

## Multidisciplinary Approach in Rehabilitation of Special Children

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Abdullah at the age of 15 with mild physical and mental impairment. He was presented at Habib Physiotherapy Complex for the rehabilitation with the following; First he was having behavior problem being hyper active, non-serious at home and in class room affecting his studies, secondly he was having impaired gait and walking on toes due to tight Achilles tendon, her sister also complaints that the child had some stomach problem having not regular food and bowel disturbance He cannot hear properly and also vision problem and eye sore.

Being looking in to all his issues he was sent to gastroenterologist for the stomach problem where he prescribed some medicine and diagnosed him as IBS. Then referred to ophthalmologist where he advised medicine for his eye problem to be continued for an year, then the ENT surgeon examined him for his hearing issue and advised PTA hearing test where it was done at Habib Physiotherapy Complex and our rehabilitation facility. This test was done and the report was that he has a mild hearing problem and no need of any device, furthermore physiotherapy was extended for his bilateral foot problem, tight Achilles tendon and orthotic support was also given and such his walking issue was addressed. For his behavior problem the psychologist extended support and provided four five sessions.

Will you believe that her sister says previously while he was walking in the street, the people were heard to say that camel is walking, but now everybody says that Abdullah is walking like a normal gentleman. He is now going regular to his school with much better behavior at home and in class His stomach is ok with medication and now he is also look like a normal person.

### Conclusion

Multidisciplinary approach is needed for rehabilitation of cerebral palsy children. Key words: Physiotherapy, Psychotherapy, Orthotics, Medication; multidisciplinary [1-10].

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