



## To Win Virus Attack by Nutrition (Olive Leaf) Contains Nucleoside Triphosphate Same as Remdesivir Drug after Intracellular and Vitamin D

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### Abstract

Virus fighting are going to become a common and convenient means for human to will be survived. More-and-more Viruses are kept on arriving over the world, forcing human to increase the set of knowledge and using intelligent data to predict and decide more accurately and correctly. The availability of different new viruses increase the complexity of discovery as well as the selection process to overcome them. In this research we are sharing our results from data science to fight against the new generation of viruses. Our data consist of human prediction by iridology, human genes, the data obtained in last few months about the new generation of viruses. At the end we try to offer the ways which human can fight with these viruses. By decreasing the probability of virus fusion in the body, also we indicated the treatment of Mr. President Trump and some other useful ways.

**Keywords:** Olive Leaf; Antioxidant; Antiviral; Antibacterial; Blood Pressure; Immune System; Liver; Obesity

### Introduction

Nowadays, the role of medicinal plants has become more prominent in the society because plants are more available and agree with nature. They are also far from the harms of using chemical drugs, Olive is one of the herbal remedies that has long been available in the form of treatment and in people's food basket. Consumption of olive fruit has long been of special importance among communities, especially in the Mediterranean region. Also, the oil of this fruit has far more benefits than animal oil. Another widely used part of this plant that has received less attention is the olive leaf. Olive leaf, like its fruit, has many uses and benefits. From ancient times, olive leaves have been used to treat many diseases. Olive leaf smoke has also been used to disinfect places. In fact modern laboratory studies indicate the antibacterial, anti-inflammatory and antioxidant properties of olive leaf. Olive leaf is responsible for a wide range of therapies. Olive leaf can fight viruses because of its properties, so it is very suitable for viral diseases. One of its

types is herpes. Olive leaves are also very useful in treating obesity, controlling blood pressure, diabetes and cancer. There are subclasses of viruses in the world, including smallpox, chicken pox, influenza, Ebola, mumps, AIDS, SARS, viral plant diseases, herpes simplex diseases, animal viral diseases, dengue fever, yellow fever, tuberculosis, influenza, redness, viral infections of the respiratory tract, viral infections of the central nervous system, types of hepatitis, genital herpes.

### Related works

There is a lot of valuable works in this area. This is the time to not to compete but help each other to find the best solutions.

### Discussion

Human have been fighting viruses for thousands of years. The new virus is no exception to this rule. In recent decades, several viruses have been transmitted from animals to humans and have claimed thousands of lives, including the Ebola virus, which origi-

nated in 2 - 5 in West Africa. An outbreak has killed 9.8% of infected people, making the virus the deadliest member of the Ebola family. There are other viruses as much or even more deadly, including the coronavirus, which currently infects and kills a number but still has a lower rate than other dangerous viruses. But due to the lack of confrontation, it is still a serious threat. Olive is a tree that is found in most climates and is easily accessible to the general public. It is very easy, convenient and cheap. Also, according to the uses of olive leaves that we have mentioned and its inclusion and generality of its properties and its uses, simplicity, convenience, cheapness and availability, the use of olive leaves is more justified. One of the big problems with chemical drugs is their side effects, and that chemical drugs often have no healing power and are only used to control the disease. The use of olive leaves also prevents the waste of financial resources of governments and individuals and by creating a high level of health in communities. Olive leaf is a very strong antibacterial and antiviral. It strengthens the immune system. It warms the brain. Prevents infections. Eliminates toxins (or soda) It eliminates infections and It is an antioxidant. Olive leaves are even more effective than olive oil. Olive leaf smoke can be used to disinfect and clean indoor environments. "Anti-cancer effect of olive leaf extract" in studies on the lives of people in the Mediterranean, scientists have found a longer life expectancy and a lower incidence of cardiovascular disease and cancer in the people of this region. The polyphenols in olive oil play an important protective role in the body's health and fight against cancer. But here it is necessary to say that the amount of polyphenols in olive oil is very low. In contrast, the amount of polyphenols in olive leaf extract contains a high amount and variety of polyphenols. There are also many structural differences between olive oil versus olive leaves. The polyphenols in olive leaves play an important role in the fight against cancer and inflammatory diseases, and protect DNA damage caused by free radicals, thus preventing negative genetic changes and breaking the chain of many genetic diseases. In this case, the use of olive leaf extract has an effect on treatment and prevention methods.

The European Food Safety Authority has emphasized that olive leaf polyphenols help protect blood lipids from oxidative stress. Due to the cultivation of olives in areas with more sun, olive trees synthesize high amounts of polyphenols stored in their thick leaves. The concentration and variety of polyphenols will be affected by many factors such as geographical location, tree cultivar, tree age. Polyphenols include different phenolic groups, each of which consists of an aromatic ring with a number of hydroxyl groups. Polyphenols are often transported conjugated with one or

more hydroxyl sugars. The main phenolic compounds are iodide sequoids and flavonoids that have been shown to be effective in inflammatory and metabolic biomarkers in humans and animals. Also, the effects of olive leaf include its effect on type 2 diabetes, high blood pressure, obesity, boosting the immune system and being rich in antioxidants. Remdesivir (GS-5734) is a drug that is prescribed for patients with new virus and has good results. Formula; GS-5734. After entering the cell, the drug converts to GS-704277 and then GS-704277 converts to nucleoside monophosphate and then to nucleoside triphosphate. It works inside the cell as the inhibitors of RdRp and prevents the proliferation of new virus inside the cell. Instead, olive leaves can be used because this substance is known in olive leaves as antiviral. Olive leaf has other effective substances such as vitamin D. What xanthine oxidizes causes oxidation of hypoxanthine to xanthine, xanthine is converted to uric acid, and uric acid is converted to superoxide radicals and hydrogen peroxide (during oxidation) and it causes many diseases, including cancer. But olive leaf has anti carcinogenic properties that purify the metabolic enzyme and its effect on the body. As you know, to treat the President of the United States, to use vitamin D and Remdesivir drug, which is the nucleoside of phosphide. In fact, these two substances are effective in healing them naturally in olive leaves. Olive leaves contain Oleuropein, Liks trosayd, Oleuropein agrikon, Course setting, Isorhamnetin and etc. These substances are effective as anti-carcinogenic as well as anti-oxidant, anti-microbial and anti-inflammatory. Another substance found in olive leaves that is high in hydroxytyrosol, which helps prevent breast cancer. Olive leaves have been used as a remedies for many years [8]. As explained above, the main factor preventing the virus from replicating in the body is the more nucleoside phosphide and the combination of D-c, which can be used both chemically and in the immediate and natural form of olive leaf cigarette smoke. Vitamin D not only eliminates unabsorbed calcium in the body, but also prevents viral diseases such as colds, flu, allergies, bronchitis, etc. This is because the presence of vitamin D in the lungs kills viruses and germs that enter the body through respiration. Research has shown that the lungs prevent viruses and germs from entering the body by producing vitamin D. Therefore, vitamin D boosts the body's immune system [1-7].

## Conclusion

In this research, the main aim is to develop a new method to overcome new virus attack very cheap available everywhere and more healthy, just by nutrition.

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