

Is it Possible to Treat Most Diseases Nowadays without Using Any Currently Used Medication?

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This year I complete 30 years of graduation from the Faculty of Medicine of Londrina here in Brazil and when I look back, I see the different levels of learning that I obtained in these years, to be able to compile all my experience to write this article. My first specialty was Infectious and Parasitic diseases, which I did at the same university I graduated from but had a chance to study other forms of medicine when I started my studies in acupuncture 5 years after my graduation. Since then, I have been studying the pattern of human beings that we have today, unlike what we had in the past, about 8, 10 or 20, or 50 years ago, when the people I work with still had energy in their massive internal organs [1].

I say this because, in all my studies presented at various conferences around the world and in the various scientific articles that I have already written in all medical specialties, I am looking at the human being as a whole and not just the part that we can see with the naked eye (at the "leaf" level) but seeing the figure of the tree as a whole, composed of the "root", trunk, branches, and leaves, which this tree is a metaphor that I usually use to compare the different degrees of diagnosis and treatment of Western Medicine and Traditional Chinese Medicine [2-4].

This editorial article will be following Hippocrates (c. 460 bce - c. 375 bce), the father of medicine, that said that "it is far more important to consider other ancient medical traditions prior to the knowledge we have nowadays". For this reason, I will combine thoughts from Western and traditional Chinese medicine to

understand at the deepest level, what is occurring in the human being, from the energy point of view [5,6].

Since the human being is formed of energy, as well as everything that exists in our universe, a statement made by the greatest physicists of humanity such as Albert Einstein (1879-1955), the part of the energy that makes up the human being was unfortunately banned by medical schools from their curriculum, since the implementation of the Flexner report in 1910 [7].

Psychiatrist doctors before this medical reform used bloodletting to treat the psychiatric disorders of their patients, and after this curriculum change, they had to use drugs or only psychiatric medication produced by the pharmaceutical industries. With these changes, all procedures to treat the patient for his energy imbalance such as homeopathy, acupuncture, and flower remedies, among other procedures, were considered "unscientific" by the medical community, and thus, the patients started to be treated only at the "leaf" level of the tree and all the imbalances at the "root" level of the tree became not important or the doctor started to ignore this important part of the human being, which are usually studied by traditional Chinese medicine, which has existed since 5000 years ago, whose theory is not changed since then [7].

Due to this, all alterations at the "root" level, which are responsible for the formation of any disease nowadays, are practically unknown within the medical scientific community and

therefore, many of these alterations are not being treated, and are actually the cause of the formation of most diseases nowadays, from infectious and non-infectious diseases such as anxiety, depression, panic syndrome or even somatic diseases such as diabetes, arterial hypertension, myocardial infarction, stroke and all cancers besides of many other diseases [8-10].

All this started in 2006 when I treated a 70-year-old patient with pain in her legs who was not improving with the use of anti-inflammatories for 6 months continuously. He went to my clinic and instead of treating his symptom, I treated the energy imbalances that are at the "root" level of the tree and so, after 10 acupuncture sessions, in order to balance these energies, the patient improved his symptoms but also improved another problem he had not mentioned he had. He had been suffering from glaucoma for 40 years and his intraocular pressure never went down with the use of eye drops. Only with the treatment performed to correct the imbalances of the "root" of the tree, it was possible to treat all the symptoms or diseases of the patient at the same time, even if the doctor does not know that the patient has such a symptom [2,3,11].

From this case, they were developed in all types of pathology, emphasizing the need to treat the "root" of the formation of diseases that are at the energy level and not only the symptoms in all medical specialties because what modern medicine is practiced has done is to treat only the symptoms that are at the "leaf" level and forgetting that the human being is made of energy and everything that comes before these manifestations, which are at the energy level, are not being studied nor made a diagnosis, due to the changes made to the curricula of medical schools with the Flexner report implemented in 1910, and sponsored by the Rockefeller and Carnegie Foundation [7].

The reason for the importance of writing this article is about the change in the energy standard that our population is suffering nowadays caused by the modernization of our communication systems, with the globalization and implementation of the 5G system to meet the need for faster in opening a file, and receiving several messages at the same time. At the same time, all this started to cause damage to the internal energy of the human being, but these electromagnetic waves are not visible to the naked eye and most doctors are unaware of these alterations and many complaints presented by our patients, mainly the symptoms related to fatigue,

lack of energy, loss of memory and concentration, insomnia, pain, etc. are actually caused by this lack of energy, as I have written in several articles such as in the article written by myself (2021) titled is *Why Patients with Depression do Not Improve the Symptoms with Antidepressant Medications?* and in the second article also written by myself (2021) titled is *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, where I reported a study carried out by me studying 1000 patients seen in 5 years, concluding that most of these patients analyzed between 2015 and 2020 did not have energy in any five internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) and these organs are responsible for the production of vital energy, responsible for the production of energy to see, hear, smell, taste, etc. [6,12].

From the patient who had pain in the legs and who improved his intraocular pressure, I developed the techniques to treat the different infectious and non-infectious pathologies, treating the "root" and not just the "leaves" and many experiences were obtained through these years of study and presented in several conferences worldwide, focusing on the need to treat the "root" and not only the symptom [3,4,10].

The other interesting study in the field of infectious diseases was the presentation I made at the 2nd International Conference on Worldwide Infectious Diseases, which was held in 2018, where I demonstrated the possibility of treating community and hospital infectious diseases using the same method and without using antibiotics. In this study, published in 2019 in an article titled is *It Possible to Treat Community-acquired and Nosocomial Infectious with the Same Method, Without the Use of Antibiotics?* I am showing that it is possible to treat both community and hospital infections at the same time without using antibiotics, because all clinical manifestation at the "leaf" level is caused by energy imbalances in the "root" level of the tree and also, considering the influences of the external pathogenic factor, that is Cold, Wind, Heat, Dryness, and Humidity [13,14].

In another publication also written by me (2021) titled is *What have behind in all kinds of infections that we need to know?* I state that what all infectious diseases have in common are energy deficiencies in the five massive internal organs that are actually the cause of the generation of symptoms at the "leaf" level but having a cause, these energy deficiencies is leading to the formation of

“internal Fire”, responsible for the formation of hyperemia and yellowish color of secretions, presented in some infections [15].

In an article written by me (2019) whose title is *Energy Alterations as the Underlying Cause of Primary Hypertension*, I am demonstrating that patients who have arterial hypertension, have an alteration in the energy of the five massive internal organs and that the treatment of this deficiency is of paramount importance for treating the cause and not only treating symptoms, which is arterial hypertension. This study was presented at Paris, in the Global Heart Conference in 2019 [16,17].

In 2018, I participated as a speaker at 26th International Diabetes and Healthcare Conference, in Helsinki, Finland, and in this conference, I showed the energy changes that all type 1 and type 2 diabetic patients have [18].

Both types of diabetes have in common a deficiency in the energy of the five massive internal organs, mainly the Kidney, responsible for the production of *Yin* and *Yang* energy. In this study, I demonstrated that the alterations at the “root” level of the tree that leads to the formation of hyperglycemia are *Yin* deficiency and internal Heat formation [3].

In this study, I demonstrated that when you treat the “root” of diabetes patients, hyperglycemia will reduce even reducing the use of anti-glycemic medication or insulin. I am in process of evaluating patients with both types of diabetes and know if the rebalancing and replenishing of the energy of the five internal massive organs will “cure” this hyperglycemia state without the need to use any high concentrated medication [3].

Regarding patients with a previous history of a coronary or thrombotic event somewhere in the body, what I have noticed and verified is that they all have in common, the energy deficiency of the five massive internal organs and that after or together with the treatment of the usual acute event should be carried out the treatment of energy deficiency of the five massive internal organs, which were the real cause of thrombosis, myocardial infarction, stroke. All these alterations are at the energy level and at first, they do not appear in the laboratory tests therefore, this is what the doctor needs to know that the patient before this event is very deficient in energy and that he must take the necessary care not to administering drugs or performing procedures that could further

worsen this energy deficient situation, such as the use of any medication in high concentrations, according to Arndt Schultz's Law, created in 1888 by two German researchers [9,19-21].

With regard to autoimmune diseases, what I have to say is that according to the teachings of traditional Chinese medicine, every autoimmune disease is caused by the deficiency of *Yin* energy, and therefore, the rebalancing of these energies at the “root” level of the tree and using highly diluted medicines to replenishing the energy that is lacking in these organs is of paramount importance to address the cause of this autoantibody formation. In this way, the treatment of these patients does not have many side effects caused by the use of corticosteroids and immunosuppressants, as described in the article written by myself (2019) titled is *Can Autoimmune Hepatitis Be Treated Without the Use of Corticosteroids and Immunosuppressive Drugs?* and in the second article also written by myself (2019) titled is *Energy Alterations and Treatment in Systemic Lupus Erythematosus Patients with Altered Proteinuria* and in the third article wrote by me (2020) titled is *How Can You Treat Rheumatoid Arthritis without Using Corticosteroids and Immunosuppressive Medications?* In all these articles, what I am emphasizing is the treatment focusing in the “root” level of the tree and also, considering the influences of the external pathogenic factors inducing the beginning of the disease process [22-24].

Finally, in the last group of diseases recognized as “incurable” nowadays, we are talking about patients who have cancer in any part of the body. According to studies and works published in traditional Chinese medicine, patients who have cancer have in common, the lack of energy and the formation of internal Heat. By treating these imbalances that triggered the formation of malignant cells in the patient's body, it is possible to treat cancer without using surgery, radiotherapy, or chemotherapy, as demonstrated in the article *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer* [10].

This whole tendency to treat the “root” and not just the symptom present at the “leaf” level was through the experience I had with a patient I treated in 2006 described at the beginning of this article when improved from his intra-ocular pressure when I used the rebalancing of internal energy in the “root” to treat his leg pain [11].

According to Hippocrates (c. 460 bce - c. 375 bce), “we need to treat the patient and not just the disease”. In this way, if we maintain the conduct of treating the disease, as is done nowadays, these drugs will inevitably cause harm to the energy present in the “root” of the tree, which is already compromised before the patient develops the disease, as I demonstrated in the article *Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, where most of my patients studied between 2015 and 2020 before the COVID-19 pandemic were total without energy in the five massive internal organs (and which are the cause of the formation of all diseases, according to the teachings of traditional Chinese medicine). Therefore, by treating the “root”, all diseases, both emotional and physical, will disappear at the same time, even if the doctor does not know that the patient has such a symptom or disease, a sentence based on the reported clinical case of the patient who had pain in the legs and who improved his symptoms and intraocular pressure by treating the “root” and not just the symptom (which was the pain in the legs) [4,6].

Therefore, treating the “root” of the tree using highly diluted medicines that are in the homeopathic arsenal formulated by Samuel Hahnemann (1755-1843) but using according to the theory written by myself (2020) is titled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*, can be a new therapeutic method efficient in the treatment of most diseases in the days of today, without using the drugs usually used, because every month, after the modernization of our world, there were changes in the energy pattern of our patients and therefore drugs that used to improve their symptoms, now no longer improve, due to lowering, even more, this energy that we cannot see with the naked eye, but that represents our “internal batteries”, which command the functioning of our organs, systems and everything we need to keep breathing, seeing, tasting, smelling, listening, walking, thinking, concentrating, etc.. because everything needs energy and if we do not recharge our energies just like we charge our cell phones daily, for example, our batteries lose the strength to maintain our life and so, we will have events that will lead us to death, as we are seeing in our days, people previously considered healthy, who suddenly die. This lack of energy must be promptly addressed as it has led to many different effects on human beings. The same “root” imbalance can lead to several different symptoms at the “leaf” level and the same symptom at the “leaf” level can come from several different energy’s imbalances, generating

the same picture, as I demonstrated in the article I wrote (2021) whose title is *Energy Alterations and Chakras’ Energy Deficiencies and Propensity to SARS-CoV-2 Infection*. Therefore, for the health of our humanity, a holistic look at our patients is of fundamental importance these days, always treating the cause and not just the symptom (which represents only the tip of an iceberg) [6,25].

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