



Esthetic Maintenance -Hurdles and Shortcomings

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Esthetics remains a very important concern for both clinicians and individuals. However, maintenance of esthetics poses a significant challenge for almost all the cosmetic surgeons. No doubt, patients are aware of consequences associated with diminution of oral health but still, a lot of efforts are still required from patient point of view. As far as the field of dentistry is concerned, there are two important components; gingival health and shape of teeth. Patients often try to replenish the structural components of teeth but show a very negative attitude towards gingival health. They are least bothered about the continuous exposure of root surface which is often termed as 'recession'. Clinicians are always enthusiastic about the treatment options of gingival recession but patients respond to them at a very later stage. It is assumed that any disease whether oral or systemic, if encountered at an early stage is effectively treated but if time progresses on it disease becomes chronic and untreatable. Also, patient will report in the form of either extreme sensitivity or dental caries which all are associated with severe discomfort. It is also seen commonly that patient experience pain at later stage and therefore contact the doctor at

later stage. In this process, because of decreased success rate of treatment protocol, patient loses interest and faith in maintenance of oral hygiene. Hence, in order to maintain an ideal gingival health both clinicians and patients have to be equally cooperative and ideal harmony is required between the two.

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