

Is the Population in the World the Same as in the Past?

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Received: April 19, 2021

Published: June 23, 2021

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When the author received the *Acta Scientific Clinical Case Report* invitation to write this editorial, she was wondering which theme would be most important for the current times.

In her view, what is most affecting, in addition to our viral pandemic, is to know the causes within the human being that are leading to this universal infection in the whole world.

In our current globe, we live in a completely different era of our parents and grandparents, where people played outdoors, in contact with nature, sunbathed, played sports, etc. but nowadays, children rarely sunbathe, stay indoors all the time playing video games and with cell phones, just like adults that work all day with their cell phone and computer.

In such a delicate and frightening way, the energy that moves our life is running out without us realizing it, more and more we find people with symptoms of depression but who are actually caused by this general energy deficiency of the internal organs, confirmed by a study that the author wrote in which she measured the energy of the chakras' energy centers of 1000 patients between 2015 and 2020. In this study, published under the title *Energy Alterations and Chakras' Energy Deficiencies and Propensity to SARS-CoV-2 Infection*, she demonstrates that almost all the patients she attended in this period, regardless of age, sex and diagnosis, were completely without energy in the five massive organs that correspond in Chinese medicine, to the five organs that are responsible for the production of energy for maintaining life (*Yin, Yang, Qi and Blood*). Without this dynamics of production of these energies, the immune system is weakened, as it depends on energy to maintain all the protective functions [1].

Another article wrote by the author entitled *are we vaccinating immunocompetent or immunocompromised people for COVID 19?* she is explaining that the majority of the population that is receiving vaccination nowadays could be classified as immune-compromised people and not immune-competent due to this lack of energy that she found in the majority of her patients in the same study. She can generalize the sample she had in Brazil to other countries due to the possible cause of this lack of energy the 5G technology, and all the electromagnetic waves that are present in all parts of this world and affecting the energy of our body, decreasing the immune system, that depends on the energy to their proper functioning [2].

But these changes are recent, from around 6 years that the author is noticing that her patients' energy is not like before where at that time, she measured people's energy and most had energy in the 5 massive organs (Liver, Spleen, Lung, Kidney and Heart) and this could be the explanation for an increase in the incidence of chronic illnesses in the majority of young people, which in the past only appeared in an older adult [1,2].

We need the authorities responsible for approving the use of these new communication technologies, in this case, the 5G technology, to see with more rigor and depth the harmful consequences for the health of our world population because according to the author, she wrote several articles about this harmful influences of this kinds of waves, reducing the vital energy of the patient.

We continue to have more and more frequent cases of diabetes, hypertension, myocardial infarction, cancer, etc. which previously appeared only in older people, and which we are seeing more and more in younger people.

The world is aging faster and these changes that are at the energy level are not visible to the naked eye, and take years to change laboratory tests, until a serious illness appears!

We need to know about these changes because the studies made 10, 20 or 50 years ago, may not be the same today, as we are treating different populations if we compare the population at that time.

For this reason, medicines used in the past, may have to be replaced by other more diluted medications, to reduce the side effects caused by the drugs themselves for the treatment of diseases. According to Arndt Shultz law, created in 1888, which says that highly concentrated drugs reduce vital energy while highly diluted drugs like homeopathies, increase vital energy and these are the types of medications that we should use in our patients today, due to the changes that electromagnetic waves have caused in our lives, greatly reducing our energy [1-4].

Since 2015, the author began her studies in homeopathy and during her course, she began to write a new theory linking homeopathy with traditional Chinese medicine's reasoning entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. Using this theory nowadays, the author is treating her patients' energy deficiencies, increasing in this way, the energy of the five massive organs that are responsible for the formation of energies (Yin, Yang, Qi and Blood) and *Zheng-Qi*, responsible for the protection against the invasion of the external pathogenic factor [1-3].

Why all the doctors, in their Hippocratic oath, as soon as they graduated, said they would go to work and according to one of their commandments, "The Health of my Patient will be my first concern" and in another commandment would be "I will not give you a deadly drug or advise you". In this second sentence, drugs that were not considered deadly can be considered today if we take into account the type of patient we are treating today. Therefore, we should use medicines that increase vital energy and reduce the use of medicines that lower vital energy. These drugs (any kind of highly concentrated medications) should be of controlled use, as they are considered very harmful to health today, and can aggravate the treatment of a disease or even lead to death according to this law [5].

As said by Hippocrates, we need to treat the patient and not the disease. Another quote from him is "it is more important to consider other ancient medical traditions prior to the knowledge we have

nowadays" For this reason, the author used traditional Chinese medicines' point of view to explain the reasoning that she is using nowadays to explain the energy deficiency process in the whole population and can aggravate with the use of highly concentrated medications used in the patients nowadays.

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Volume 2 Issue 7 July 2021

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