

## Unveiling the Genomic Landscape of Gastric Cancer Diagnosis, a Snapshot

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### Abstract

Gastric cancer (GC) still one of the most prevalent malignancies across the globe. So far, the majority of research studies have not come up with a proper diagnostic and therapeutic approach which may be due to lack of external validation. Attempts have been undertaken but due to methodological shortcomings and insufficient reporting, the breach between biomarker discovery and its clinical use not been explored. So, there should be an improved systematized tunnel of diagnostic marker approach focusing on correct methodology, quality of support, and emphasis on external validation which could have an impact on better clinical diagnosis and prognostication. This review aimed at the early diagnosis of GC through biomarkers and their potential applications in cellular proliferation, apoptosis, and angiogenesis. Moreover, this review highlights the genetic, epigenetic modifications, signaling pathways, and NGS advancement that could identify the novel therapeutic targets as well as noninvasive biomarkers for therapeutic response.

**Keywords:** Gastric Cancer (GC); *Helicobacter pylori* (*H. pylori*); Epigenetics; MicroRNAs (MiRNA); Next Generation Sequencing (NGS); Microsatellite Instability (MSI); Biomarker

### Introduction

Cancer is considered a life-threatening disease by being the second cause of death globally [1]. As per the GLOBOCAN 2018 database, 1,033,701 new occurrences of stomach malignant growth and 782,685 gastric diseases related death occurred worldwide in 2015 [2]. Gastric cancer is among the top five cancers and is the major reason of neoplastic mortality across the globe [3].

The gastrointestinal tract is one the most cancer-prone organ of the human body as gastric cancers (GCs) are considered the 4<sup>th</sup> most prevalent cancer worldwide and is the 2<sup>nd</sup> major cause of

death in developing countries [1]. Basing on the internal anatomic site GC is primarily classified as cardia and non-cardia [4]. Gastric cardia is at the close proximity to the esophagus and thus share factorial characteristics with esophageal adenocarcinoma (EAC). Non-cardia malignant growth, otherwise called distal stomach disease is increasingly recognized more [5].

Endoscopic resection is currently acknowledged as a curative alternative for the early GC [6,7] but the diagnosis through endoscopy is an interventional procedure. If we look back to the major risk factors of GC, *Helicobacter pylori* are a cause of concern, con-

tributing almost 50% of all patients across the globe apart from other risk factors [6] hence, it is considered as the Class I carcinogen by WHO and IACR in 1994 [7]. Bunch of studies have demonstrated gastric cancer prevention through *H. pylori* screening and complete eradication, especially in high-risk populations [8]. All the members with positive family history should be screened for *H. pylori* to identify the premalignant lesions and early stage cancer [9]. Interestingly a pilot study from IMS and SUM Hospital showed COX-2 mutation was seen in GC patients with *H. pylori* infection [10]. Many more molecular studies have reported the genetic susceptibility and prognostication as regards to gastric cancer. Amid these, researchers across the globe are trying to identify biomarkers that can be applied in future for the risk of progression to GC and diagnose the lesion at the early stage.

### Types of gastric cancer

According to the etiological classification the upper part of stomach adjoining the esophagus is called cardia and the mid distal stomach is called the non-cardia [11] and the new classification by WHO on tumors of digestive system [12]. Adeno carcinoma is very often found in cardia where esophagus connects to the stomach, followed by antrum and body of the stomach. It has been reported that gastric cardia type may be related to gastro esophageal reflux disease, whereas in the intestinal type, inflammation progress from chronic to atrophic gastritis, intestinal metaplasia, dysplasia and carcinoma. Diffuse type is common among elderly men and is more prevalent among women. Intestinal type with *H. pylori* infection is associated among majority of people. Moreover, genomic study has classified GC in to four molecular sub types such as microsatellite stable/epithelial-mesenchymal transition, microsatellite instability, microsatellite stable/epithelial/TP53, of GC.

### Current diagnostic methods

Usually in when the patient visits the clinic, physician identifies some symptoms of having gastric cancer such as fatigue, loss of appetite, stomachache, early satiety etc. During upper gastrointestinal endoscopy (UGIE) if any suspicious area found, biopsies obtained for morphological and genetic analysis. White light endoscopy (WLE), Dye-based image-enhanced endoscopy (DBIEE) like chromoendoscopy, equipment-based image enhanced endoscopy like narrow-band imaging (NBI) is used for the detection of GC.

Endoscopy or screening through photofluorography in a large population is not feasible in many countries [13,14]. The above tools are also not very cost-effective in Indian population. To date, few biomarkers developed and some in the process of develop-

ment to achieve this goal but the concern is all about specificity and sensitivity. The biological markers developed so far are Pepsinogens, Gastrin-17, MicroRNAs, Cancer autoantibodies, and Volatile markers [15]. A non-invasive diagnostic test for the detection of patients at risk of GC would be urgently needed.

### Serum based biomarker

Several studies aimed to identify a serum-based biomarker for the diagnosis of Gastric adeno carcinoma (GAC). Thirteen proteins were selected as candidate markers by taking a set of 120 GAC and 120 control samples for the development of noninvasive biomarker [16]. Furthermore, it was revealed two panels of combined biomarkers such as epidermal growth factor receptor (EGFR), transthyretin (TTR) regulated upon activation, normally T- expressed and presumably secreted (RANTES) and vitronectin (VN) have been explored.

Developing an appropriate non-invasive biomarker might help in the diagnosis and prognostication of GC [17]. In that manner vascular endothelial growth factor (VEGF), human epidermal growth factor receptor (HER) family, E-cadherin, programmed death-ligand 1(PD-L1) and programmed death-ligand 2(PD-L2), fibroblast growth factor receptor(FGFR), mammalian target of rapamycin(mTOR), are among the emerging biomarkers due to the variations in MET, MSI and microRNA [18].

For early detection of GC, South Korea and Japan do screening of suspected population [19] with Carcinoembryonic antigens (CEA) and Carbohydrate antigen (CA) 19-9 [20]. Another marker CA72-4 is the most widely used, apart from this Monoclonal GC 7 antigen (MG7-Ag) for early detection of GC [21].

There is not so far blood-based specific and sensitive biomarker as of now for routine cancer screening. In immunological perspective, so far developed antigens, CEA, CA 19-9 and cancer antigen 72-4(CA72-4) are also explored for the detection of GC [22].

Next-Generation Sequencing (NGS) method is an emerging molecular biology technique since 1953, thereafter a massive parallel sequencing has been revolutionized in the field of the Molecular science. Apart from NGS, Whole-genome sequencing (WGS), Whole-exome sequencing (WES), RNA-Seq, and Targeted sequencing have been evolved in the molecular pathogenesis of GC. Application of those has been exploited in identifying genetic variations leading to the development of gastric cancer. NGS is cost-effective and faster technology and has offered a more comprehensive and accurate tool for genome analysis [23].

Comparison of NGS over Sanger's sequencing in detection of allele frequency 2 to 10% and 15 to 25% respectively [24].

A considerable effort has been directed towards advancement in the treatment of gastric cancer. Classical biomarkers used for the diagnosis include CEA and CA-19-9, but they are not used exclusively because of low sensitivity and specificity.

Pathogenesis and prognosis of GC have been identified through protein-protein network interaction and for the retrieval of interacting genes STRING and MCODE have been used to construct the protein interaction network. Module analysis of protein-protein interaction (PPI) network have been performed using MCODE and stem-loop miRNAs of hub genes predicted by miRNA and screened by TCGA.

### Genetic and epigenetic alterations in gastric cancer

Dysprosium of multiple genetic changes and pathways play major roles during the progression of GC. Molecular signaling pathways, such as Wnt (WNT) and Notch Signaling pathways (NOTCH a highly conserved cell signaling system, 4 different receptors i.e. NOTCH 1,2,3 and 4), Sonic hedgehog (SHH signaling is intricate signal transduction), and MYC for apoptosis and cellular transformation play critical role in the pathogenesis of GC [25]. Nuclear factor-kB (NF-kB), epidermal growth factor receptor (EGR) [26] and some epigenetic alterations such as DNA methylation, histone modifications, histone acetylation and histone phosphorylation observed in all type of Cancers. DNA methylation normally takes place at cytosine moiety of CpG dinucleotide and histone, mainly at the N-terminal tail which ultimately affects the interaction of DNA with chromatin-modifying protein.

DNA methylation is observed in *H. pylori* infected gastric mucosa, and its application for GC risk has been suggested by different investigators. The ability to detect small amount of methylated DNA whether from tissues, serum or blood allows using DNA methylation as a molecular marker in GC. Moreover, the integrative analysis on the availed dataset which DNA methylation signature being utilized for the prediction of GC [27].

The advancement of gene methylation as a target for detection and diagnosis of cancer in tissue specimens and body fluids such as serum have greater application in gastric cancer [28]. DNA modification and histone methylations altering the gene expression may be explored in the epigenetic therapy for GC [29]. Several research groups identified instances of both hypermethylation of tumor suppressor genes and global hypomethylation of oncogenes. These

modifications in DNA methylation status could be used as biomarkers for the diagnosis and prognosis of cancer patients undergoing chemotherapies. Methylation is dependent upon anticancer drug resistance in patients with GC. It might be a significant epigenetic target for overcoming this problem.

### miRNA - Maybe a suitable epigenetic biomarker in early diagnosis of gastric cancer

Various events such as genetic and epigenetics changes take place during the expatiate cataract of carcinogenesis. During gene expression process miRNAs are generally dysregulated in the gastric mucosa during the *H. pylori* infection leads to progression of chronic gastritis, atrophic gastritis, intestinal metaplasia, to dysplasia and invasive cancer [30]. MicroRNAs are a huge group of post-transcriptional controllers of quality articulation that are around 21,24 nucleotides long [31,32]. Several studies have shown that non-coding RNAs like miRNA and lncRNA take a major role in the progression of GC. Most of the literature mentioned, lncRNA regulates cancer progression at the step of transcription and post-transcription level and also by completely mixing with miRNA to promote protein stabilization at the post-transcript level.

The specificity and sensitivity of those developed antigens found to be inadequate for clinical use. So, there is a strong need for developing an optimum biomarker. Pepsinogen I and II (PG I and PG II) correlate with Atrophic gastritis, a preneoplastic condition and they are commonly used in Asian countries. In European countries, PGI and II panels are expanded by Gastrin-17(G17) which is generated by G-cells. But the use of G17 is hindered by the stability of peptide [33]. A meta-analysis revealed the potential role of microRNA-21 in the diagnosis of GC with the pooled sensitivity and specificity, the area under the curve (AUC) is 0.80 [34]. Over expression of MicroRNA-630 is associated with poor overall survival, providing the first evidence that miR-630 expression is an independent prognostic factor and it might be a potentially valuable biomarker for GC [34]. miR sequencing approach detected 5 differentially expressed genes such as miRs, hsa-miR-132-3p, hsa-miR-155-5p, hsa-miR-19b-3p, hsa-miR-204-5p and hsa-miR-30a-3p, which were significantly down modulated between the tumoral and peritumoral cancer tissues.

### Microsatellite instability (MSI) in detecting gastric cancer

Microsatellite (MS) is a short Tandem Repeats (STRs) or simple sequence repeats (SSRs) consisting of 1-6 nucleotides. MS is widely distributed and located near the coding region. The mechanism of MS generation is DNA slippage in the process of replication of the

basic group of declined strand and complementary stand resulting in one or more of the repeating units missing or inserting [35].

With the development of Human Genome Project (HGP), researchers found the association with MSI, which was suggested relevant for the detection of GC. A study shown MSI as a favorable prognostic marker, but it is relevant only in less than 10% GC [36]. Another study didn't find a significance influence in 429 study subjects. In a meta-analysis involving 1556 patients have shown that MSI as a prognostic marker in respectable GC.

MSI studies have shown that after screening markers have been detected mutant in each of those samples taken and after detecting the wild type it was recommended as a novel panel of biomarker for the detection of GC.

The association indicates that MSI induced by a defect in the DNA mismatch repair gene plays an important role in gastric cancer. Criteria for MSI Compared with the control group, the shift of abnormal bands or bands after electrophoresis is considered as positive MSI. High-frequency MSI (MSI-H) was defined as 30% - 40% unstable loci or above, low-frequency MSI (MSI-L) as less than unstable loci however MS-stable (MSS) was defined as no MSI [37].

According to the National Comprehensive Cancer Network Guideline, Microsatellite instability (MSI) is linked with the prognosis of several cancers.

MSI is differentially expressed in Muir-Torre syndrome, mostly expressed with shared pathologically proven patients of colorectal cancer [38]. A high mutational load and a high microsatellite instability or mismatch repair deficiency both appear to be predictive for response to PD-1 immune checkpoint inhibition shown in different studied. MSI was predicted by the presence of novel peaks in tumor tissue compared to control furthermore the second indicator for MSI was the difference in microsatellite length in the provided samples hence Tumors exhibited MSI with two or more markers were defined as MSI positive.

### Materials and Methods

We collected 300 articles from open access sites, various categories, such as original articles starting from demographic studies, global statistics, biomarker studies on GC and few reviews and meta-analysis (Figure 1). Table 1 shows the so far developed biomarkers by taking different specimens, the technique they have applied and the suggestions drawn.

**Figure 1:** Flow diagram representing Literature search inclusion and exclusion.

Gene Symbol	Gene name	Method of study done	Effect of Genetic modification/Major association with GC	Probable candidate for further application	Specimen used in the study	Ref
HER 2	Human epidermal growth factor receptor 2	Collected the clinical variables, Kaplan-Meier method for analysis	No association with GC	Association of HER 2 with other parameters	Tissue	[1]
lncRNAs	Long non-coding RNAs	qRT-PCR, Cell culture, CCK-8 assay, Wound healing assay, Colony formation assay, Trans well migration assay, Glucose uptake assay	Increased expression of DGCR9 in GC tissues and cell lines. DGCR9 and lncRNA significantly co-related	Promotes the formation of GC	Tissue	[3]
EGFR, proApoA1, TTR	Epidermal growth factor receptor, pro-apolipoprotein A1, apolipoprotein A1, transthyretin,	Constructed 29-plex array platform and biomarker assay	Differentiates the majority of GC	Panels of combination biomarker	Serum sample	[16]
CEA, CA-19-9, CA-72-4	carcinoembryonic antigen (CEA), Carbohydrate antigen (CA) 19-9, Carbohydrate Antigen 72-4	Systemic literature survey	Prohibited on the application of CA 19-9, CEA, and CA 72-4 for screening and early diagnosis in GC	Diagnostic and prognostic tumor marker	Clinical data	[20]
MG7-Ag	Gastric cancer -specific tumor -associated antigen	Simple and rapid assay method for early diagnosis/ Surface plasmon resonance (SPR)	SPR biosensor has the potential for diagnosing GC	An early diagnostic marker	Serum	[21]
mrDEGs	methylation-related differentially expression genes	Identified methylation differentially expressed genes in GC, Pathway enrichment analysis of mrDEGs	Revealed the information of biological process related to initiation and progression of gastric cancer, developed a DNA methylation signature consisting of ten gene members (SCNN1B, NFE2L3, CLDN2, RBPMS2, JPH2, GBP6, COL4A5, SMKR1, PPP1R14A, and ARL4D) associating with cancer recurrence	DNA methyl signature	Tissue	[27]
PGI I & II	Serum pepsinogen I &II	UGIE preparation	PGI, PGII, and G-17 has no difference in serum and plasma	Detection of atrophic gastritis	Tissue	[33]
MiR-630	microRNA-630	RT-PCR	miR-630 expression was to be associated with GC invasion, lymph node metastasis, distant metastasis and TNM stage	prognostic biomarker	Tissue	[34]

MSI	Microsatellite Instability	PCR-SSCP silver staining technique	microsatellite loci Bat25, Bat26, D2S123, D5S346 and D17S250 were detected	MSI may serve as a sensitive diagnostic indicator of gastric cancer.	Tissue	[37]
gp130/STAT3	Glycoprotein 130/signal transducer and activator of transcription	Helicobacter infection model, Histology and immunohistochemistry, qRT-PCR and Bioinformatic analysis	Hyperactive gp130-STAT3 signaling closely links gastric tumorigenesis with lymphoid neogenesis, and while a TLS gene signature was associated with advanced gastric cancer patients	Mechanism	Tissue	[42]
HER2, MET and FOXP3	Epidermal growth factor receptor 2, Met is a proto-oncogenic-Met, also called tyrosine-protein kinase Met or hepatocyte growth factor receptor (HGFR), is a protein that in humans is encoded by the MET gene, Fork head box P3	Immunohistochemistry analyses	FOXP3 expression was associated to poorly differentiated tumors, MET expression	Role of tissue differentiation	Tissue	[43]
CMTM2	CKLF-like MARVEL transmembrane domain-containing protein 2 is a protein that in humans is encoded by the CMTM2 gene	Genomic heterogeneity of DGC described Cell line, RT-PCR	Identified a recurrent loss of heterozygosity (LOH) of DNA copy numbers at the 3p12-pcen locus in DGC.	Profile of somatic mutation	Tissue	[44]
circRNAs	Circular RNA 0000181	Detected by real-time quantitative reverse transcription-polymerase chain reaction (qRT-PCR).	Hsa_circ_0000181 levels in gastric cancer tissues and plasma from gastric cancer patients were significantly decreased than those in paired adjacent non-tumorous tissues (P < .001) and healthy people	Biomarker	Tissue and plasma	[47]
KIR	Killer cell immunoglobulin-like receptors	Genotyping of KIR	Four activating and one inhibitory gene were associated with GC: 2DS1, 2DS3, 2DS5, 3DS1 and 2DL5	Mutation	Tissue	[48]
EMT Signature	Epithelial-mesenchymal transition (EMT) signature genes	qPCR, Tumor xenograft experiments, low cytometry and immunofluorescence staining	The LGR5-expressing fraction of CD54+ cells represents gastric cancer CSCs. LGR5 was also positively associated with stemness regulators	Showing the best starting material	Tissue	[49]

PANDAR CDKN1A, p53	P21-associated ncRNA DNA damage-activated Cyclin Dependent Kinase Inhibitor 1A	lncRNA microarray analysis, northern blot analysis and qRT-PCR analysis. Deletion of PANDAR was conducted using the CRISPR/Cas9 system for PANDAR	Upregulated PANDAR in GC patients was positively correlated with increased tumor size, advanced TNM classification and a poor survival rate in GC patients.	Prognostic and therapeutic marker	Tissue	[50]
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**Table 1:** Major compounds targeted as candidate marker for diagnosis, prognosis and therapeutic approach for GC by using various specimens.

## Discussion and Conclusion

With the Global screening experience and epidemiological studies from 185 countries, there is decline of GC, but due to various factors the incidence rate varies in different countries.

*H. pylori* infection is one of the factors playing the key role for gastric carcinogenesis, eradication in fact decreases the incidence of GC. Apart from *H. pylori*, Epstein barr virus may be a causation factor for gastric cancer. Dysregulation of the intrinsic survival response to *H. pylori* infection evolves as the major culprit in disease progression, so the most relevant adaptive mechanisms triggered are endoplasmic reticulum stress and protein unfolding response, autophagy, oxidative stress and inflammation leading to precancerous lesions. It is suggested that *H. pylori* infection may contribute to GC risk by affecting DNA damage of Lgr5-positive epithelial stem cells [39]. Effectively one clinical trial suggested that *H. pylori* eradication reduces risk, who has history of GC in first-degree relatives.

Though the surgical intervention is declining in the present scenario, still laparoscopic gastrectomy is done with neoadjuvant or subsequent adjuvant therapies.

Few pathway analyses have shown that, Molecular signaling such as beta pathway on hedgehog signaling may lead to tumorigenesis [25,26]. PI3K/AKT/mTOR signaling pathways and NKX6, a transcription factor for Wnt/ $\beta$ -catenin and Rho-GTPase signaling-related genes play key role for carcinogenesis [40,41]. gp130-STAT3 signaling closely links gastric tumorigenesis with lymphoid neogenesis but it did not indicate a favorable prognosis for GC [42]. The association among HER2, MET and FOXP3 expression highlights the role of tissue differentiation in gastric adenocarcinoma [43] and identification of genomic aberrations associated with lymph node metastasis in diffuse-type GC provides profiles of somatic mutations and DNA copy numbers [44]. Likewise, intraperitoneal TAMs are expected to be a promising target in the treatment

of peritoneal dissemination in gastric cancer [45]. Again, Interaction between CD133 and PI3K-p85 promotes by Tissue and plasma hsa\_circ\_0000181 and circ-RNA 0000181 both may be a novel biomarker for the screening and diagnosis of GC [46,47]. Polymorphisms in KIR genes suggests mutated NK cells may contribute to GC development by increasing gastric mucosa inflammation [48] moreover, TCGA acts as cell-cycle-associated genes providing the prognostic value of in gastric adenocarcinoma.

Mutational review suggested that TP53 gene, ubiquitin protein ligase E3A, PI3K/AKT/mTOR signaling pathway gene polymorphism and IL-17A rs2275913 and IL-17F rs763780 are the risk of potential development of GC.

Matrix metalloproteinase-1 (MMP-1) promoter, ERCC5 and TP53 polymorphisms are well linked with distal gastric malignancy in eastern Indian as well as other countries. It is also seen that precancerous gastric lesion with *H. pylori* infection, vacA+, bab2+ and oipA+ genotype increase the risk of GC. Moreover, 758GA polymorphism of 3' untranslated region associates with increased risk.

Identification of potential key genes with prognostic value associated with the pathogenesis and prognosis of gastric cancer based on integrated bioinformatics analysis. Moreover, it was characterized that Sphere cells are the best starting materials CSCs with signature genes NANOG, NANOGP8, PRRX1, TWIST1, and BMI1 [49].

Reviews and meta-analysis have showed that DNA methylation can acts as a non-invasive biomarker for the detection of all cancers as well GC for targeted epigenetic therapy. It has been shown that MLH1 methylation is an alive biomarker for the prediction of GC. Epigenetic changes potentially useful for early diagnosis because of the changes and the progression of cancer, may be a potential therapeutic approach. Furthermore, whole of the historical and current approaches to the satellite DNA give us a broad view of the function and its role in chromosomal evolution.

There been extensive understanding for MSI in genomics and the universal application in microbiology. High-MSI related with programmed death ligand 1 for the prediction of immunotherapy that should be known by the Oncologists has been reported previously. Moreover, reviews and meta-analysis suggested that MSI is a robust prognostic marker which can be utilized for new treatment approach. T.697P detection of MSI with a novel panel of biomarkers to assess the efficacy of postoperative adjuvant chemoradiotherapy, furthermore MSI and altered expression of MLH1 and MSH2 all suggest that MSI may serve as a sensitive diagnostic indicator of gastric cancer.

The serum biomarker panel, Carbohydrate Antigen 19-9, Carbohydrate Antigen 72-A are one of the novel biomarkers been used as a diagnostic marker for GC [16,20], even carcinoma-associated antigen MG7-Ag in human serum also for detection of gastric cancer. PGI, PGII, and G-17 being suggested as the Non-invasive parameters in the detection of atrophic gastritis [33]. For validating diagnostic, prognostic, predictive marker for the early detection [17,18], clinical validation is urgently needed for the specificity.

It has been noticed that highly expressed lncRNA increased the risk of GC, moreover, lncRNA PANDAR blocks CDKN1A gene transcription by interacting with p53 protein [50].

Meta-analysis revealing the role of miRNA and lncRNA as potential biomarker for early detection of GC [30]. *In vivo* study revealed that MEG3/miR-21 axis affects the cancer growth and metastasis through inhibiting EMT. MiRNA-148, miRNA-200, miRNA-181c, miRNA-630, miR-19a/b and MeCP2 expression signatures serve as tumor suppressor in human [34] and furthermore it was predicted to validate post-transcriptional regulation of miRNAs in different cancers. miRNA being another foot print for the use of reliable non-invasive tool for diagnosis treatment and progression of GC [32]. As mentioned above epigenetic factors and several transcriptional factors may also contribute the dysregulation of miR-23 in cancer.

Various reviews suggested that NGS based WGS, WES, RNA sequence and targeted sequencing may depict the molecular pathogenesis and development of potential biomarker for the treatment of gastric cancer [23,34]. Targeted next generation sequencing identifies markers of response to PD-1 blockade.

Network Analysis has shown common tumor biomarker and CEA for the early diagnosis of GC. Combine analysis of *in vitro* and

*in vivo* studies have shown that GLI1-mediated regulation responsible for drug resistance in GC.

In modern pharmacology, prediction of lack of response to chemotherapy and the mechanism underlying for the failure of the drug to be known, that may guide to design the proper treatment based on immune checkpoint blockade, moreover drug resistance of cancer chemotherapy may cause by decreased antitumor drug uptake, modified drug target, altered cell cycle check point and DNA damage [30].

Non-invasive diagnostic biomarker helps to identify the early stage of gastric cancer and thus improve therapeutic response. Unfortunately, so far there are no specific and sensitive screening biomarkers available. Currently available therapeutic approaches have lot of limitations by the nature of this disease. Distinct genetic and epigenetic events occur during multi-factorial stages leading to carcinogenesis, so the non-invasive biomarker which is more specific and sensitive has to be implemented in clinical practice for the prediction of tumour behaviour. MicroRNAs (miRNAs) mediated endogenous gene regulation are commonly deregulated in the gastric mucosa during the *H. pylori* infection, in a stepwise manner viz. chronic gastritis, preneoplastic conditions such as atrophic gastritis and intestinal metaplasia, early dysplasia leading to invasive cancer [30]. In future tremendous effort need to put to create a foundation for the exploration and development of an effective and non-invasive biomarker for early diagnosis of gastric cancer, from the biospecimens like blood, urine, and stool. This might help to develop the genetic signature of GC. It is urgently needed to develop a biomarker that is conventional, non-invasive, highly specific, capable of early detection of GC ultimately bringing a well treatment choice for the upper and lower economic group of people to overcome the interventional procedures with associated morbidities. Ideal biomarkers for early detection of cancer should be up-regulated in the majority of patients with a high level in cancerous tissues and other samples such as serum, saliva and blood. Multi-national studies are needed with adequate sample size to develop the diagnosis signature for early treatment of GC. Clinical trials are needed to confirm the specificity and sensitivity of the biomarkers otherwise those will remain in the literature only.

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## Conflict of Interest

No potential conflict of interest relevant to this article was reported.

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