



Increased Incidence of People who are Exposed to Multiple Cancer-Contributing Parameters Appear to Develop Cancer in Relatively Short Period of Time. Thus, Both Diagnosis and Safe, Effective Treatment should Take Care of Specific, Multiple Contributing Factors to Each Individual Patient. Individualized, Safe, Effective Treatment of Cancer should Include Optimal dose of Vitamin D3 Because of its 10 Unique, Beneficial Effects and Thymus Gland Stimulation which Release Thymosin A₁ with Significant Anti-Cancer Effects, etc

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Recently, the author found many cancer patients have Human Papilloma Virus-Type 16 infection (HPV-16) and also found those who have multiple cancer-contributing factors, particularly repeated exposure to strong electromagnetic field (EMF) including cellular phones and exposure to HPV-16 as well as what they wear directly on the skin or attaches such as strong BDOR (-) 12 underwear, metals, rings, what they eat and drink such as strong BDORT (-) 12 white rice as well as extreme deficiency of Vitamin D₃, drinking undesirable unhealthy BDORT (-) 12 waters and soft drinks. In addition, we found coexistence of single-cell parasite Toxoplasma Gondii associated unknown factor is additional contributing factor in the presence of above-described multiple contributing factors. Contrary to general belief that it takes many years before cancer develops, our recent experience with our patients indicate cancer can develop in short period of less than few months and possible coexistent factor can be identified. Suitable multiple contributing factors, including the most important factor which determines the location of the specific, primary cancer is exposure of EMF to specific part of the body by frequently carrying cellular phone close to the body. Cancer developed in very short period of time also seems to be potentially infectious since many of the family members of the cancer patients who has strong HPV - 16 infection, we often find same infection with almost same degree of infection. We found one of the major causes of the HPV - 16 infection is in eating egg yolk since we found many egg yolks infected by HPV-16 virus. Therefore, ideal treatment should not only kill cancer cells or inhibit the cancer activities, but we also have to remove or reduce significant contributing factors such as EMF and HPV - 16 infection. Unfortunately, present practice of cancer treatment in major well-known cancer institute's often do not find effective medication but even with the effective medication they don't seem to examine optimal doses of medicine used for cancer treatment. In addition, in treating the patient, to reduce the patient's symptoms which can be due to side

effects of the treatment, if the patient has high blood pressure, diabetes, pain, difficulty sleeping, losing hair, weakness, and memory loss the patient is given well-known medication. However, without examining potential side effects optimal doses of these supplemental medications, they never examined the drug interaction between many medications which also contributes to the worsening of the patient. In addition to these problems, supplemental drugs often promote growth of cancer. For example, large dose of Vitamin C, which is promoted as effective anti-cancer supplement by Nobel Prize Winner Linus Pauling. Contrary to his claim, which does not have enough supporting data, we are finding Vitamin C is also important but if we take average over 200 mg, they began to inhibit most powerful anti-cancer and anti-inflammation substance effects of optimal dose of Vitamin D₃. Large dose of 500 mg or more of Vitamin C also inhibits not only Vitamin D₃ effects, which is most significant, beneficial effect for the cancer patient, but also inhibits Thymosin α₁, which is natural, very powerful, anti-cancer substance which is released by Thymus gland stimulation while it also stimulates the release of Thymosin β₄, which is well-known, beneficial effect of improving circulatory system. These are very serious problems both physicians and patients are facing.

Our clinical research indicated individually determined optimal dose of Vitamin D₃ has following 10 unique beneficially affects.

1. Marked anti-cancer effects without side effects, with marked decrease in Integrin α₅β₁.
2. Marked decrease in DNA mutation due to decrease in 8 - OH - dG.
3. Marked increase in urinary excretion of viruses, bacteria, fungi, and toxic substances such as asbestos and heavy metals.
4. Marked increase in Acetylcholine in the brain, heart and the rest of the body.

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5. Marked increase in DHEA.
6. Marked decrease in β - Amyloid (1 - 42).
7. Marked decrease in Cardiac Troponin I.
8. Marked increase in Thymosin α_1 which has significant anti-cancer effect and anti-inflammatory effect.
9. Marked increase in Thymosin β_4 which has significant improvement in circulatory system.
10. Marked anti-allergy effects in some patients.

In the presence of cancer, optimal dose of Vitamin D₃ always increase and at early stage of cancer, it is usually from 600 - 1200 I.U. But when cancers advance it can go up to even 3500 I.U. But in the absences of malignancy optimal dose for average normal person is anywhere between 400 - 600 I.U. and if normal person takes large amount of Vitamin D₃ such as 2000 I.U. can be harmful but if they take over 5000 I.U. it can promote cancer. If cancer activity is inhibited, cancer began to shrink optimal of Vitamins D₃ also reduces. Even cancer marker is reduced, unless cancer began to reduce it size optimal dose of Vitamin D₃ will not reduce.

Also, our recent study indicated that simple 50 - time manual stimulation of the skin of thymes gland representation area at the back of one hand released significant amount of Thymosin α_1 which has a very powerful anti-cancer effect and anti-inflammatory affect. At the same time significant amount of Thymosin β_4 (which has a significant circular improvement also released).

As a non-invasive safe individualized effective and affordable treatment of cancer, we developed combined use of individualized optimal dose of Vitamin D₃ and manual stimulation of thymus grand representation area of the back of the hand [1-11].

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