



## An Assessment on Confidence of Non-scouts, Scouts and Leadership Scouts

**Sonam Wangdi\* and Karma Tenzin**

*Scouts and Culture Education Division, Department of Youth and Sports, Ministry of Education, Bhutan*

**\*Corresponding Author:** Sonam Wangdi, Scouts and Culture Education Division, Department of Youth and Sports, Ministry of Education, Bhutan.

**Received:** August 09, 2021

**Published:** August 31, 2021

© All rights are reserved by **Sonam Wangdi and Karma Tenzin.**

### Abstract

Students who have taken part in various activities besides normal academic routines are likely to be more confident. As stated by the founder of Scouting Lord Baden Powell, "A week of camp life is worth six months of theoretical teaching in the meeting room". In the camp, campers undergo variety of activities. Thus, being part of the activity is directly proportional to the building of Self Confidence and vice versa. The survey was carried out among the non-Scouts (n = 45; Male=14 and Female =31), Scouts (n = 45; male = 17 and Female = 28) and Leadership Scouts (n = 45; Male = 16 and Female = 29). Dr. M. Basavanna's Self-Confidence and Lack of Self Confidence questionnaire within the total Cronbach's alpha reliability coefficient of ( $\alpha = .77$ ), Self Confidence ( $\alpha = .63$ ) and Lack of Self Confidence ( $\alpha = .87$ ). The participants were administered using questionnaires on two areas, Self Confidence (20 Parameters) and Lack of Self Confidence (30 Parameters). The survey showed that there is a positive relationship with the number of activities students participated in the area of building Self Confidence (Non-Scouts<Scouts<Leadership Scouts) and the other way around.

**Keywords:** Survey-Collection of Data Using Questionnaires; Non-Scouts- Students who have not been in Scouting; Scouts- Students who are Currently Scouts; Leadership Scouts- Students who have been in Scouting and Undergone 21 days of Training

### Introduction

Attitude about your skills, abilities and knowing your strength and weakness well to view positively about yourself is Self-confidence. It is also about the self-assurance in one's personal judgment based on ability and power. One increases its confidence from experiences of having mastered particular activities and it is believed that in the future one can generally accomplish what one wishes to do. If you are a self-confident person, its simple means that you feel good about who you are and feeling good about your ability to achieve things you want to achieve. In other words, you can think of self-confidence as being good about yourself and your capabilities. In the nutshell self-confidence is simply an attribute of self-perceived ability to act effectively in situations to overcome obstacles and to get things go as expected.

### Methodology

#### Sample

The main objective of the survey was to find information on self-confidence and Lack of self-confidence in Non-Scouts, Scouts and Leadership Scouts. Using a goggle form, the questionnaires were shared in the social media Telegram Group (Leadership Scouts of Bhutan) for the Leadership Scouts and Telegram Group (Connecting Scouts- Nazhoen) for the Scouts. For the Non-Scouts I requested Leaders of Telegram Group (Connecting Scouts-Nazhoen) to administer two non-Scouts for the survey.

#### Tools

To collect information on self-confidence and Lack of self-confidence of Non-Scouts, Scouts and Leadership Scouts, the inventory constructed and standardized by Dr. M.Basavanna was used to collect data from 45 Non-Scouts, 45 Scouts and 45 Leadership Scouts across the country.

Collection of data

Self Confidence Parameter		Category of Participants		
		Scouts	Leadership Scouts	
I can be natural while at a party	False	25	9	8
	True	20	36	37
I am never at conflict with myself	False	33	21	26
	True	12	24	19
I enjoy mixing with people	False	16	10	3
	True	29	35	42
I often cross the street to avoid meeting some people known	False	33	35	37
	True	12	10	8
I can recover easily and quickly from social blunders	False	23	13	11
	True	22	32	34
I do not care much for what other think of me	False	10	5	7
	True	35	40	38
I think of myself as a successful person	False	28	18	22
	True	17	27	23
I can face a difficult situation without worry	False	28	19	18
	True	17	26	27
I can tackle new situations with a reasonable degree of assurance	False	22	19	12
	True	23	26	33
I tend to be quick and certain in my actions	False	14	9	12
	True	31	36	33
I always feel that I can achieve the things I wish	False	12	8	14
	True	33	37	31
I am generally confident of my own ability	False	12	6	9
	True	33	39	36
I find it hard to continue work when I do not get encouragement	False	19	23	22
	True	26	22	23
My people believe that I am as much a success as I could be	False	18	8	7
	True	27	37	38
I can play my best in a game or contest against an opponent	False	20	13	12
	True	25	32	33
I am always ready to decide what my next step should be	False	11	11	7
	True	34	34	38
I can adjust readily to new situations	False	22	13	5
	True	23	32	40
I am happy go lucky person	False	13	3	7
	True	32	42	38
I can relax myself easily	False	11	6	7
	True	34	39	38
I day dream very often	False	24	27	21
	True	21	18	24
I feel no obstacle can stop me from achieving my final goal	False	14	6	13
	True	31	39	32

**Table 1:** Table showing number of responses in favor of Self Confidence Parameter.

Table 1 indicated the confidence parameter scored by three categories of the participants. 77.7% Participants who have never been in Scouting are more in favor of the statement “I do not care much for what others think of me” which is also believed by 88.8% of Scouts and 84.4% of the Leadership Scouts. 93.3% of Scouts are in favor of the statement “I am happy go lucky person”, which is also accepted by 71.1% non-Scouts and 84.4% of Leadership Scouts. 93.3% Of the Leadership Scouts who have participated in the survey accepts the parameter of self-confidence statement “I enjoy mixing with people”, which is also affirmed by 64.4% of No-Scouts and 77.7% of the Scouts. In other hand 26.6% of the non-Scouts, 22.2% of Scouts and 17.7% of the Leadership Scouts are in favor of the statement “I often cross the street to avoid meeting some people known”.

Table 2a and 2b reveals the scores of the lack of confidence parameter by the participants. 80% of the non-Scouts themselves declares that they are embarrassed to enter into assembly when

all are already seated and 57.7% of Scouts and 35.5% of Leadership Scouts are also in favor of the statement. 73.3% of the Scouts says that “I can usually find a ready answer for the remarks made to me”, where as 53.3% of non-Scouts do feel positive about it and 66.6% of the Leadership Scouts feel the same. 71.1% of the Leadership Scouts who have participated in the survey are in favor of the lack of self-confidence statement “I tend to worry over possible troubles”, and 57.7 % of the Scouts and 77.7% of the non-Scouts are positive pertaining to the same statement. On other side 22.2% of the non-Scouts supports the statement “It is rather difficult for me to make new friends” which is supported by only 20% of the Scouts and 13.3% of Leadership Scouts. Similarly, only 6.6% of the Scouts are positive about the parameter “I often feel that life’s competition, I am generally the loser”, which is also being felt by 31.1% and 37.7 % respectively by Leadership Scouts and Non-Scouts. The survey indicates that 13.3% of Leadership Scouts believed that it is rather difficult for them to make new friends which is also supported by 22.2% non-Scouts and 20% of the Scouts.

Lack of Self Confidence Parameter.		Category of Participants		
		Scouts	Leadership Scouts	Non Scouts
It is rather difficult for me to make new friends	False	35	36	39
	True	10	9	6
In social conversation I am usually a listener than a talker	False	13	14	17
	True	32	31	28
I can usually find a ready answer for remarks made to me	False	21	12	15
	True	24	33	30
When things go wrong, I pity or blame myself	False	16	13	21
	True	29	32	24
I have a horror of failing in anything i want to accomplish	False	24	23	26
	True	21	22	19
I find it very difficult to speak in public	False	13	21	34
	True	32	24	11
I feel insecure within myself	False	29	34	38
	True	16	11	7
I find it hard to do my best when people are watching	False	12	17	28
	True	33	28	17
I have difficulty in talking to most people	False	18	28	33
	True	27	17	12
I stay in the background in the social gatherings	False	26	25	32
	True	19	20	13
I feel embarrassed to enter into assembly when all are already seated	False	9	19	29
	True	36	26	16
I have difficulty in saying the right thing at the right time	False	18	25	31
	True	27	20	14

**Table 2a:** Table showing number of responses in favor of Lack of Self Confidence Parameter.

Lack of Self Confidence Parameter Non Scouts		Category of Participants		
		Scouts	Leadership Scouts	
I tend to worry over possible troubles	False	10	19	13
	True	35	26	32
I frequently feel thwarted because i am unable to do as i desire	False	14	21	16
	True	31	24	29
I am much affected by the praise or blame of many people	False	26	26	20
	True	19	19	25
My feeling are rather easily hurt	False	10	21	14
	True	35	24	31
I am hesitant about forming decisions	False	17	21	24
	True	28	24	21
I feel bored much of time	False	29	32	26
	True	16	13	19
I am often unable to decide until it is too late for action	False	20	25	23
	True	25	20	22
I often feel that in life’s competition I am generally the loser	False	28	42	31
	True	17	3	14
I frequently feel unworthy	False	29	37	33
	True	16	8	12
I worry over humiliating situations more than most persons	False	20	20	21
	True	25	25	24
I feel physically inferior of my friends	False	31	38	33
	True	14	7	12
I am bothered by inferiority feelings	False	21	28	25
	True	24	17	20
I often feel rather awkward	False	17	22	23
	True	28	23	22
I am afraid that other people dislike me	False	19	21	24
	True	26	24	21
My friends have made better life adjustment than myself	False	13	22	20
	True	32	23	25
I blush very often	False	20	20	22
	True	25	25	23
When upset emotionally take much time to recover	False	19	25	26
	True	26	20	19

**Table 2b:** Table showing number of responses in favor of Lack of Self Confidence Parameter.

## Results and Discussion

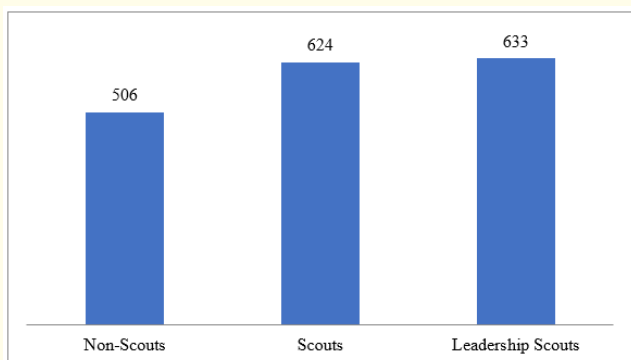
### Analysis and interpretation

The analysis of data in two different areas (self-confidence and Lack of self-confidence) is indicated in the graph below.

### Self confidence

Self Confidence consisted of 20 parameters and all were attempted by all 45 participants in each of the categories (Non-Scouts, Scouts and Leadership Scouts) of the respondent. In 20

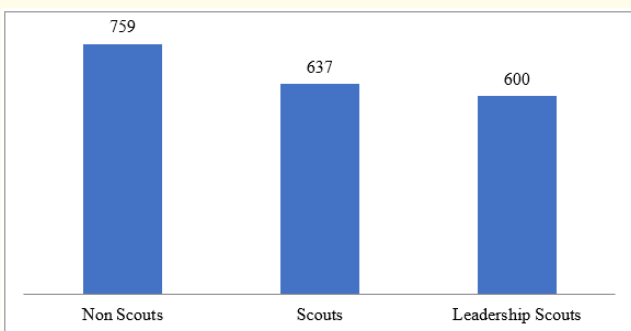
positive statements under the Self-confidence, Leadership Scouts> Scouts> non-Scouts responded.



**Figure 1:** Graph showing total number of respondents in favor of Self Confidence.

### Lack of self confidence

Lack of Self Confidence consisted of 30 parameters and all have been attempted by all the 45 participants in each of the category (Non-Scouts, Scouts and Leadership Scouts) of the respondent. In 30 negative statements under the Lack of Self-confidence, Non-Scouts> Scouts> Scouts> Leadership Scouts have responded.



**Figure 2:** Graph showing total number of respondents in favor of Lack of Self Confidence.

### Interpretation

From the figure 1: Graph showing total number of respondents in favor of Self Confidence, we understand that Leadership Scouts followed by Scouts are in favor of the indicator pertaining to Self Confidence comparing to the non-Scouts participants in the survey. The figure 2: Graph showing total number of respondents in favor

of Lack of Self Confidence indicated that non-Scouts are more in favor of the indicator pertaining to Lack of Self Confidence. The survey shows that Leadership Scouts are more confident than Scouts and Non-Scouts and vice versa.

### Limitation

This study assessed the confidence of Non-Scouts, Scouts and Leadership Scouts. The comparative results reported herein should be considered in the light of some limitations as the findings are limited to the participants who have attended the survey questionnaire only. Generalizing the findings to rest of the Non-Scouts, Scouts and leadership Scouts might not be appropriate [1]. Researcher being the novice, formation of research aims and objectives, implementation of data collection and analysis methods, sample size, lack of previous studies in the research area, and scope of discussion are some of the common areas subjected to study limitation (Research Limitations - Research-Methodology, n.d.). Sharing and passing of survey questionnaire via social media group (WeChat, WhatsApp, Telegram, and Messenger) have been biased in the selection of the sample participants. Explore, trial and error methods of using SPSS software is yet another limitation of the study to establish concrete findings. Lack of documented research on similar topics is baseless to support current findings in consideration to our context. Thus, the findings of the current study lack enough backup observable writeup to draw an inference at large [2-6].

### Conclusion

As defined in the key words Leadership Scouts and Scouts are group of students who take up Scouting activities in the school during leisure hours besides normal academic routine. Scouting focused at wholesome development of individual (Physical, Mental, Social, Spiritual and emotional) towards citizenship building in becoming responsible and productive citizen contributing towards the community where they live and making a better world at large. Varieties of programs are being designed and facilitated at Schools, Dzongkhags, and Regional and at National Levels for these groups of students. The survey indicated that the invested resources for the Scouts and the Leadership Scouts have not gone in waste. It is likely that participating in different programs enables the growth of Self Confidence in an Individual.

### Bibliography

1. Yangzom. "Effects of Brain -based Learning on Physics Academics Achievement and Learning Atmosphere of the Ninth Grade Bhutanese Students". *Rabsel-the CERD Educational Journal* 16.2 98-113.

2. Antony A. "Self Confidence to enhance the adolescent Potential". *Journal of School Social Work* (2010): 17-22.
3. Basavanna M. "Self Confidence Inventory". Sri Venkateshwara University, Tirupati (1975).
4. Fikri AI. "The relationship between the activities scouting and self esteem with social skills Scout Penggalay Elementary School". *IRE Journal* (2018): 30-34.
5. Geetha D. "A Survey of Self Confidence of B.Ed students". *International Journal of Educational and Psychological Research* (2018): 52-55.
6. R D M. "Self Confidence: A key to boost self esteem and happiness". *Journal of School Social Work* (2010): 23-25.

**Volume 3 Issue 9 September 2021**

**© All rights are reserved by Sonam Wangdi and Karma Tenzin.**