



Braces Beyond Smile

Anshul Chaudhry^{1*} and Girish Chaudhary²

¹Associate Professor, Department of Orthodontics, Christian Dental College, CMC, Ludhiana, India

²Associate Professor, Department of Orthodontics, BJS Dental College, Ludhiana, India

***Corresponding Author:** Anshul Chaudhry, Associate Professor, Department of Orthodontics, Christian Dental College, CMC, Ludhiana, India.

Received: August 10, 2018; **Published:** August 31, 2018

A smile is a curve that sets everything right. The first thing which gets noticed by the people is "smile". The main aim of orthodontics is not only to create beautiful smiles but maintenance of proper occlusion and establishing proper muscle adaptation also. Apart from providing straight teeth, braces play a significant role in maintenance of good oral hygiene, correct speech, proper gum care and certain problems that extend beyond the appearance of teeth like crowded teeth may exert excessive pressure on the adjacent teeth resulting in loss of teeth and putting unnecessary pressure on the temporomandibular joint.

With the advancement of technology, different varieties of braces are available which can go unnoticed. There is no age limit for this treatment. One should keep in mind that cosmetic problems can cause real damage over a long period of time. So, one should visit the doctor as early as 5 or 6 years of age, even if the child is too young for braces at this age, but this age is not early for evaluation. Early detection of orthodontic problems may make their correction easier in the long run.

Volume 2 Issue 9 September 2018

© All rights are reserved by Anshul Chaudhry and Girish Chaudhary.