

## Herbal Plaster for Bone Disease Treatments

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## Abstract

Bone disease is a human health-problem all over the world. Generally, bone disease recovery is different between Western countries and China. In China, herbal plaster is widely used for bone disease treatments and recovery. This editorial provides main themes of medical recovery alleviated by herbal plasters in China.

**Keywords:** Osteoporosis; Nursery; Plaster; Traditional Chinese Medicine; Bone-Disease

## Introduction

Human bone diseases ask for high-quality surgery, and effective food and drug treatments [1-7]. High levels of disease diagnosis, interventions and therapeutics call for excellent nursery and assistant therapy for large population of patients [8-14]. However, there is a great difference in orthopedic treatment between Western countries and China [15]. This article addresses one aspect of Chinese medicine for many patients.

## Herbal plasters

In China, most patients with bone disorders can be treated and recovered by herbal plasters. However, western doctors suggest with physical therapy (hot or cold water therapy) or others. These differences play variant roles between China and western countries.

## Different formulae

There are a great variety of different herbal plasters in China. It has more than 40 different types or names of herbal plasters produced by more than one hundred pharmaceutical companies. Clinical doctors use different plasters for different symptoms, such as pain alleviation or increase of blood flow. Maybe western society familiar with these kinds of therapeutics.

## Conclusion

In the future, more techniques and traditional Chinese medicine will be utilized in human disease treatments.

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