Figure 6). Now the disturbed tooth can be found by the floral essence belonging to the tooth or the Bahr detector. You will get a VAS on the tooth as well as on its representation on the ear (Figure 7). Give one drop of the floral essence orally (Figure 8) and one drop on the ear lobe where the tooth is located (Figure 9). The next step consists of the actual transfloral acupuncture: a permanent needle is put through the liquid into the ear lobe (Figure 10). In doing so the information of the flower is inoculated into the patient.

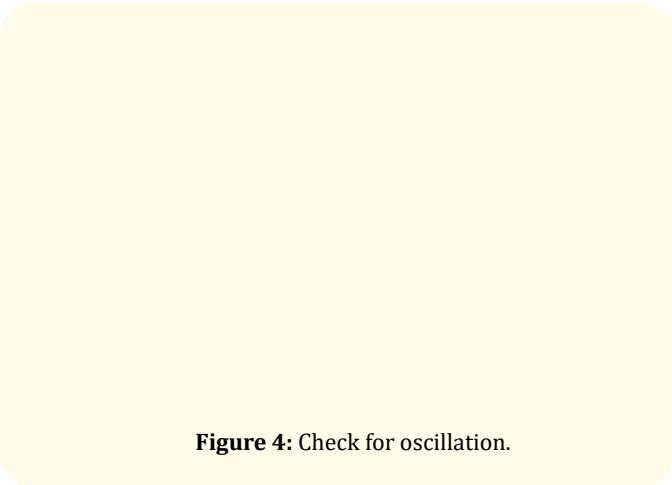
The results are remarkable: There is an immediate massive increase of the extension of the electromagnetic (energy-) field (as an average 59,35 cm). If the corresponding acupuncture point belong-



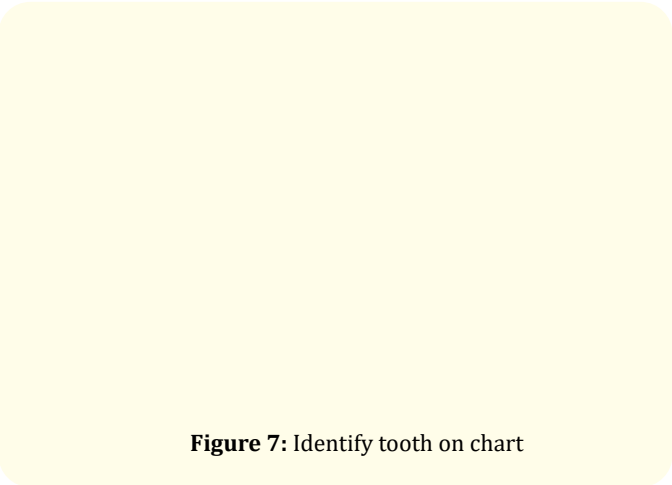
**Figure 3:** Measuring the energy field.



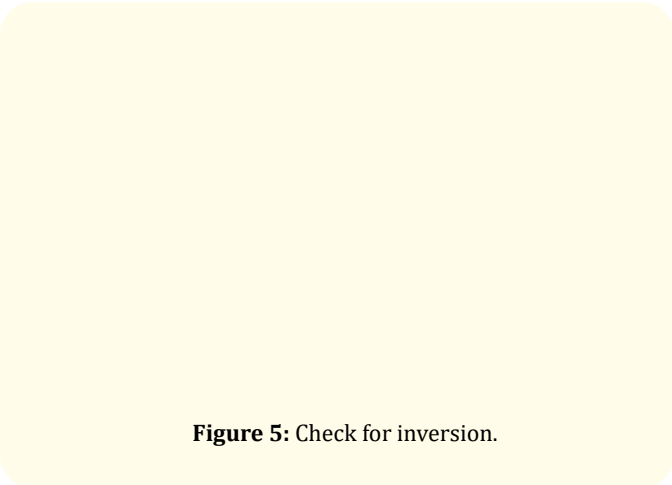
**Figure 6:** Identify disturbed tooth.



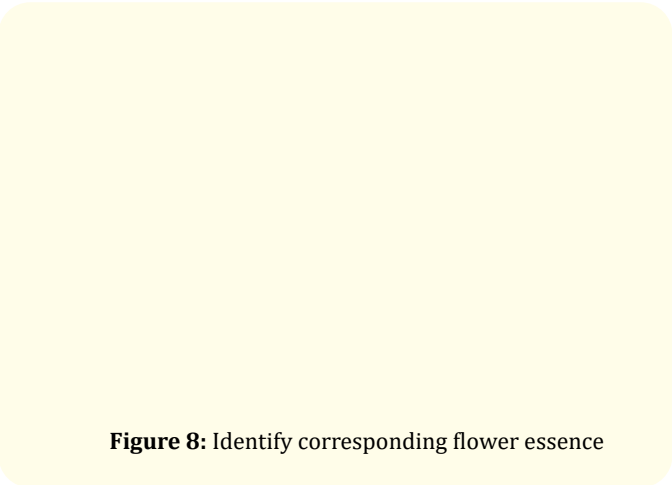
**Figure 4:** Check for oscillation.



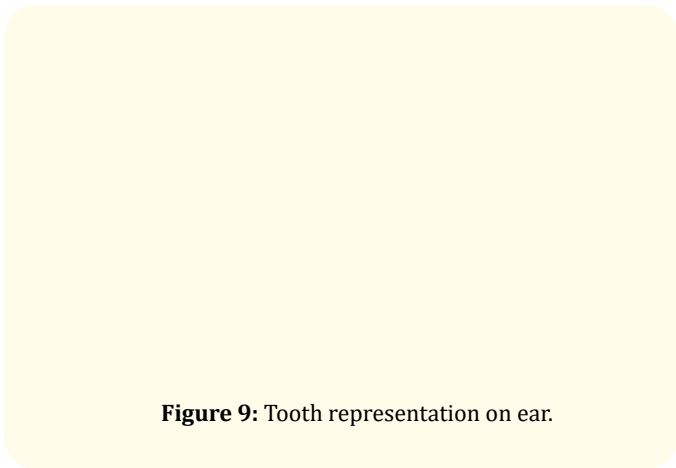
**Figure 7:** Identify tooth on chart



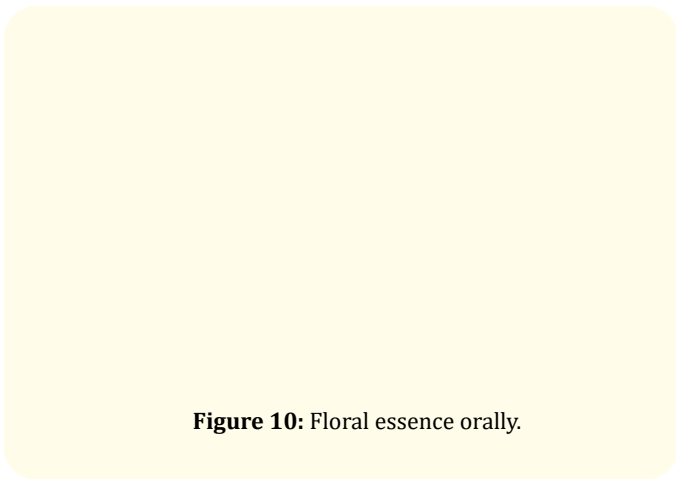
**Figure 5:** Check for inversion.



**Figure 8:** Identify corresponding flower essence



**Figure 9:** Tooth representation on ear.



**Figure 10:** Floral essence orally.

ing to that tooth (e.g. Kidney 7 to tooth 24) is also needled transflorally on the same ear, the increase is even more. The electromagnetic field lines over any pathologies (e.g. liver or a painful joint) are no longer transverse but vertical as they should be in a healthy state. A VAS can no longer be triggered on the tooth found initially, neither with the Bahr detector, the focus indicator substance nor the floral essence. By treating the strong dental focus causing inversion and by increasing therefore the energy field of the patient, his immune system and his self-healing capacity are strengthened considerably. Also, all following therapies have a better effect.

**Materials**

The following materials were used (in chronological appearance during the procedure):

- Grounding (earclamp connected to the zero phase of an electric socket) to neutralize electrostatic charges
- Measuring rod (according to Wirz/Mathis) to exactly measure the extension of the electromagnetic field of the patients
- Polaroidfilter (size 8x8 cm)
- Black and white - 3 Volt hybrid hammer acc. to Prof. Bahr.
- Tooth chart acc. to Schmid/Wesemann/Bahr
- All floral essences appearing on the tooth charts: 13 Californian essences, 7 Australian Bush flowers and 5 Bach flowers
- ASP permanent steel needles
- Eventually gold needle (gold-plated steel needle Diamant (0,3 x 20 mm, Fa.Blum).

**Results**

During the period between 24.11.2014 and 10.11.2015 totally 618 transfloral acupuncture treatments with measurements of the energetic field before and after each therapy were performed. The patients were 100 females (94 women, 6 girls) and 68 males (63 men and 5 boys). The average age was 53,99 years, 54,01 with the females and 53,27 years with the males. The average increase of the energetic field measured 59,35 centimeters [1].

**Frequency of the teeth**

If the results are analysed according to the frequency of the teeth, tooth 24 is at the top of the ranking (66 times), tooth 25: 58 times, tooth 34: 49 times, tooth 44:37 times, tooth 14: 36 times, teeth 35 and 45: 34 times each, tooth 15: 33 times, tooth 13: 27 times, teeth 33,16 and 26: 26 times each, tooth 46: 25 times, teeth 41 and 36: 22 times each, tooth 23: 21 times, tooth 43: 18 times, teeth 12 and 32: 12 times each, tooth 47: 7 times, teeth 17, 22 and 41: 5 times each, tooth 37: 4 times, teeth 11 and 27: twice each and teeth 21 and 31: once each.

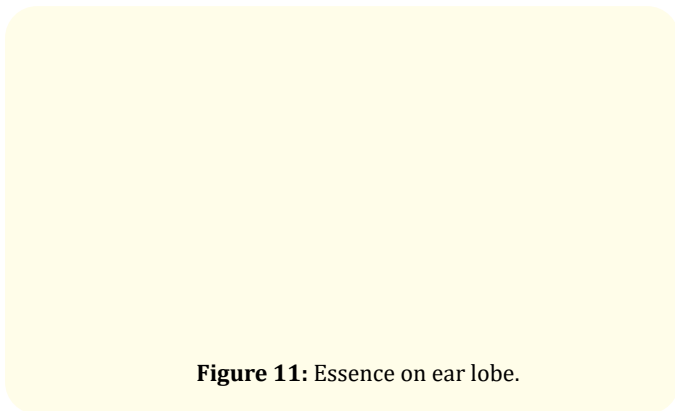
In the present study teeth nr. 18, 28, 38 and 48 were never found in 616 measurements, which is surprising, because wisdom teeth are frequently impacted or operatively removed and are therefore potential foci.

Equally amazing is the fact that teeth nr. 16 and 26 are found only at eighth place, tooth 46 at ninth and 36 only at eleventh. According to the prevailing opinion of dentists teeth number six are the ones most frequently carrying pathologies, a statement we could not confirm with our study.

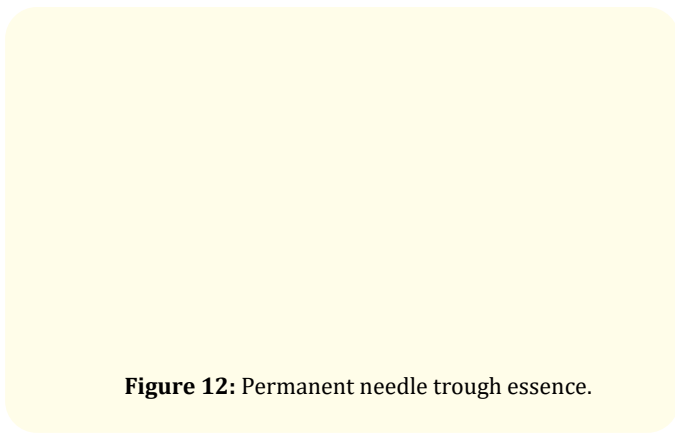
### Frequency of the floral essences

The incidence of flower essences was as follows:

The most frequent flower was Hibiscus (90 times), (Figure 11), followed by Crowea (86 times), (Figure 12), then Wisteria together with Quaking Grass 44 times and Golden Rod 43 times. Boab 37 times, Larkspur 35 times, Bauhinia and Violet 34 times each Walnut 33 x, Yellow Cowslip Orchid 27 x, Lotus 21 x, Borage 20 x, Baby Blue Eyes 15 x, Indian Paint Brush 12 x, Turkey Bush 11 x, Fairy Lantern 6 x, Forget me not and Angels word 5 x each, Crab Apple 4 x, Golden Ear Drops 3 x, Mimulus 2 x and finally Cayenne 1x. Californian flowers were found 13 times, 7 times an Australian flower und three times a Bach flower.



**Figure 11:** Essence on ear lobe.

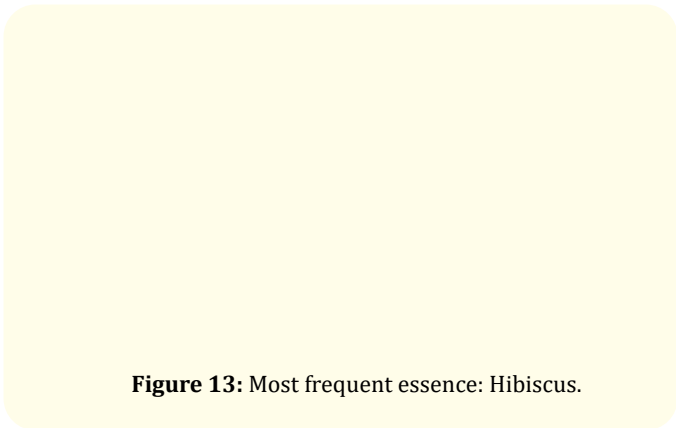


**Figure 12:** Permanent needle trough essence.

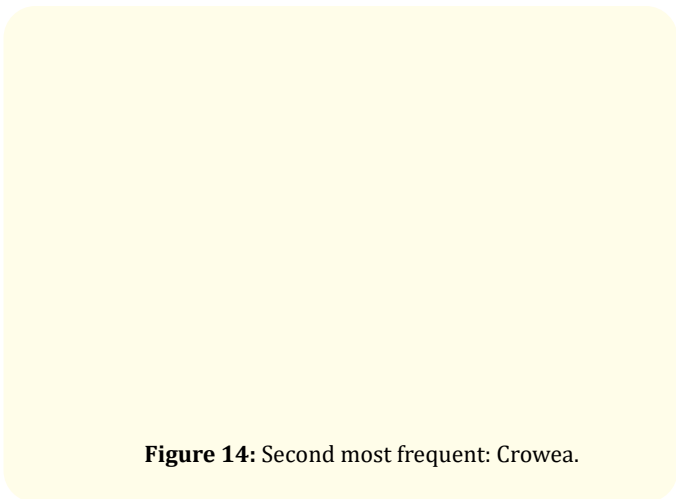
### Special case: children

The same procedure can principally also be applied to children, except that we don't use needles. We give the floral essence corresponding to the dental focus orally. By oral dosage alone the in-

crease of the energy field in 9 children with an average age of 8,9 years was still 47.1 centimeters. Instead of needles low level laser (Laserneedle or Laserpen) can be applied as long as the VAS is present, this would bring even better results [6].



**Figure 13:** Most frequent essence: Hibiscus.



**Figure 14:** Second most frequent: Crowea.

### Discussion

With the new method of Transfloral Acupuncture tfA for the first time a method is at our disposal which increases the electromagnetic field of a patient many times almost immediately. By treating the strongest foci the effectiveness of all following therapies is improved because finally more energy is at the disposal of the self-healing capacity of the patient. All foci are places where energy is lost (e.g. dental foci, scars and so on); it can be said that every person is only as healthy as the number of his or her foci. Very strong foci cause oscillation or inversion, energetic states which are obsta-

cles to diagnosis and treatment. Precondition to apply this method is that the examiner must be experienced in pulse palpation according to Nogier. Paul Nogier described a dynamic change of the pulse which he called *réflexe auriculo-cardiaque* or RAC, later dubbed vascular autonomous signal VAS or in his honour: Nogier reflex. In auricular medicine all active points respond with a pulse change VAS when approached with a Bahr detector or a substance in resonance to this point, be it a focus indicator substance or a floral essence. With this VAS palpation there is still a human factor in the procedure, although reproducible by anybody familiar with the Nogier pulse. At present several research groups try to reproduce the VAS by technical equipment, but a major breakthrough is yet to come.

### Conclusion

The method of Auricular Medicine originating from Paul Nogier and further developed by his student and later collaborator Frank Bahr is a precious and very effective therapy, if applied properly. Fundamental and decisive are the first steps: Exclude oscillation and inversion which prevent correct diagnosis and treatment. Perform focus analysis and treat at least the strongest foci. There is nobody who does not react to acupuncture, but there are patients with strong foci that block their reaction. Experience shows, that the strongest foci are in the area of the head. Many of them (up to 80%) are teeth. This is why the author developed a procedure called "Transfloral Acupuncture". The combined treatment of dental foci by ear acupuncture with permanent needles and floral essences improves the energy of a patient immediately, enabling him or her to react better to any following treatment. Transfloral Acupuncture *tfA* is easy to learn, fast and efficient.

A new method of Auricular Medicine according to Paul Nogier and Frank Bahr: ear acupuncture using permanent needles combined with floral essences to treat dental foci, improvement of patients' energy, measured by their electromagnetic field, bringing better results in any treatment.

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### Conflict of Interest

The author declares that there is no conflict of interest

### Informed Consent

All patients included in this study gave their informed consent.

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