

What kind of medicine do we need to use nowadays?

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Received: March 24, 2022

Published: April 08, 2022

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The world that we are living today is going through some alterations mainly with the modernization of the means of communication. The implementation of these modernizations is causing in our bodies some energy alterations that are not being able to detect them by laboratory tests [1].

As medical doctors, we need to pay attention to these alterations, which are at the energy level, invisible to our naked eyes, in a very subtle way but exerting great influences on our health because all our organic functions depend on energy and that are all at the lowest level, as I am showing in a research that I did in my clinic in Brazil, studying 1000 patients energy of the five internal five massive organs (Heart, Spleen, Lungs, Kidney and Liver) that are responsible for the production of internal energy for keep our health in harmony [1].

The urgent need to review the curriculum of medical schools worldwide is of paramount importance nowadays, as the changes implemented since the Flexner report in 1910, where only what can be seen with the naked eye are considered scientific, proven by laboratory and or radiological exams, starts to be revised because the medicine that was once considered non-scientific, starts to exert great importance at the world in this period that we are going through, because the highly concentrated drugs, used to treat the majority of disease (which were called scientific medicines), are exerting harm on our vital energy and more and more, we need to understand these great changes that are taking place in our humanity are at the energy level, to know which type of medicine it is recommended to use nowadays in the treatment of our patients [1-3].

In a presentation in the 9th Webinar on Health Care- Health Economics and Policy that was held on February 9th 2021 in London, UK, I said that, in order “to know which type of medication we should prescribe to our patients, we need to know what kind of population we have today” [4].

We are increasingly witnessing therapeutic failures in treatments today, both on the infectious disease, in relation to the use of antimicrobials or any medication to treat various pathologies, as these highly concentrated medications are causing an even greater reduction in vital energy leading to complications [5].

In the article I wrote entitled *Chakras' Energies Alterations in Patients with Chronic Gastritis*, there were two patients reported in this article, in which they were not improving with the use of a proton pump inhibitor medication and who improved with the use of highly diluted medication (homeopathies) for chakra replenishment treatment, because the real cause of the gastritis formation was caused by the lack of energy of the Spleen and pancreas meridian (or fifth chakra), leading to the inflammation of the mucosa of mucosa of the Stomach, caused by the formation of internal Heat (explained in this article) generated by this low energy pattern of the internal five massive organs, mainly the Spleen and pancreas. As I am showing in this article, all the internal organs are interconnected by the energy flow, different from the Western perspective, when they say that all organs work independently and separately (an idea that came from Galen, a Greek physician born 500 years after Hippocrates), that exerts great influences in our medicine until today [6,7].

In another article also written by me (2020) entitled *Energies Alterations and Chakras Energies Deficiencies as the Main Cause of Recurrent Urinary Tract Infection Resistant to Antibiotics Treatments*, I am reporting two clinical cases that had been using antibiotics for the treatment of urinary tract infection for about 20 years, with no improvement of their infection. The patients only improved their symptoms and were able to show a negative urine culture when submitted to the energy replenishment treatment of the five massive internal organs (Liver, Heart, Spleen, Lung, Kidney) because both were completely without energy in these organs, which are responsible for the production of internal energy of *Yin, Yang, Qi* and Blood and the lack of these adequate energies, causes the formation of internal Heat, in this case, in the Bladder, leading to the picture of infection of the lower urinary tract. The infection in this case is just a symptom, but the real cause is not the infection itself, but the lack of energy in the five massive internal organs, leading to the formation of internal Heat, responsible for maintaining the bacterial adhesion in the cells of the Bladder, leading to the formation of infection like symptoms [8].

The same also occurs in the treatment of endocrinological diseases, for example. in the article wrote by me (2021) entitled *Why Some Patients Do Not Get Better with the Drugs They Use to Treat Endocrine Disorders*, there are two case reports in which they were taking medication to treat hypothyroidism, but the use of medication to treat hypothyroidism was causing even greater reduction of vital energy, and the cause of hypothyroidism was not the lack of stimulation of the gland by hormones, but by lack of energy by the chakra that is responsible for the thyroid gland (fifth chakra) [9].

In this article, I demonstrated that patients who were taking thyroid hormone replacement medication were not improving their TSH. They only improved this laboratorial exam with the treatment replenishing the energy of the chakras' energy centers (that is correlating with the internal five massive organs) according to the article written by Chase (2018) entitled *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, with highly diluted medications such as homeopathies according to the theory *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine* [10,11].

All these alterations need to be treated in the same way in the treatment of any kind of disease, replenishing the energy of these organs that are responsible for the production of energy for the proper functioning of the glands, organs and systems, as reported so many articles in psychological or physical level [12-14].

This kind of medication (highly diluted medications need to be used by quite all the population in this world, in any kind of disease, because all disease came from the same energy imbalances, as I am showing in the article entitled *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection* and in the article *How Can We Prevent COVID-19 And Other Diseases at The Same Time?* [1,15].

In most of the articles written by me, I am emphasizing the need to treat the symptom presented by the patient and also the root of the problem, which are the energy deficiencies of the five massive internal organs, to increase the patients' immunity, which is currently very low, as reported in the article wrote by myself (2021) entitled *Are We Vaccinating Immunocompetent or Immunocompromised People for COVID-19?* [3].

In the "8th Global Public Health, Occupational Safety and Health Policy" that was held on March 16-17, 2022, I presented a study entitled *Why Is Oral "Vaccine" for COVID-19 The Best Choice in This Pandemic?* In this presentation, I showed that even the vaccine needs to be used in highly diluted form instead of highly concentrated mode because the population that we are having nowadays are very weak in energy and could reduce even more with this kind of vaccine, leading to more complications such as thrombosis in any part of the body such as in the coronary artery leading to myocardial infarction, strokes, thrombosis in the legs, etc. [16].

So, to conclude this article, I would like to say that there is a need to review our medical prescriptions as any highly concentrated drug can reduce the patient's vital energy and lead to complications in the future, to have more propensity to have any chronic disease such as the formation of diabetes, hypertension, myocardial infarction, strokes or even cancer [17-19].

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