

The Use of Herbal Products with Strong Bitter Taste May Restore Tasteless and Smell Deficits Associated with Coronavirus as a New Medical Hypothesis

Ahed J Alkhatib^{1,2*}

¹*Department of Legal Medicine, Toxicology and Forensic Medicine, Jordan University of Science and Technology, Jordan*

²*International Mariinskaya Academy, Department of Medicine and Critical Care, Department of Philosophy, Academician Secretary of Department of Sociology, Jordan*

***Corresponding Author:** Ahed J Alkhatib, Department of Legal Medicine, Toxicology and Forensic Medicine, Jordan University of Science and Technology, Jordan.

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In this editorial, two aspects regarding corona virus are discussed. Since, it has been spread as pandemic without successful treatment or vaccination, people around the world have asked for alternative therapeutic options. The second aspect is the absence of taste and smell senses among patients with corona virus.

From our previous experience (unpublished data), we found that the different components of cardiovascular system and respiratory system including heart and lungs can overcome the adverse inflammatory effects mediated by smoking using three natural products including garlic, vitamin C, and Ammi visnaga. Although the three products induced beneficial effects, the best results were attributed by Ammi visnaga. The results were obtained by the use of different techniques such as routine histological examination, biochemistry, immunohistochemistry, and electronic microscopic examination.

According to previous data, we came to the following hypothesis: the use of Ammi visnaga has the therapeutic option against COVID-19 through improving anti-oxidizing capacity of respiratory and cardiovascular systems.

A positive male patient for COVID-19, 24 years old asked for alternative treatment to cope with the health conditions. He was advised to use the watery extract of Ammi visnaga. This extract has a bitter taste that is not easily tolerable. Because the patient has already lost his taste and smell feelings, he used the watery extract of Ammi visnaga without any troubles. Following using the extract

for 5 days, the patient reported that he has a better health and restored both taste and smell sensations and does not tolerate the bitter taste of the watery extract of Ammi visnaga.

This editorial shows that for a people who are positive for COVID-19, there is a potential therapeutic use of some herbal products to cope with adverse health conditions such as Ammi visnaga that has a bitter taste. Further studies are required to confirm our findings.

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